

Contact & Locations

Adventure Camp Locations

Clubhouse	Address	Contact	Camps
Del Mar Clubhouse	14125 Mango Drive Del Mar, CA 92014 Next to Del Mar Hills Elementary School	Tayllor Cole tcole@bgcSanDieguito.org (858) 481-4116	Ages 5-12 Specialty Camps
Harper Clubhouse	533 Lomas Santa Fe Drive Solana Beach, CA 92075	Bosque Leanio bleanio@bgcSanDieguito.org (858) 755-9373	Ages 5-18 Day Camps, Specialty Camps, Teen Camps, LIT Program, Camp & Swim
Griset Clubhouse	1221 Encinitas Boulevard Encinitas, CA 92024	Chris Ann Sarver crosillo@bgcSanDieguito.org (760) 753-6351	Ages 5-12 Day Camps, LIT Program, Cooking Camps (Weeks 4-8)
La Colonia Clubhouse	715 Valley Avenue Solana Beach, CA 92075	Gloria Castellanos gcastellanos@bgcSanDieguito.org (760) 207-4645	Ages 5-12 Day Camps (Weeks 1-8), La Colonia Summer School After Camp (Week 2-5)
Poister Clubhouse	3800-A Mykonos Lane San Diego, CA 92130 Next to Carmel Valley Middle School	Emma Lemus elemus@bgcSanDieguito.org (858) 720-2180	Ages 5-18* Day Camps, Specialty Camps, Teen Camps, LIT Program *Camps are age specific.
Allred Clubhouse	12353 Carmel Park Drive, San Diego, CA 92130 Next to Carmel Del Mar Elementary	Kristine Schneider KSchneider@bgcsandieguito.org (858) 793-9196	Ages 5-7 Day Camps

Adventure Camps Office



(858) 720-2180

Specialty Programs

Clubhouse	Locations	Contact	
Big 8 Athletics	Polster Clubhouse Griset Clubhouse Harper Clubhouse	Emily Froelich efroelich@bgcSanDieguito.org (858) 436-7506	
Centers For a Healthy Lifestyle	Harper Clubhouse Griset Clubhouse	Sheryl Cohen scohen@bgcSanDieguito.org (858) 436-7502	
Pardee Aquatics Center	Harper Clubhouse	Patty Mariscal pmariscal@bgcSanDieguito.org (858) 755-4904 x 314	BOYS & GITLS CLUBS OF AN OFFICIAL PARDEE AQUATICS CENTER
Youth Arts Academy	Polster Clubhouse	Darby Schnoebelen DSchnoebelen@bgcsandieguito.org (858) 720-2194	youth arts academy



Summer Volunteer Opportunities!

Ages 16+

We are looking for volunteer camp counselors at our five camp locations. Volunteers are asked to help in three hour shifts throughout the summer season.

Volunteer Specialty Camp Counselor

Use your expertise in a fun camp environment to help campers with arts and crafts, sports and fitness, dance, theatre, and science activities!

Volunteer Day Camp Counselor

Lend a helping hand with various camp activities throughout the day. Available shifts include; 9am-12pm, 12pm-3pm, and 3pm-6pm.

Interested volunteers must:

- Be 16 years or older
- Attend a Volunteer Information Session (held via Zoom)
- Submit a complete volunteer application packet including background check
 - Applications must be submitted two weeks (14 days) prior to the week(s) you wish to volunteer
- Make a minimum commitment for one full week (one shift for 4-5 consecutive days, depending on holiday weeks) OR at least one shift per week for three weeks
- Complete online training modules (approximately 2 hours)
- Complete Live Scan fingerprinting done at volunteer's own expense

Contact volunteer@bgcSanDieguito.org or visit bgcSanDieguito.org/volunteer for more information or to get involved.



Welcome to Summer Adventure Camps!

The below information references our Summer Adventure Camps program. For registration and policies on swim lessons, see page 28.

Online Registration

Boys & Girls Clubs of San Dieguito is reducing our carbon footprint with online registration for all our Summer Adventure Camps.

WWW.BGCSUMMERCAMPS.ORG

Registrations are processed in order of date received. Incomplete registration forms will not be processed. An accurate email address must be included in your registration to ensure receipt can be sent.

For assistance with registration, contact your local Clubhouse or Program Director by phone or email. We are more than happy to assist you with any registration needs.

MILITARY DISCOUNT

Boys & Girls Clubs of San Dieguito offers a 10% military discount on camp fees.

Contact our camp office for more information.

A completed registration and military documentation are required to receive discount. Military discount cannot be combined with any other discounts.

PROGRAM FEES

Boys & Girls Clubs of San Dieguito offers a variety of camps and programs. Fees are program specific. For more information about fees visit the program section of this guide OR contact your local Clubhouse. All fees must be paid prior to program start date.

FINANCIAL ASSISTANCE

Boys & Girls Clubs of San Dieguito offers Financial Assistance (FA) to qualifying members. All FA paperwork is kept confidential and must be filled out completely and turned in at least 5-7 business days prior to program start date to allow for processing. Incomplete or late applications may delay processing time. All fees must be paid prior to start of program. For more information or to request an application, please contact your local Clubhouse or Program Director.

CREDIT / REFUND POLICY

In general, we do not offer refunds. Should Boys & Girls Clubs of San Dieguito cancel a program, class, or camp, a full refund will be issued in the amount paid, or credit for another program, class, or camp during that session can be issued. Credits are program specific and cannot be used towards other BGC San Dieguito programs. Credits are non-transferable between members and programs. See parent info packet for a detailed credit/refund policy.

^{*}Boys & Girls Clubs of San Dieguito program/class/camps schedule, fees, staff, instructors, and policies & procedures are subject to change without notice.

Food & Drink



Lunch Guidelines

Campers must bring a sack lunch from home each day in disposable containers they are able to open without assistance.

Please follow the lunch guidelines below.



- Healthy, balanced lunch
- Include a beverage
- Mark all lunches (and all containers inside lunches) with camper's first and last name and date*



- No soda
- No glass containers (food or drinks)
- No perishable items
- No meals that need refrigeration**
- No meals that need reheating**

Pro Tip

Freezing lunch items and beverages the day before and/or inserting a cold pack in the lunch container will help preserve the food.

Important: We do not sell lunches or provide snacks in place of lunch. If your camper does not have a lunch, you will be notified and asked to bring a lunch for your camper that same day.

*A marker and masking tape for labeling lunches is available at the sign-in desk at each camp location.

**Lunches cannot be refrigerated and meals cannot be heated. Camp staff are not responsible for food preparation or regulation. Please pack accordingly.

Snacks

Campers burn a lot of energy at camp each day and are always hungry! We ask that you pack multiple healthy snack items for your camper. If you have a younger camper, please consider sending snacks and lunch in separate bags or containers.

Snack Shop

All our Adventure Camps have a Snack Shop offering various snack items for purchase. Items range in price from \$0.50 - \$2.00. Snack Shop is optional and is only open during the two scheduled snack times each day.

Snack time occurs twice daily during the 10:00am hour and 3:00pm* hour. *Afternoon snack times may vary depending on the camp activity.



Water Bottles

Send your camper each day with a refillable water bottle labeled with their name on it.

All of our facilities have eco-friendly water filtration systems that provide cold water for our campers.

Parent Information Packet

After enrollment for any Adventure Camp you will receive our "Parent Information Packet" with everything you need to know.

To view this packet prior to registering your camper, visit the *parent resources* section on our website listed below.

Our Parent Information Packet includes:

- Policies & Procedures
- Camper Behavior Policy
- Camp Attire
- Camper Illness Policy
- Camper Personal Items
- Camper Medication Policy
- Adventure Camps Terms & Conditions
- Sunscreen Policy

Day Camps | Ages 5-12



Campers are placed in small groups based on age and/or skill level and are provided structured programming under the guidance of their assigned Camp staff. Each activity lasts between 20 to 40 minutes and consists of enrichment activities, movement, games, tech-lab, and health & wellness. Campers are given the opportunity to develop at their own pace and experience the long lasting friendships that evolve through participation in our engaging and fun activities.

2024 Summer Day Camp Season

Dates: *ALL CAMPS CLOSED JUNE 19, JULY 4, JULY 5

• 10 Week Program: Allred, Polster, & Harper Clubhouses: June 3-August 7

• 8 Week Program: La Colonia Clubhouse: June 3–July 22

• 5 Week Program: Griset Clubhouse: June 24-July 26

Day Camp Time: 7:30am-5:30pm

Pricing: \$290/week or \$65/day pass

Space Limited

Spots assigned on a first-come, first-served basis.

