

Day & Specialty Camps

Sports, Music, Cooking Camps Swim Lessons La Colonia Summer School After Camp

Contact & Locations

Adventure Camp Locations

Clubhouse	Address	Contact	Camps	
Del Mar Clubhouse	14125 Mango Drive Del Mar, CA 92014 Next to Del Mar Hills Elementary School	Tayllor Cole tcole@bgcSanDieguito.org (858) 481-4116	Ages 8-12 Day Camps	
Harper Clubhouse	533 Lomas Santa Fe Drive Solana Beach, CA 92075	Bosque Leanio bleanio@bgcSanDieguito.org (858) 755-9373	Ages 5-12 Day Camps, Camp & Swim, Cooking Camps	
Griset 1221 Encinitas Boulevard Clubhouse Encinitas, CA 92024		Chris Ann Sarver crosillo@bgcSanDieguito.org (760) 753-6351	Ages 5-12 Day Camps, Cooking Camps (Weeks 8-10)	
La Colonia Clubhouse	715 Valley Avenue Solana Beach, CA 92075	Gloria Castellanos gcastellanos@bgcSanDieguito.org (760) 207-4645	Ages 5-12 Day Camps	
Poister Clubhouse	CLOSED			
Alired Clubhouse	12353 Carmel Park Dr, San Diego, CA 92130 Next to Carmel Del Mar Elementary	Kristine Schneider KSchneider@bgcsandieguito.org (858) 793-9196	Ages 5-7 Day Camps	

Adventure Camps Office



Specialty Programs

Clubhouse	Locations	Contact	
Big 8 Athletics	Polster Clubhouse Griset Clubhouse Harper Clubhouse	Emily Froelich efroelich@bgcSanDieguito.org (858) 436-7506	
Centers For a Healthy Lifestyle	Harper Clubhouse Griset Clubhouse	Sheryl Cohen scohen@bgcSanDieguito.org (858) 436-7502	
Pardee Aquatics Center	Harper Clubhouse	Patty Mariscal pmariscal@bgcSanDieguito.org (858) 755-4904 x 314	BOYS & AURILS CLUBS PARDEE AQUATICS CENTER
Youth Arts Academy	Polster Clubhouse	Darby Schnoebelen DSchnoebelen@bgcsandieguito.org (858) 720-2194	youth academy



Summer Volunteer Opportunities!

Ages 16+

We are looking for volunteer camp counselors at our five camp locations. Volunteers are asked to help in 3 hour shifts throughout the summer season.

Volunteer Specialty Camp Counselor

Use your expertise in a fun camp environment to help campers with arts and crafts, sports and fitness, dance, theater, and science activities!

Volunteer Day Camp Counselor

Lend a helping hand with various camp activities throughout the day. Available shifts include; 9am-12pm, 12pm-3pm, and 3pm-6pm.

Interested volunteers must:

- Be 16 years or older
- Attend a Volunteer Information Session (held via Zoom)
- Submit a complete volunteer application packet including background check
 - Applications must be submitted two weeks (14 days) prior to the week(s) you wish to volunteer
- Make a minimum commitment for one full week (one shift for 4-5 consecutive days, depending on holiday weeks) OR at least one shift for three weeks
- Complete online training modules (approximately 2 hours)
- Complete Live Scan fingerprinting done at own expense

Contact volunteer@bgcSanDieguito.org or visit bgcSanDieguito.org/volunteer for more information or to get involved.



Welcome to Summer Adventure Camps!

The below information references our Summer Adventure Camps program. For registration and policies on swim lessons, see page 23.

Online Registration

Boys & Girls Clubs of San Dieguito is reducing our carbon footprint with online registration for all our Summer Adventure Camps.

WWW.BGCSUMMERCAMPS.ORG

Registrations are processed in order of date received. Incomplete registration forms will not be processed. An accurate email address must be included in your registration to ensure receipt can be sent.