WEEK#	1	2	3*	4	5*	6	7	8	9	10*
BEGINS	6/3	6/10	6/17	6/24	7/1	7/8	7/15	7/22	7/29	8/5
DAY CAMP ONLY										
Allred Clubhouse: Ages 5-7	•	•	•	•	•	•	•	•	•	•
Harper Clubhouse: Ages 5-12	•	•	•	•	•	•	•	•	•	•
Polster Clubhouse: Ages 8-12		•	•	•	•	•	•	•	•	•
La Colonia Clubhouse: Ages 5-12	•	•	•	•	•	•	•	•		
Griset Clubhouse: Ages 5-12				•	•	•	•	•		

^{*}Camp week 3, 5, and 10 are shorter weeks.

Registration is through Boys & Girls Clubs of San Dieguito's Campsite platform. To register, please visit:

bgcSummerCamps.org

Field Trips



Summer camp isn't complete unless you attend an outing with your friends! We offer a variety of field trips throughout our summer program. From bowling, to movies, to Padres games, you won't want to miss out on these fun filled trips! Field trip fees vary. See trip chart for more information.

Registration

To register for a field trip, visit the parent dashboard and select the desired field trip options. Field trips are only available to campers who are registered for a FULL DAY camp day in one of our Summer Adventure Camps or Summer Day Camp. (A full camp day is 9:00am-3:00pm.) In order to staff appropriately we ask that you sign up for all field trips at least 24 hours in advance. Our field trips are offered on a first-come first-served basis and fill up fast! There are no refunds/credits for missed field trips. Membership passes or tickets purchased outside of our group visit are not valid for entry.

Off-Site Pick Up/Drop Off

For the safety of our campers and staff, we cannot pick up or drop off campers outside of our Day Camp locations. Campers must stay with their assigned group for the entirety of the field trip including the ride to and from the field trip location.

	Schedule						
DATE	FIELD TRIP	COST					
June 11	Bowling	\$30					
June 18	Fleet Science Museum	\$ 45					
June 26	Padres Game	\$ 50					
July 10	Movies	\$30					
July 17	Safari Park	^{\$} 55					
July 24	Bowling	\$30					
July 31	Birch Aquarium	^{\$} 40					

*Bold indicates all day excursions



Reminders

Most field trips take place during camp programming between 9:00am-3:00pm. Field trips listed in **BOLD** are all-day excursions where campers will return between 3:30pm-4:30pm unless otherwise stated. Don't forget to wear your BGC t-shirt! For everyone's safety, campers must wear Boys & Girls Club t-shirts when attending field trips. Campers attending field trips will receive one free BGC t-shirt to wear on field trips. If your child does not have their BGC t-shirt on field trip day, one will be provided and a \$8 fee will be charged to your camper's account. Your parent information packet includes a field trip list and lunch guidelines for each field trip. Reminder emails are sent to parents with restrictions or changes.

*Field trips may be canceled or rescheduled without notice. The option of a refund or credit will be offered for any canceled or rescheduled field trips.

La Colonia Summer School After Camp

Campers must be enrolled in Summer Enrichment class at Skyline Elementary to select this camp program.

Fee: \$525 for 5 weeks

Date: June 10 – July 9 (Closed June 19, July 4 & July 5)

Time: School Dismissal to 5:30pm

Camp Staff will pick up campers from Skyline Elementary each day and walk to our La Colonia Clubhouse. Upon arrival, campers will participate in camp activities throughout the duration of their day.

Specialty Camps by Age

WEEK #	1	2	3*	4	5*	6	7	8	9	10*	
BEGINS		6/10	6/17	6/24	7/1	7/8	7/15	7/22	7/29	8/5	
Camp & Swim (AGES 6-12)			ssion 1	eses			ssion 3		ssion 4		
GES 5-7											P/
Jr. Adventure Camps	<u>.</u>										-
Little Imagination & Creation Adventures			0					0			
Little Under the Sea			MA					● AM			,
Little Sports & Games	MA 🔵		0			0	MA 🔵	0			
Little Fun In The Sun		0	● PM			PM		● PM			,
Play-Well Adventures in STEM w/ LEGO®		● PM		● PM					PM		
•				● AM							
Play-Well Animal Adventures w/ LEGO® Little Hero Adventures									O AM		
					● PM			● PM			
Little Scientific Adventures		AM			MA 🔵						_
Little Jr. Jurassic Adventures	● PM						● PM				
Little Arts & Crafts Adventures	● PM				● PM						
Little Princess & Pirate Adventures	,			● AM			● PM				
CHL Jr. Cooking Camps *Age ranges differ from other											
Farmer's Market (Ages 6-8)	MA		● AM								
ADD-On: PM Day Camp 12:00-5:30pm	● PM		● PM								
Youth Arts Academy Jr. Camps Music Explorers			1								Τ.
	MA					MA					
AGES 8-12 WEEK#		2	3*	4	5*	6	7	8	9	10*	P
Adventure Camps BEGINS	s 6/3	6/10	6/17	6/24	7/1	7/8	7/15	7/22	7/29	8/5	
Scientific Adventures			● AM					● PM			
Arts, Crafts, & DIY Adventures						● AM		● AM			
Ultimate Adventures of Harry Potter				● AM							
Adventures in Drawing Basics	● AM					● AM					
Play-Well Explore Coding w/ LEGO®		● PM									
Play-Well Minecraft Master Engineering w/ LEGO®		● AM									
Play-Well Pokemon Master Engineering w/ LEGO [®]	B								● PM		
Play-Well STEM Explorations w/ LEGO®				● PM							
Games Galore!			● PM						● AM		
Reading Adventures	● PM					● PM					
Cartooning Adventures								● AM			
CHL Cooking Camps											
Farmers Market (Ages 9-12)		● AM		● AM							
Cooking Essentials (Ages 9-12)						■ AM					
Baking Essentials (Ages 9-12)									● AM		
Ceramics & Baking (Ages 9-12)							Full Day				
Ceramics & Cooking (Ages 9-12)								Full Day			
ADD-On: PM Day Camp 12:00-5:30pm		● PM		● PM		● PM			● PM		Т
Youth Arts Academy Camps	<u>'</u>										
Music Makers		● AM					● AM				
Triple Threat: Singing			■ AM								
Triple Threat: Acting					● AM						
Triple Threat: Dancing										● AM	
Genre Journey				Full Day							
Vocal Superstars						● PM					
Musical Theatre (2 week camp)							● PM	● PM			
Rock Band (Ages 10-11)									● PM		
, <i>y</i> ,											
Jazz Camp (2 week camp)	PM	● PM								l .	

are shorter weeks.

^{*}Camp week 3, 5, and 10 Del Mar Clubhouse, Del Mar

Specialty Camps by Age



WEEK #	1	2	3*	4	5*	6	7	8	9	10*	
BEGINS	6/3	6/10	6/17	6/24	7/1	7/8	7/15	7/22	7/29	8/5	
AGES 8-11											P
Big 8 Sports Camps (ALL CAMPS COED)											
Bulldogs Basketball	MA M		■ AM								

AGES 8-11												PAG
Big 8 Sports Camps (ALL CAMPS	S COED)											
Bulldogs Basketball		MA M		■ AM								16
Beach Volleyball				_						O AM		16
Girls Field Hockey				■ AM								16
Flag Football		MA	■ AM				● AM	MA 🛑				17
Futsol Indoor Soccer						● AM			● AM			17
Golf			● AM					● AM				17
Laser Tag										MA		17
Pickleball				■ AM	■ AM		■ AM	MA				17
Rhythmic Gymnastic (Ages 8-	-12)		■ AM		● AM	■ AM						17
Running Club				● AM	O AM	● AM			O AM			17
Volleyball		● AM	● AM									17
Add-On: PM Day Camp 12:0	0-5:30pm	• •	•	• •	• •	• •	• •	• •	•	• •		
AGES 12-18	WEEK#	1	2	3*	4	5*	6	7	8	9	10*	PAC
	BEGINS	6/3	6/10	6/17	6/24	7/1	7/8	7/15	7/22	7/29	8/5	
Teen Camps		0/3	_	0/1/	0/24	// 1	770	7/13	1122	1127	0/3	1'
Teen Service & Leadership (A												1'
Teen Ultimate Adv. Outings (. Teen Hiking & Outdoor Adv.					•							1
	(Ages 12-14)											
LIT Program (Ages 13-15) CHL Teen Cooking Camps												20
	۸ 1 ۲ م م											19
College Cooking Essentials (A	Ages 15-16)										MA	1:
Big 8 Teen Sports Camps) 1.4\											20
Bulldogs Basketball (Ages 12		MA		MA								
Beach Volleyball (Ages 12-14										MA 🛑		20
Girls Field Hockey (Ages 12-	14)	_	_	O AM								20
Flag Football (Ages 12-14)	2.4.4	MA	MA				O AM	MA 🔵				20
Futsol Indoor Soccer (Ages 1	Z-14)					● AM			● AM			2
Golf (Ages 12-14)			● AM					MA		_		2
Laser Tag (Ages 12-14)					_		_	_		MA		2
Pickleball (Ages 12-14)				MA	MA		● AM	MA				2
Running Club (Ages 12-14)		_	_	O AM	MA 🔵	MA			O AM			
Volleyball (Ages 12-14)	0.5.20	MA	MA			_			_			2
Add-On: PM Day Camp 12:0	·									•		2
Youth Arts Academy Teen Camp										_		2:
Rock Band Camp (Ages 12-1										● PM		2
Jazz Camp (Ages 12-14) (2 W		● PM	● PM									2
Summer Strings (Ages 12-18) (2									● AM	MA		2
Triple Threat: Singing (Ages 1				● PM		_						2:
Triple Threat: Acting (Ages 13						● PM						22
Triple Threat: Dancing (Ages	13-18)		1	1			1	1			● PM	22

^{*}Camp week 3, 5, and 10 are shorter weeks.

Del Mar Clubhouse, Del Mar

Harper Clubhouse, Solana Beach

Polster Clubhouse, Carmel Valley

Griset Clubhouse, Encinitas

Earl Warren Middle School

Carmel Valley Middle School

Specialty Camps | Ages 5-18



Adventure Specialty Camps are designed to give campers the opportunity to develop their skills and talents in a specific area. These **one week enrichment camps** are a wonderful way to expose your camper to a new area for the first time, or allow a camper who already has a special interest or talent to focus on that area in a collaborative and fun setting. Campers are placed in groups by age or ability.

Camp Times

Specialty Camps

Full Day:

9:30am-3:00pm

Half Day:

AM Session: 9:30am-12:00pm PM Session: 12:30pm-3:00pm

*Sports Camps: 9:00am-12:00pm



EARLY DROP OFF AND/OR LATE PICK UP ADD-ON

7:30AM-9:30AM AND/OR 3:00PM-5:30PM

The Early Drop Off/Late Pick up add on option is available for select half-day and full-day Specialty Camps. For an additional fee, your camper can be dropped off as early as 7:30am-9:00am/9:30am and stay after their camp ends from 3:00pm/3:30pm-5:30pm. Review the Specialty Camp descriptions for availability.

*To select this option for half-day specialty camps, both an AM and PM camp must be selected and camps must take place at the same camp location.

FEE: \$40 per week



TRANSPORTATION ADD-ON

Round trip transportation is available for specific Specialty Camps which include: Camp & Swim, and full day Cooking Camps at Griset, and full-day enrollment in specialty camps at Del Mar, Polster or Harper. *Full day enrollment is an AM & PM specialty camp during the same week and must be at the same location, or an AM camp with the PM Day Camp add-on, or full-day Specialty Camp. (*Transportation for Day Camps is not provided.*)

FEE: \$70 each week (Early Drop Off/Late Pick Up included.)

HOURS: Drop off by 7:45am, Pick up after 3:30pm until 5:30pm (Vans depart PROMPTLY at 8:30am each day. Vans cannot wait for tardy campers.)

Campers needing this service are transported daily by our Club vans from their home base (FROM) location to their specialty camp (TO) location. Campers must be dropped off in the morning by 7:45am and return to their home locations after 3:30pm.

TRANSPORTATION DEPARTS PROMPTLY AT 8:30AM EACH DAY.

*ALL CAMPERS UTILIZING TRANSPORTATION ARE AUTOMATICALLY REGISTERED FOR EARLY DROP OFF/LATE PICK UP PROGRAM AS TRANSPORTATION TIMES OPERATE OUTSIDE OF OUR DAILY CAMP ACTIVITY HOURS.

During the registration process you will need to register for each week the transportation service is needed. You will be asked to select a FROM/TO option. The FROM location, or home base, is where your camper starts and ends each camp day, the TO location is where their Specialty Camp takes place. Transportation is round trip.

Example: Our **FROM** location: Polster Clubhouse Our **TO** locations: Harper or Griset Clubhouse



PM DAY CAMP ADD-ON

12:30PM-5:30PM

Make it a full day of camp by adding the PM Day Camp option! This option is available to campers that have signed up for an AM Specialty Cooking Camp, Sports Camp or Music/Theatre Camp only.

By selecting this option, campers attend their AM Specialty Camp and then proceed to the Harper or Polster Clubhouse where they will have lunch and continue their camp day participating in Day Camps from 1:00pm-3:00pm and finish with snack and free play time until pick up or 5:30pm.

*For Sports Camps located at Earl Warren or Carmel Valley Middle School only. If your camper is attending a Sports Camp at either of these schools, Camp staff will transport or walk your camper to their PM Day Camp Clubhouse. Earl Warren will attend Harper Clubhouse, Carmel Valley will attend Polster Clubhouse.

FEES: PM Day Camp Add-On: \$145 (Fee is prorated during weeks with holiday closures.)

Jr. Adventure Camps | Ages 5-7

Jr. Adventure Camps offer campers ages 5 through 7 exposure to a wide variety of activities, all of which have been broken down into age-appropriate fundamental skills.

One Week **Specialty Camps** Half Day Camps AM: 9:00am-11:30am

PM: 12:30pm-3:00pm



EARLY DROP OFF / LATE PICK UP & TRANSPORTATION ADD-ON

7:30AM-9:00AM AND/OR 3:00PM-5:30PM

This add-on option is only available when both an AM & PM specialty camp is selected.

\$40. See page 10 for complete details.

Little Imagination & Creation

AGES 5-7 This camp allows your little thinker to dream big through creative thinking and imaginative play. Campers use their imagination to create new games to play with friends, build and construct useful or artistic masterpieces, and create magical works of art! Curiosity runs wild in this fun filled camp!

AM	June 17-June 21	\$110	Polster Clubhouse
AM	July 22-July 26	\$135	Poister Clubi louse

Little Under The Sea

AGES 5-7 Explore the magic and wonders of the seas, where your junior camper learns about the ocean and the amazing creatures that live there. Campers participate in Under the Sea themed activities, games, science experiments, crafts and water play!

AM	June 3-June 7	\$125	Del Mar Clubhouse
AM	July 15-July 19	133	Delividi Cidbi lodse

Little Sports & Games

AGES 5-7 Does your little one enjoy recess and PE? Campers play a variety of recreational games like kickball, soccer, parachute, and basketball all rolled into one fun-filled week! This camp breaks down sports into their basic elements and introduces sports in a non-competitive and fun environment!

PM	June 17-June 21	\$110		
PM	July 8-July 12	\$130	Polster Clubhouse	
PM	July 22-July 26	130		

Little Fun in the Sun

AGES 5-7 The ultimate Summer Camp experience! This action packed fun-filled week is full of outdoor games, water activities, art & crafts, and more. Campers are outside for most of the day, so please make sure campers dress appropriately for getting wet and playing outdoors. Sunscreen is applied throughout the day. We encourage those who prefer their own bottle and/or those with skin sensitivities to bring their own sunscreen.

PM	June 10-June 14		
PM	June 24-June 28	\$130	Del Mar Clubhouse
PM	July 29-August 2		

Play-Well Adventures in STEM w/LEGO®

AGES 5-7 Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system. This camp operates in partnership with Play-Well TEKnologies.

AM June 24-June 28 \$225 Del Mar Clubhouse

Play-Well Animal Adventures w/LEGO®

AGES 5-7 Explore the endless possibilities with LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas. This camp operates in partnership with Play-Well TEKnologies.

AM .	July 29-August 2	\$225	Del Mar Clubhouse
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Little Hero Adventures

AGES 5-7 It's a bird! It's a plane! Shhhh, it's a secret superhero! Does your camper love pretending to be a superhero or enjoy watching their favorite superhero save the day? Campers create their own superhero identity while learning good character skills that every superhero must exhibit. Campers take home daily keepsakes.

PM	July 1-July 5	\$80	Del Mar Clubhouse
PM	July 22-July 28	\$130	Polster Clubhouse

Little Scientific Adventures

AGES 5-7 Crawl with bugs, soar into space, get dirty digging for dinosaurs, or get sticky and slimy while making bubbles and messy concoctions! Campers explore their inner scientist during these fun themed science activities. This week long camp engages campers in all aspects of S.T.E.A.M. - Science, Technology, Engineering, Art, & Math.

AM	June 10-June 14	^{\$} 145	Del Mar Clubhouse
AM	July 1-July 5	\$95	Del Mai Ciubi louse

Little Jr. Jurassic Adventures

AGES 5-7 Campers experience being a top notch archeologist and discuss all things dinosaur in this week long camp. From digging up bones to intense battles of the best Dino, come join us for everything Jurassic!

PM	June 3-June 7	\$130	Del Mar Clubhouse
PM	July 15-July 19	φ13U	Del Mai Clubi louse

Little Arts & Crafts Adventures

AGES 5-7 Creative kids wanted! Learn to use your hands and imagination to create beautiful works of art and unique crafts. This camp teaches art techniques and crafting skills such as painting, sculpting, and constructing in a fun and safe environment. Campers play games and participate in outdoor activities. Each little camper takes home finished projects that are sure to impress the family!