For assistance with registration, contact your local Clubhouse or Program Director by phone or email. We are more than happy to assist you with any registration needs.

MILITARY DISCOUNT

Boys & Girls Clubs of San Dieguito offers a 10% military discount on camp fees.

Contact our camp office for more information.

A completed registration and military documentation are required to receive discount. Military discount cannot be combined with any other discounts.

PROGRAM FEES

Boys & Girls Clubs of San Dieguito offers a variety of camps and programs. Fees are program specific. For more information about fees visit the program section of this guide OR contact your local Clubhouse. All fees must be paid prior to program start date.

FINANCIAL ASSISTANCE

Boys & Girls Clubs of San Dieguito offers Financial Assistance to qualifying members. All Financial Aid paperwork is kept confidential and must be filled out completely and turned in at least 5-7 business days prior to program start date to allow for processing. Incomplete or late applications may delay processing time. All fees must be paid prior to start of program. For more information or to request an application, please contact your local Clubhouse or Program Director.

CREDIT / REFUND POLICY

In general, we do not offer refunds. Should Boys & Girls Clubs of San Dieguito cancel a program, class, or camp, a full refund will be issued in the amount paid, or credit for another program, class, or camp during that session can be issued. Credits are program specific and cannot be used towards other BGC San Dieguito programs. Credits are non-transferable between members and programs. See parent info packet for a detailed credit/refund policy.

^{*}Boys & Girls Clubs of San Dieguito program/class/camps schedule, fees, staff, instructors, and policies & procedures are subject to change without notice.

Food & Drink



Lunch Guidelines

Campers must bring a sack lunch from home each day in disposable containers they are able to open without assistance.

Please follow the lunch guidelines below.



- Healthy, balanced lunch
- Include a beverage
- Mark all lunches (and all containers inside lunches) with camper's first and last name and date*



- No soda
- No glass containers (food or drinks)
- No perishable items
- No meals that need refrigeration**
- No meals that need reheating**

Pro Tip

Freezing lunch items and beverages the day before and/or inserting a cold pack in the lunch container will help preserve the food.

Important: We do not sell lunches or provide snacks in place of lunch. If your camper does not have a lunch, you will be notified and asked to bring a lunch for your camper that same day.

*A marker and masking tape for labeling lunches is available at the sign-in desk at each camp location.

**Lunches can not be refrigerated and meals cannot be heated. Camp staff are not responsible for food preparation or regulation. Please pack accordingly.

Snacks

Campers burn a lot of energy at camp each day and are always hungry! We ask that you pack multiple healthy snack items for your camper. If you have a younger camper, please consider sending snacks and lunch in separate bags or containers.

Snack Shop

All our Adventure Camps have a Snack Shop offering various snack items for purchase. Items range in price from \$0.50 - \$2.00. Snack Shop is optional and is only open during the two scheduled snack times each day.

Snack time occurs twice daily during the 10am hour and 3pm* hour. *Afternoon snack times may vary depending on the camp activity.



Water Bottles

Send your camper with a refillable water bottle each day!

All of our facilities have eco-friendly water filtration systems that provide cold water for our campers. Don't forget to label your water bottle!

Parent Information Packet

After enrollment for any Adventure Camp you will receive our "Parent Information Packet" with everything you need to know.

To view this packet prior to registering your camper, visit the *parent resources* section on our website listed below.

Our Parent Information Packet includes:

- Policies & Procedures
- Camper Behavior Policy
- Camp Attire
- Camper Illness Policy
- Camper Personal Items
- Camper Medication Policy
- Adventure Camps Terms & Conditions
- Sunscreen Policy

Day Camps | Ages 5-12



Adventure Day Camps offer a 10 week summer program at our La Colonia, Allred, Harper, and Del Mar Clubhouses, and a 3 week program at our Griset and Polster Clubhouses (due to construction). We place campers in small groups based on age and/or skill level and provide structured programming under the guidance of their assigned Camp staff. Each activity will last between 20 to 40 minutes and will consist of enrichment activities, movement, games, tech-lab, and health & wellness. Campers are given the opportunity to develop at their own pace and experience the long lasting friendships that evolve through participation in our engaging and fun activities.