PM	June 3-June 7	\$135	Polster Clubhouse
PM	July 1- July 5	\$90	Del Mar Clubhouse

Little Princess & Pirate Adventures

AGES 5-7 Ahoy matey! Pirates, princesses, and princes travel to far off lands in their imaginations while we read our favorite enchanted fairytales. Campers create treasure maps, castles, crowns, and magical works of art. Fight off fire breathing dragons and conquer sea monsters through imaginative play and structured games and activities. On the last day of camp, we encourage campers to come dressed in their favorite enchanted costume.

PM	June 24-June 28	\$130	Del Mar Clubhouse
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Farmer's Market

AGES 6-8 Campers learn how to bake, read recipes, work on knife skills and pickle fresh produce while making healthy snacks and baked goods. On the last day of camp parents are invited to purchase our delicious offerings at our market, which is fully run by our campers. From creating marketing, setting prices, and handling sales, campers experience what it is like to run a business.

AM	June 3-June 7	\$390	+ PM Camp Add-On: \$145	Harper
AM	June 17-June 21	\$310	+ PM Camp Add-On: \$115	CHL

Music Explorers

AGES 5-7 This week-long camp offers an immersive journey through the instrument families. Each day is a sonic exploration where campers experience an instrument demonstration, hands-on experience, themed crafts, and musical games. Young musicians groove through a symphony of fun and learning! No experience required!

youth

AM	June 3-June 7	\$175	Polster Clubhouse
AM	July 8-July 12	\$175	Foister Clubillouse

Adventure Camps | Ages 8-12* Adventure Camps | Ages 8-12*

Adventure Camps offer campers ages 8 through 12 exposure to a wide variety of activities, all of which have been broken down into age-appropriate fundamental skills.

One Week Specialty Camps

Half-Day Camps

AM: 9:30am-12:00pm PM: 12:30pm-3:00pm

Full-Day Camps: 9:30am-3:00pm Sports Camps: 9:00am-12:00pm



EARLY DROP OFF / LATE PICK UP & TRANSPORTATION ADD-ON

7:30AM-9:30AM AND/OR 3:00PM-5:30PM

This add-on option is only available when both an AM & PM specialty camp is selected. \$40. See page 10 for complete details.

Scientific Adventures

AGES 8-12 Campers explore their inner scientist in our theme based S.T.E.A.M. camp. From ooey gooey experiments to exploring the mysteries of space to learning about energy and water and digging up fossils from the past, this camp has something for everyone!

AM	June 17-June 21	\$130	Del Mar Clubhouse
PM	July 22-July 26	\$145	Dei Mai Ciabilloase

Ultimate Adventures of Harry Potter

AGES 8-12 "Alohomora!" Unlock the door to the secret world of Harry Potter where your camper enters Hogwarts School of Wizardry to learn about sorcery, Quidditch, and becoming a witch or wizard. Make your own wands and create wild potions and cast spells.

AM	June 24-June 28	\$135	Del Mar Clubhouse	
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Arts, Crafts, & DIY Adventures

AGES 8-12 Campers use their hands and imagination to create beautiful works of art and unique crafts along with hands on DIY projects. Learn art techniques and crafting skills such as painting, sculpting, and constructing in a fun and safe environment. Campers take home finished projects that are sure to impress the family!

AM	July 8-July 12	\$145	Del Mar Clubhouse
AM	July 22-July 26	145	Polster Clubhouse

Adventures in Drawing Basics

AGES 8-12 Sharpen your skills in the drawing world. Learn the basics of how to draw self portraits, shading, sketching, and more. The perfect opportunity for your camper to brush up on their skills or pick up a pencil and sketch pad for the first time! Enjoy this relaxed camp atmosphere where art, drawing and design is the center of our fun!

AM	June 3-June 7	\$135	Del Mar Clubhouse
AM	July 8-July 12	စု၊ဝပ	Polster Clubhouse

^{*}Camp ages may vary.

Play-Well Explore Coding w/ LEGO® Spike Prime System

AGES 8-12 Rise to the challenge to build and program robots using the LEGO® Spike Prime system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Design and construct your robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that students work in an open-ended, investigative environment while having fun. This camp operates in partnership with Play-Well TEKnologies.

PM

June 10-June 14

\$225

Del Mar Clubhouse

Play-Well Minecraft Master Engineering w/ LEGO®

AGES 8-12 Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it. This camp operates in partnership with Play-Well TEKnologies.

AM

June 10-June 14

\$225

Del Mar Clubhouse

Play-Well Pokemon Master Engineering w/ LEGO®

AGES 8-12 LEGO® Master, I choose

you!! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokémon Masters so you can make it to the top! This camp operates in partnership with Play-Well TEKnologies.

PM

July 29-August 2

\$225

Del Mar Clubhouse

Play-Well STEM Explorations w/ LEGO®

AGES 8-12 Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply realworld concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas. This camp operates in partnership with Play-Well TEKnologies.

PM

June 24-June 28

\$225

Del Mar Clubhouse

Farmers Market

AGES 9-12 A culinary expeirence focusing on chopping techniques and farm-to-table practices. On the last day of camp parents are invited to attend our camper run Farmers Market. This camp is so popular we are offering two different sessions where campers will make a whole new set of garden fresh treats and baked goods so they can explore different recipes.

AM June 10-June 14
AM June 24-June 28

\$390 A

+ PM Camp Add-On: \$145 Harper CHL

Cooking Essentials

AGES 9-12 Campers can fine tune their knife skills and culinary techniques. Your camper will be introduced to different cooking and baking methods for fresh produce, making healthy snacks and meals from scratch.

AM

July 8-July 12

\$390

+ PM Camp Add-On: \$145 Griset CHL

Baking Essentials

AGES 9-12 Campers will be making a delicious home made baked good from scratch every day. This class focuses on quick breads, flatbreads, savory and sweet baked goods. Children who love to bake will learn essential baking skills.

AM

July 29-August 2

\$390

+ PM Camp Add-On: \$145 Harper CHL

Ceramics & Baking

AGES 9-12 (9:30AM 2:30PM) Campers spend half the day in the kitchen baking cupcakes, cookies, quick breads, tarts and pies. Campers spend the other half of the day in our ceramics studio learning how to work on the wheel by making pots and artful pottery.

Full Day

July 15-July 19

\$475

Griset CHL

Ceramics & Cooking

AGES 9-12 (9:30AM 2:30PM) Campers spend half the day in the kitchen honing their knife skills, harvesting bounty from our garden and learning preparation techniques for delicious healthy snacks and meals. Campers spend the other half of the day making pottery in our ceramics studio, throwing on the wheel and making functional art pieces.

Full Day

July 22-July 26

\$475

Griset CHL



Games Galore!

AGES 8-12 Bring your Magic, Yu-Gi-Oh, and Pokémon cards for this gaming centered camp. From beginners to advanced players, immerse yourself into all things gaming. Centered around card, board, and electronic games; learn skill, strategy, and team work.

PM	June 17-June 21	\$115	Del Mar Clubhouse
AM	July 29-August 2	\$135	Del Mai Ciubi louse

Reading Adventures

AGES 8-12 Embark on an unforgettable literary journey of thrilling stories, daring quests, and epic discoveries. From exploring hidden realms to solving ancient mysteries, our camp promises excitement and adventure for all campers. Through interactive reading sessions, creative activities, and hands-on learning experiences, campers sharpen their reading skills while unleashing their imaginations.

РМ	June 3-June 7	\$130	Del Mar Clubhouse
PM	July 8-July 12	130	Del Mai Ciubi louse

Cartooning Adventures

AGES 8-12 Comic books come to life—whether your camper enjoys super heroes, science fiction, or old fashioned comedy, this camp has it all. Campers learn basic cartoon drawing skills and techniques, how to create storyboards, and create your own comic books to take home and share.

AM	July 22-July 26	\$135	Del Mar Clubhouse

Music Makers

youth arts academy

AGES 8-12 Join us for a fun week of making music! This week-long camp offers a deep dive into how music is made. Each day is an adventure where campers explore stations in groups. In each station, campers are introduced to instruments, create fun musical crafts, and play games. *No experience required!*

AM	June 10-June 14	\$175	+ PM Camp	Polster
AM	July 15-July 19	1/5	Add-On: \$145	Clubhouse

TRIPLE THREAT THEATRE CAMP SERIES

Triple Threat: Singing

youth arts academy

AGES 8-12 Sing your heart out in our weeklong vocal workshop. Uncover the secrets of breath control, tone, and stage presence. Dive into the world of musical storytelling, fine-tune a chosen piece, and captivate audiences. Learn about choosing the correct cut for an audition, and how to present the full piece on stage. Elevate your vocal performance and unlock your potential in this section of our Triple Threat Series!

АМ	June 17-June 21	\$120	+ PM Camp Add-On: \$115	Polster Clubhouse
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Triple Threat: Acting



AGES 8-12 Step into character at our acting intensive! Immerse yourself in a week of theatrical exploration, from monologue selection to character depth. Whether you are a budding talent, or a seasoned actor, refine your skills and ignite your creativity in this section of our Triple Threat Series!

AM	July 1-July 3	\$90	+ PM Camp Add-On: \$90	Polster Clubhouse
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Triple Threat: Dancing



AGES 8-12 Let your moves tell the story in our intro to dance extravaganza. Each day of the camp introduces a new style of dance used in Musical Theatre. Students learn to express emotion in the lyrical style, make some noise learning the basics of tap, and sizzle in an introduction to jazz. Campers elevate their skills and unleash their inner performer in this section of our triple threat.

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SPECIAL DISCOUNT OFFERED!

10% discount for campers who sign up for all THREE Triple Threat camps offered this summer.

Discount will be applied as a refund after registration of all three camps is confirmed. Cancellations of one or more of the Triple Threat camps negates the discount and will appear as a balance due for full payment of the remaining Triple Threat camp(s) your child is registered in.

Genre Journey

youth arts academy

AGES 8-12 Join us on a week-long adventure through five different musical genres. Each day unlocks a new musical world where campers learn about the history, influences, and impact of a new genre of music. Experience the magic of music firsthand through exciting activities, instrument explorations and demonstrations, and even a live musical performance. No experience necessary!

Full Day June 24-June 28 \$300 Polster Clubhouse

Vocal Superstars



AGES 8-12 Vocal Superstars develop their singing skills and improve stage presence by adding rhythm/dance to their song selections. Campers gain confidence in performing while having a blast! Dress attire: comfortable clothes that can be moved in.

PM July 8-July 12 \$175 Polster Clubhouse

Musical Theatre



AGES 8-12 (2 WEEK CAMP) Come with me, and you'll be, in a world of theatre exploration! Learn about auditioning, rehearsing, and the process of putting on a musical at this two-week camp. Campers uncover their talents through engaging rehearsals, character workshops, and hands-on activities. All of this is in preparation for the final performance at the end of the week (show TBD). Every camper is cast in the show. No experience necessary!

PM July 15-July 26 \$350 Polster Clubhouse

Rock Band



AGES 10-11 Calling all future Rock Stars!
Join us for a week-long camp designed to introduce campers to performing as a group in a rock band! Dive into the history of Rock, explore the different instruments in a Rock Band, and craft your music in a fun, immersive environment! This camp prepares your rockstar to take their music skills to the next level in our school year Rock Band program. Six months of private lessons is recommended, but not required - campers will have the opportunity to try many different instruments in this camp.

PM July 29-August 2 \$200 Polster Clubhouse

Jazz Camp

youth arts academy

AGES 10-14 (2 WEEK CAMP) Dive into the captivating rhythms and history of jazz at our two-week summer camp. This is an immersive experience filled with interactive sessions, lively games, hands-on exploration, and musical rehearsals, leading to an electrifying performance that celebrates the magic of jazz. This camp is designed to prepare campers for scholastic jazz programs in Middle and High School. Six months of private lessons experience is highly suggested, but not required.

PM June 3-June 14 \$300 Polster Clubhouse

Bulldogs Basketball

AGES 8-11 (COED) Each day of camp offers intense specialized basketball instruction with an emphasis on the fundamentals of ball handling, shooting, rebounding, and defense. We provide a positive experience for basketball players of all skill levels.

AM	June 3-June 7	\$215	+ PM Camp Add-On: \$145	Polster
АМ	June 17-June 21	\$195	+ PM Camp Add-On: \$115	Clubhouse

Beach Volleyball

AGES 8-11 (COED) Good for beginner to intermediate players. Campers learn and improve on the fundamentals of the beach variation of volleyball. This camp takes place outside in the summer sun, so water bottles and sun protection are required. Located at the new sand volleyball courts adjacent to our Polster Clubhouse.

July 29-August 2 \$215 + PM Camp | Carmel Valley MS

Girls Field Hockey



AGES 8-11 This camp is for girls of all skill levels and is designed to be fun and instructive. Develop your field hockey skills, strategic understanding of the game, and become a versatile player. Camp coaches include current middle school coaches as well as current, former, and future collegiate players. *Please bring your own stick and mouth guard.*

AM June 17-June 21 \$195 + PM Camp Add-On: \$115 Carmel Valley MS





AGES 8-11 (COED) Has your camper ever wanted to be part of the Super Bowl? Here is their chance. Spend the week learning the game of football and its basic rules in a non-competitive environment. Campers learn and improve their skills through drills, exercises, and scrimmages.

AM	June 3-June 7		. 514	Earl
AM	June 10-June 14	\$215	+ PM Camp	Warren MS
AM	July 8-July 12		Add-On: \$145	Carmel
AM	July 15-July 19		140	Valley MS

Futsol Indoor Soccer

AGES 8-11 (COED) Pass, dribble, and shoot your way to the ultimate goal! Campers learn the basics of indoor soccer focusing on passing, dribbling, shooting, and defense. Play soccer themed games, practice drills, develop coordination and learn the importance of teamwork!

АМ	July 1-July 5	^{\$} 175	+ PM Camp Add-On: \$90	Harper
АМ	July 22-July 26	\$215	+ PM Camp Add-On: \$145	Clubhouse

Golf

AGES 8-11 (COED) Dreaming of one day playing at Augusta? Or traveling across the pond to compete in the British Open? Get started here with our coed Summer Golf Camps. Created with young golfers in mind, we offer our Campers the opportunity to enhance their abilities and knowledge through practice sessions that cover putting, short game, full swing, rule of golf, etiquette, on-course practice, and golf fitness. REQUIRED EQUIPMENT: golf clubs and proper golf acquire (no jeans). Campers will play at local North County golf courses.

AM	June 10-June 14	\$320	Various North
AM	July 15-July 19	*320	County Courses

Laser Tag

AGES 8-11 (COED) Campers have the opportunity to compete in laser battles each day. This half-day camp lets players compete by tagging each other with harmless laser beams. After each game, players can check their scores and see how many times they were tagged and how many points they racked up. The week culminates with a tournament on the final day to see which team reigns supreme.

AM	July 29-August 2	\$215	+ PM Camp Add-On: \$145	Harper Clubhouse
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Pickleball

AGES 8-11 (COED) This camp focuses on basic pickleball skills through group instruction. It is designed for beginning and intermediate players. The camp takes place indoors at our Harper Clubhouse Gymnasium. Campers must bring their own pickleball paddles.

AM	June 17-June 21	\$195	+ PM Camp Add-On: \$115	
AM	June 24-June 28		. 514.0	Harper Clubhouse
AM	July 8-July 12	\$215	+ PM Camp Add-On: \$145	Clubillouse
AM	July 15-July 19		Add On. 145	

Rhythmic Gymnastics

AGES 8-12 (COED) Dance, leap, twirl ribbons, and perform in a combo of gymnastics, ballet and modern dance. Choreograph to music with rhythmic apparatus such as ribbons, balls, ropes and hoops. At the end of the camp, family and friends are invited to see their camper perform. This is a very active camp and will consist mostly of physical activity. All levels welcome. Required attire – leotard, or comfortable tight fitting clothes appropriate for gymnastics or dance, socks, hair pulled back.

AM	June 10-June 14		+ PM Camp	5.1.
AM	June 24-June 28	\$235	Add-On:	Polster Clubhouse
AM	July 1–July 5		^{\$} 145	

Running Club

AGES 8-11 (COED) Build confidence through a variety of running activities to build speed and endurance in a fun and recreational setting. Campers spend the majority of this half-day camp running outdoors. Wear appropriate clothing for running and warm weather. Running style shoes, water bottle, daily snack and sunscreen required. Sun protection such as hat or sunglasses are recommended.

9							
АМ	June 17-June 21	\$195	+ PM Camp Add-On: \$115	Carmel			
АМ	June 24-June 28	\$215	+ PM Camp Add-On: \$145	Valley MS			
АМ	July 1-July 5	\$175	+ PM Camp Add-On: \$90	Earl Warren MS			
АМ	July 22-July 26	\$215	+ PM Camp Add-On: \$145	Carmel Valley MS			

Volleyball

AGES 8-11 (COED) Bump, Set, Spike! Learn the basic fundamentals of the game. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving.

AM	June 3-June 7	\$215	+ PM Camp	Harper
AM	June 10-June 14		Add-On: \$145	Clubhouse

Camp & Swim Combo | Ages 5-12



In partnership with our Aquatics Department, we offer summer swim lessons through our Adventure Camps program! Campers learn to swim at the Pardee Aquatics Center located at our Harper Clubhouse in Solana Beach. Instructors are Boys & Girls Clubs of San Dieguito Aquatics Department staff and are trained and licensed to teach swim lessons.

Sessions

This 2 week camp includes summer swim lessons Monday-Thursday with open swim on Friday.

Campers have additional swim time after lessons on Mon/Wed, and participate in free swim on Friday. All swim lessons take place before lunch. Campers participate in Adventure Day Camp activities in the Harper Clubhouse after lunch until 3:00pm.



9:00am - 3:00pm

*No camp June 19, July 4, July 5

		Group	Private
Session 1	June 10-21*	\$560	\$700
Session 2	June 24 - July 5*	\$545	\$685
Session 3	July 8 - July 19	\$620	\$780
Session 4	July 22 - August 2	\$620	\$780

^{*}There are no lessons or make ups for June 19, July 4 & 5

Attire

Campers must arrive each day with swim attire on under their clothes. We will not be changing in/out of swim attire.

Required: Bathing suit, towel, change of clothes, long hair pulled back in a pony tail or cap. Goggles highly recommended. ALL BELONGINGS MUST BE LABELED.



EARLY DROP OFF / LATE PICK UP & TRANSPORTATION ADD-ON

7:30AM-9:00AM AND/OR 3:00PM-5:30PMSee page 10 for complete details.

Swim Levels

Camp & Swim is for beginner to intermediate swimmers. Select swim level based on current skills.

SEA HORSE (RATIO 1:3)

AGE 5 For beginners with practice on back kicking with arm pulls and back balance without sinking.

SEA STAR (RATIO 1:4)

AGE 5 Builds endurance while refining freestyle and backstroke. Intro to the butterfly kick, open turns, and treading water. This is the most advanced class for this age group.

PENGUIN (RATIO 1:4)

AGES 6–12 For beginners and focuses on confidence in the water, basic water skills, and essential stroke body positions.

OTTER (RATIO 1:4)

AGES 6–12 Focuses on body position and balance, and building proficiency in freestyle for 25 yards and backstroke for 15 yards.

Swimmer must be able to swim 15 yards of freestyle unassisted.

SEAL (RATIO 1:5)

AGES 6–12 Focuses on mastering freestyle and backstroke for 50 yards and introduces beginning butterfly. Swimmer must be able to swim 25 yards of freestyle and backstroke unassisted.

SHARK (RATIO 1:5)

AGES 6-12 Focus on endurance and advanced strokes. Introduction to breaststroke and competitive diving. Swimmer must be able to swim 50 yards of freestyle and backstroke unassisted.

PRIVATE (RATIO 1:1)

AGES 6–12 A one-on-one private lesson with our experienced instructors tailored to your child's swimming needs.

Disclaimer: Each swim lesson level has a maximum number of campers. Enrollment does not quarantee a spot in this camp.

Teen Camps | Ages 12-14, LIT Ages 13-15



Our Adventure Teen Camps are specifically geared toward allowing teens to have fun while socializing and enjoying age appropriate activities. Teens experience a wide range of activities throughout our week long summer camps.

One Week Specialty Camps

Half-Day Camps

AM: 9:30am-12:00pm PM: 12:30pm-3:00pm

Full-Day Camps: 9:30am-3:00pm **Sports Camps:** 9:00am-12:00pm



EARLY DROP OFF / LATE PICK UP & TRANSPORTATION ADD-ON

7:30AM-9:30AM AND/OR 3:30PM-5:30PM
See page 10 for complete details.

Teen Service & Leadership

AGES 12-14 A unique opportunity for teens to develop a love for community service and leadership. Intertwined within service projects are opportunities for leadership, teamwork, problem solving, and relationship building. Each hour of community service will be properly documented, providing credit for the service hours completed. Make an impact on your local community while making friends, learning, and leading.

Full Day June 10-June 14 \$305 Harper Clubhouse

Teen Ultimate Adventure Outing

AGES 12-14 Campers take fun filled day trips to local attractions and theme parks while building positive friendships with their peers and our staff in a safe environment. Weekly adventures includ (based on dates and availability): movies, bowling, trampoline park, ice skating, local beaches, Belmont Park, San Diego Zoo, Wave Waterpark, and other local attractions. View the 'Parent Info Packet' for trip schedule each camp week. Trip schedule subject to change without notice.

Full Day	June 24-June 28	\$410	Harper Clubhouse
Full Day	July 22-July 26	*410	Polster Clubhouse

College Cooking Essentials

AGES 15-18 For teens who want to learn the basics on how to prepare a simple breakfast or dinner for themselves, friends or family. This camp teaches the techniques for making meals. Fundamentals include, shopping for produce, proper knife skills, building a meal, reading recipes and cooking techniques all taught through actual cooking in the kitchen.

AM August 5-August 7 \$300 Harper Clubhouse

Teen Hiking & Outdoor Adventure

AGES 12-14 Let's go hiking! Traverse the best hikes in Southern California and take in the view. Ranging from easy to medium trails, campers make visits to local San Diego trails and Nature Preserves. *Required: water bottle, sun protection, comfortable walking shoes, appropriate attire for outdoor exercise.

Full Day July 8-July 12 \$305 Polster Club
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Leaders In Training

AGES 13-15 The LIT program gives our older members an opportunity to participate in our camps program in a more helpful role while gaining community service hours. Limited spots available. Application must be submitted and approved before registering. Complete details can be found on the LIT application on page 23. \$145 per week from 9:00am-3:00pm

WEEK#	1	2	3*	4	5*	6	7	8	9	10*
BEGINS	6/3	6/10	6/17	6/24	7/1	7/8	7/15	7/22	7/29	8/5
LEADERS IN TRAINING (LIT)										
Harper Clubhouse	•	•	•	•	•	•	•	•	•	•
Polster Clubhouse		•				•	•			
Del Mar Clubhouse	•	•	•		•	•	•	•	•	
Griset Clubhouse					•	•	•			

^{*}Camp week 3, 5, and 10 are shorter weeks.

Bulldogs Basketball

AGES 12-14 (COED) Campers learn how to become well-rounded, team-oriented basketball players. Each day of camp offers intense specialized basketball instruction with an emphasis on the fundamentals of ball handling, shooting, rebounding and defense.

АМ	June 3-June 7	\$215	+ PM Camp Add-On: \$145	Polster
АМ	June 17-June 21	\$195	+ PM Camp Add-On: \$115	Clubhouse



Girls Field Hockey

AGES 12-14 This camp is for girls of all skill levels and is designed to be fun and instructive. Our goal is to help develop your field hockey skills, strategic understanding of the game and make each camper a versatile player. Please bring your own stick, a mouth guard and shin guards.

АМ	June 17-June 21	\$195	+ PM Camp Add-On: \$115	Carmel Valley MS
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Flag Football

AGES 12-14 (COED) Has your camper ever wanted to be part of the Super Bowl? Here is their chance. Spend the week learning the game of football and its basic rules in a non-competitive environment. Campers learn and improve their skills through drills, exercises, and scrimmages.

AM	June 3-June 7			Earl
AM	June 10-June 14	\$215	+ PM Camp Add-On:	Warren MS
AM	July 8-July 12	1215	\$145	Carmel
AM	July 15-July 19			Valley MS

Beach Volleyball

AGES 12-14 (COED) Designed for beginner to intermediate players, campers learn and improve on the fundamentals of the beach variation of volleyball. Camps takes place at the sand volleyball courts located adjacent to the Polster Clubhouse. Water bottles and sun protection are required.

AM Jul	ly 29-August 2	\$215	+ PM Camp Add-On: \$145	Carmel Valley MS
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Futsol Indoor Soccer

AGES 12-14 (COED) Pass, dribble, and shoot your way to the ultimate goal! Campers learn the basics of indoor soccer focusing on passing, dribbling, shooting, and defense. Play soccer themed games, practice drills, develop coordination and learn the importance of teamwork!

AM	July 1-July 5	\$215	+ PM Camp	Harper
AM	July 22-July 26	1213	Add-On: \$145	Clubhouse

Golf

AGES 12-14 (COED) Dreaming of one day playing at Augusta? Or traveling across the pond to compete in the British Open? Get started here with our coed Summer Golf Camps. Created with young golfers in mind, we offer our Campers the opportunity to enhance their abilities and knowledge through practice sessions that cover putting, short game, full swing, rule of golf, etiquette, on-course practice, and golf fitness. REQUIRED EQUIPMENT: golf clubs and proper golf attire (no jeans). Campers play at local North County golf courses.

AM	June 10-June 14	\$220	Various North
AM	July 15-July 19	*320	County Courses





Laser Taa

AGES 12-14 (COED) Campers compete in laser battles each day by tagging each other with harmless laser beams. After each game, players check their scores and see how many times they were tagged and how many points they racked up. The week culminates with a tournament on the final day to see which team reigns supreme.

AM	July 29-August 2	\$215	+ PM Camp Add-On: \$145	Harper Clubhouse
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AGES 12-14 (COED) Bump, Set, Spike! Learn the basic fundamentals of the game. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving.

AM	June 3-June 7	\$215		Harper
AM	June 10-June 14	1215	Add-On: \$145	Clubhouse



Pickleball

AGES 12-14 (COED) Designed for beginning and intermediate players, this camp focuses on basic pickleball skills through group instruction. Camp takes place in the gymnasium. Campers must bring their own pickleball paddles.

AM	June 17-June 21			
AM	June 24-June 28	\$215	+ PM Camp Add-On:	Harper
AM	July 8-July 12	*215	\$145	Clubhouse
AM	July 15-July 19			

Jazz Camp

youth arts academy

AGES 12-14 (2 WEEK CAMP) Dive into the captivating rhythms and history of jazz at our two-week summer camp. Join us for an immersive experience filled with interactive sessions, lively games, hands-on exploration, and musical rehearsals! All this leads to an electrifying performance that celebrates the magic of jazz. This camp is designed to prepare campers for scholastic jazz programs in Middle and High School. Six months of private lessons experience is highly suggested, but not required.

PM	June 3-June 14	\$300	Polster Clubhouse

Running Club

AGES 12-14 (COED) Build confidence through a variety of running activities to build speed and endurance in a fun and recreational setting. Campers spend the majority of this half-day camp running outdoors.

АМ	June 17-June 21	\$195	+ PM Camp Add-On: \$115	Carmel
АМ	June 24-June 28	\$215	+ PM Camp Add-On: \$145	Valley MS
АМ	July 1-July 5	\$175	+ PM Camp Add-On: \$90	Earl Warren MS
AM	July 22-July 26	\$215	+ PM Camp Add-On: \$145	Carmel Valley MS

Rock Band

youth AGES 12-15 Calling all future Rock Stars! Join us for a week-long camp designed to introduce campers to performing as a group in a rock band! Dive into the history of Rock, explore the different instruments in a Rock Band, and craft your music in a fun, immersive environment! This camp prepares your rockstar to take their music skills to the next level in our school year Rock Band program. Six months of private lessons is recommended, but not required - campers will have the opportunity to try many different instruments in this camp.

PM July 29-August 2	\$200	Polster Clubhouse
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Summer Strings

youth arts academy

AGES 12-18 (2 WEEK CAMP) Embark with us on a two-week symphonic adventure. Campers will learn the basics of intonation and rhythm, discover the power of articulation and dynamics, and explore genre and musicology within an orchestra setting. All of this builds up to a performance at the end of the two weeks. This camp is designed to prepare students for scholastic orchestras in Middle and High School. One year's experience is required.

AM	July 22-August 2	\$300	Polster Clubhouse
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TEEN TRIPLE THREAT THEATRE CAMP SERIES

Triple Threat: Singing



AGES 13-18 Sing your heart out in our weeklong vocal workshop. Uncover the secrets of breath control, tone, and stage presence. Dive into the world of musical storytelling, fine-tune a chosen piece, and captivate audiences. Learn about choosing the correct cut for an audition, and how to present the full piece on stage. Elevate your vocal performance and unlock your potential in this section of our Triple Threat Series!

PM

June 17-June 21

\$120

Polster Clubhouse

Triple Threat: Acting



AGES 13-18 Step into character at our acting intensive! Immerse yourself in a week of theatrical exploration, from monologue selection to character depth. Whether you are a budding talent, or a seasoned actor, refine your skills and ignite your creativity in this section of our Triple Threat Series!

PM

July 1-July 3

\$90

Polster Clubhouse

Triple Threat: Dancing



AGES 13-18 Let your moves tell the story in our intro to dance extravaganza. Each day of the camp introduces a new style of dance used in Musical Theatre. Students learn to express emotion in the lyrical style, make some noise learning the basics of tap, and sizzle in an introduction to jazz. Campers elevate their skills and unleash their inner performer in this section of our triple threat.

PM

August 5-August 7

\$90

Polster Clubhouse

SPECIAL DISCOUNT OFFERED!

10% discount for campers who sign up for all THREE Triple Threat camps offered this summer.

Discount will be applied as a refund after registration of all three camps is confirmed. Cancellations of one or more of the Triple Threat camps negates the discount and will appear as a balance due for full payment of the remaining Triple Threat camp(s) your child is registered in.

youth arts academy

PRIVATE LESSONS

With Professional Artists

All Ages & Skill Levels Welcome

Whether you're a beginner strumming your first chord or a seasoned maestro looking to sharpen your skills, our private lesson instructors will have you comfortably jamming and passionately learning the instrument of your choice in no time.



Once a week for 30 minutes
Monday-Friday
3:00pm-8:00pm
\$165/month
Located at YAA Studio
Instrument rental available!

Leaders In Training (LIT) Application



The LIT program gives our older members an opportunity to participate in our camps program in a more helpful role. What's great about our LIT program is not only do our members get the chance to work with campers and share their passion and interests, but they also get the hands on experience of working side by side our wonderful team of staff. All of our LIT's also have the opportunity to use their LIT hours 9:00am-3:00pm as community service hours to fulfill any graduation requirements. FEE: \$145 per week, limited spots available. Application must be submitted and approved before registering for this program. Please email completed application to Camp Director, Candace Gerlach at cgerlach@bgcSanDieguito.org.

*LIT candidates may request a camp location/specialty camp to participate at. Requests must be approved by Camp Director prior to participation. Transportation is not provided and hours of operation may vary by location.

First Name	First Name MI Last Name			Email Addre	Email Address (Please list parent/guardian if preferred)						
Street Addres	SS							Home Phone	e		
City State		e Zip	p Code		Cell Phone						
Date of Birth Hours &	Days	Avai l	lable Wed	Thurs	Fri		Ethnicity Please select one of the following for grant purposes. Asian African American	☐ Art	as of Inte s & Crafts erical Help mputers	☐ Music☐ Science☐ Fantasy (Superhero, Princess,	
Morning	IVIOII	lues	vveu	illuis	111		☐ Hispanic/Latino☐ Caucasian	•	orts / Fitness	Star Wars, Comics, Harry Potter) Games	
Afternoon							☐ American Indian☐ Other		☐ Dance ☐ Games ☐ Theatre		
Have you ever sealed, expun This company	been co ged or le will not onces of t	nvicted gally er deny vo	of any cr adicated lunteeris	rime? (Ex , and mi	cclude sdeme y appli	convictions for convictions for convictions convictions are convicted to the conviction of the convict	ons for which probation was com	pleted and the	e case was dism e. The company	years old; convictions that have been issed): Yes □ No □ however, may consider the nature, date	
Name	,03				Rel	lationship			Phone/Email		
Name						lationship			Phone/Email		
I understan	d that I	may b	e requ	ired to	subm	nit to a back	ground check and that my	status is co	nditional pe	nding results.	
Signature of P	arent/Gu	ıardian _.							Date		
Applicant Sigr	nature								Date		

Upon completion of application please scan and email to cgerlach@bgcSanDieguito.org or drop off at any of our Clubhouses in an envelope marked: ATTN: Camp Office/LIT Program





SUMMER SWIM LESSONS

Our certified and trained staff provide swimmers with a positive learning experience as they train, develop, and improve proper swimming techniques and practice water safety skills. Beginner classes focus on water safety, front/back floats, basic swimming fundamentals, and help swimmers adjust to the water in a comfortable and safe aquatic environment. Lessons progress to more advanced classes that focus on improving all four competitive strokes, refining stroke technique, increasing swimming competency and endurance, and learning rescue skills.

SESSIONS	Lesson Days Monday –Thursday	Registration Deadline	Holiday, No Lesson	Total Lessons
Session 1	June 10, 11, 12, 13, 17, 18, 20	June 5	June 19	7 Lessons
Session 2	June 24, 25, 26, 27 July 1, 2, 3	June 19	July 4	7 Lessons
Session 3	July 8, 9, 10, 11, 15, 16, 17, 18	July 3	_	8 Lessons
Session 4	July 22, 23, 24, 25, 29, 30, 31, August 1	July 17	_	8 Lessons

FEES	Group Lessons	Semi-Private	Private
SESSION 1 & 2	\$182	\$210	\$322
SESSION 3 & 4	\$208	\$240	\$368

Financial Assistance is available for qualifying swimmers. Applications must be completed and approved before registration can be completed. For further assistance, please contact our aquatics office listed below.

GROUP CLASSES

All classes run for 30 minutes Monday-Thursday

PRESCHOOL CLASSES

3-5 YEARS OLD

Swim diaper required for all non-potty trained children.

SAND DOLLAR (Ratio-1:3)

This beginner class is designed for those uncomfortable in the water and reluctant to put their faces in. Our focus is on building water confidence. Students learn assisted floating and kicking on their front and back, and gradually become comfortable with submerging and getting their faces wet. The class takes place in the shallow end, and students may attend multiple sessions before advancing to the next level. The goal is to transition to the Sand Crab class, where face submersion is a requirement.



SAND CRAB (Ratio-1:3)

This beginner swim class is designed for those who enjoy being in the water but need assistance. Students learn assisted floating, gliding, kicking, and front arm strokes. They are introduced to assisted back floating, kicking, and rolling over to breathe. Emphasis is on practicing

prone skills with their faces in the water, front arm strokes, back floating, and rolling over to breathe. The goal is to swim 5 yards with arm pulls and roll over unassisted to progress to the Seahorse class. Students may attend multiple sessions as needed. Class is taught in the shallow end.

SEAHORSE (Ratio-1:3)

This class is tailored for independent swimmers who enjoy being in the water and require minimal assistance. Students focus on refining skills like front-arm pulls and rolling over for breathing while kicking. They'll also work on back kicking with arm pulls and practice back balance without sinking. The class includes an introduction to sitting dives and jumping from the poolside, returning unassisted to the wall. The goal is to swim 10 yards unassisted to advance to the Sea Star class. Instruction takes place in the shallow end.



SEA STAR (Ratio-1:4)

In this class, swimmers will master freestyle techniques including side breathing, stream-line position, and proper balance, as well as backstroke

techniques like back balance kicking and arm pull. They'll progress to swimming the width of the pool (15 yards), starting from the wall. The objective is to swim 25 yards to advance to the Otter class. Instruction is conducted in the deep end.

Sunday Parent & Tot Class

18 months -36 months

(Ratio-1:8) Adult and child are in the water with the instructor. This class emphasizes helping young swimmers adjust to the water while having fun with songs and water activities. Adult participation is required for class attendance. This class runs for 30 minutes once a week. Swim diaper required for all non-potty-trained children.

(4 Sundays) June 16, June 23, June 30, July 14	\$104	11:00am-11:30am
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GROUP CLASSES

YOUTH CLASSES

6-12 YEARS OLD

PENGUIN (Ratio-1:4)

This beginner swim class builds water confidence while introducing freestyle and backstroke fundamentals. Students learn floating, gliding, kicking, arm pulls, and rolling to breathe. Starting at 12.5 yards, the goal is to reach 25 yards. Instruction is provided in both shallow and deep ends to ensure comprehensive skill development.

OTTER (Ratio-1:4)

Swimmers develop freestyle and backstroke techniques, including side breathing, streamline position, and proper balance. They also learn backstroke skills like back balance kicking and arm pulls. Open turns/flip turns are introduced. Starting at 25 yards, the goal is to reach 50 yards. Instruction takes place in the deep end, and students may require multiple sessions to master the skills.



SEAL (Ratio-1:5)

This class enhances stroke techniques, focusing on improving freestyle and backstroke endurance and proficiency. Swimmers are introduced to the butterfly and breaststroke kick, as well as treading water with an eggbeater and performing standing dives. Starting at 50 yards, the goal is to achieve 75 yards.

SHARK (Ratio-1:5)

This class emphasizes endurance building while refining freestyle, backstroke, and butterfly strokes. Swimmers are introduced to breaststroke arms and timing, as well as treading water with an eggbeater and competitive dives. Starting at 50 yards, the goal is to reach 100 yards.

TEEN CLASS

13-15 YEARS OLD

(Ratio-1:5)

This class is for novice swimmers and focuses on enhancing stroke techniques, particularly improving freestyle and backstroke endurance and proficiency. It introduces the butterfly and breaststroke kick, along with teaching treading water using an eggbeater technique. Starting at 25 yards, the goal is to reach 75 yards.

JR. LIFEGUARD PREP

9-17 YEARS OLD

(Ratio-1:4)

This class is designed to prepare students for the Jr. Lifeguard swim test requirements. The focus is on refining freestyle techniques for the 100-yard timed swim, as well as improving treading skills for the 3-minute treading water test and the 5-yard underwater swim test.



PRIVATE & SEMI-PRIVATE LESSONS

PRIVATE/SEMI

3-15 YEARS OLD

PRIVATE LESSON (RATIO: 1:1)

A one-on-one private swimming lesson featuring personalized instruction with experienced instructors to meet your child's specific swimming needs.

SEMI-PRIVATE LESSON (RATIO: 1:2)

A two-on-one lesson tailored to the students' swimming needs. Parents must find a swimming partner with the same swimming ability for this class. Do not register your child if they do not have a swimming partner.



Tuesday/Thursday Only Private Lessons

June 11, June 13, June 18, June 20, June 25, June 27, July 2	\$322	9am-9:30am
July 9, July 11, July 16, July 18, July 23, July 25, July 30, August 1	\$368	9am-9:30am



• = class available

• = class available													
SESSION 1	Lessoi	n Dates:	June 10), <mark>11, 12</mark> ,	13, 17, 1	8, 20	No Les	sons on	June 19	(Holiday)			
Class Time	Sand Dollar	Sand Crab	Seahorse	Sea Star	Penguin	Otter	Seal	Shark	Teen	Semi-Private	Private	Jr. LGP	Sea Turtle
9:00am-9:30am											• T/THU Only		
9:40am-10:10am	•	•	•		•						•		
10:15am-10:45am						•	•	•		•	•		
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10:50am-11:20am													
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4:35pm-5:05pm					•	•	•	•	•		•		
5:10pm-5:40pm		•	•		•	•				•	•		
5:45pm-6:15pm					•	•	•	•			•	•	
6:20pm-6:50pm											•		
SESSION 2	Lesso	n Dates	· June 2	4 25 2	6 27 Ju	ılv 1 2	3 N	Loccor	e on Jul	y 4 (Holiday)			
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Class Time							Seal	Shark	Teen	Semi-Private		Jr. LGP	
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REGISTRATION

Details & Questions

A separate registration form is required for each child.

Once all forms and online payments are completed, a spot will be reserved for the respective class. If the class is full, the child will be placed on a waiting list and notified the Friday before the beginning of the swim session. Please contact Aquatics Coordinator Patty Mariscal at pmariscal@bgcSanDieguito.org or Swim Instructor Assistant Jade Foyston at

JFoyston@bgcsandieguito.org for any further questions regarding registration.

How To Register

Registration is online at

bgcSanDieguito.org/swim-lessons Under the swim lessons section:

- Select the desired class type and session from the registration chart.
- You will select the time of your class on the next step.

You will be redirected to the registration page:

- Scroll down to "SWIM LESSON NAME", click on the drop arrow, and select the desired class time.
- You must register each child individually per session.



Register at **bgcSanDieguito.org/swim-lessons**

POLICIES

Refunds

We do not offer credits/refunds for missed classes due to other sports, activities, or vacations. Full or partial refunds for medical reasons are available on a case by case basis with a doctor's note. Credit issued in this instance based on availability.

Cancellation Timeline	15-day Deadline 100% Refund	9-day Deadline 50% refund or 100% credit	8-4 days <u>No Refunds</u> 100% Credit
Session #1	May 20	May 28	June 2
Session #2	June 3	June 11	June 16
Session #3	June 17	June 25	June 30
Session #4	July 1	July 9	June 14

Waitlist

If you are interested in a swim class that's full, you will need to register your child to be placed on the waitlist.

To complete the registration, you must input your credit card information. You will receive an email saying "Your registration has been sent. Please note: You have been placed on the waitlist and your credit card has NOT been charged at this time". You will not receive an invoice until you are off the waitlist.

Make-Up Classes

We do not offer make-up classes for missed classes.



Pardee Aquatics Center • (858) 755-4904 aquatics@bgcSanDieguito.org • bgcSanDieguito.org

533 Lomas Santa Fe Drive, Solana Beach, CA 92075

Our Pardee Aquatics Center differentiates us from most youth, athletic and after school centers in San Diego County. The Center is comprised of two regulation length 25 yard pools. Our competition pool has 10 lanes set at 78° and our recreational pool has 6 lanes, set at 84°. You can also enjoy our snack shop fully stocked with healthy food and drink options. We have on-site indoor and outdoor showering facilities and fully equipped indoor locker rooms and changing areas.

Registration for all summer camps

is through Boys & Girls Clubs of San Dieguito's Campsite platform.

To register, please visit:

bgcSummerCamps.org



GREAT SUMMERS START HERE.







Adventure Camps Office

3800 A Mykonos Lane, San Diego, CA 92130 (858) 720-2180 • camp@bgcSanDieguito.org

We're not just here for the summer! Our doors are open all year long, providing quality after school programs for children and teens in San Diego County. With seven locations, seven specialty programs, and a passionate staff, your child will find their safe home away from home with us. **Become a Club Kid**