2023 Summer Day Camp Season

June 5 - August 9*

*ALL CAMPS CLOSED June 19, July 3, July 4

Day Camp Time:

7:30am-5:30pm

Pricing:

\$265/week \$65/day pass

Space Limited

A limited number of spots are available at each site. Families interested in a spot must register for Day Camponline through our Campsite registration system. Spots will be assigned on a first-come, first-served basis.

Registration is through Boys & Girls Clubs of San Dieguito's Campsite platform. To register, please visit:

bgcSummerCamps.org

WEEK #	1	2	3	4	5	6	7	8	9	10
BEGINS	6/5	6/12	6/20	6/26	7/3	7/10	7/17	7/24	7/31	8/7
DAY CAMP ONLY										
Allred Clubhouse: Ages 5-7	•	•	•	•	•	•	•	•	•	•
Del Mar Clubhouse: Ages 8-12	•	•	•	•	•	•	•			
La Colonia Clubhouse: Ages 5-12	•	•	•	•	•	•	•	•		
Harper Clubhouse: Ages 5-12	•	•	•	•	•	•	•	•	•	•
Polster Clubhouse: Ages 8-12	Closed due to construction							•	•	•
Griset Clubhouse: Ages 5-12	(3-week summer program only)				•					

Field Trips



Summer camp isn't complete unless you attend an outing with your friends! We offer a variety of field trips throughout our summer program. From bowling, to movies, to Padres games, you won't want to miss out on these fun filled trips! Field trip fees vary. See trip chart for more information.

Registration

To register for a field trip, visit the parent dashboard and select the desired field trip options. Field trips are only available to campers who are registered for a FULL DAY camp day in one of our Summer Adventure Camps or Summer Day Camp. (A full camp day is 9:00am-3:00pm.) In order to staff appropriately we ask that you sign up for all field trips at least 24 hours in advance. Our field trips are offered on a first come first served basis and fill up fast! There are no refunds/credits for missed field trips. Membership passes or tickets purchased outside of our group visit are not valid for entry.

Off-Site Pick Up/Drop Off

For the safety of our campers and staff, we cannot pick up or drop off campers outside of our Day Camp locations. Campers must stay with their assigned group for the entirety of the field trip including the ride to and from the field trip location.

Schedule					
DATE	DATE FIELD TRIP				
June 15	Bowling	\$30			
June 20	Fleet Science Museum	\$40			
June 30	San Diego Zoo	\$45			
July 6	NO FIELD TRIP				
July 12	Movies	\$30			
July 19	Ecovivarium	\$40			
July 26	Padres Game	\$45			
August 2	ugust 2 Living Coast Museum				

*Bolded indicates all day excursions



Most field trips take place during camp programming between 9:00am-3:00pm. Field trips that are **BOLDED** are all day excursions where campers will return between 3:30-4:30pm unless otherwise stated. Don't forget to wear your BGC t-shirt! For everyone's safety, campers must wear Boys & Girls Club t-shirts when attending field trips. Campers attending field trips will receive one free BGC t-shirt to wear on field trips. If your child does not have their BGC t-shirt on field trip day, one will be provided and a \$6 fee will be charged to your camper's account. Your parent information packet includes a field trip list and lunch guidelines for each field trip. Reminder emails are sent to parents with restrictions or changes.

*Field trips may be canceled or rescheduled without notice. The option of a refund or credit will be offered for any canceled or rescheduled field trips.

La Colonia Summer School After Camp

Campers must be enrolled in Summer Enrichment class at Skyline Elementary to select this camp program.

Fee: \$480 for 5 weeks

Date: June 12 - July 14 (Closed June 19, July 3 & July 4)

Time: School Dismissal to 5:30pm

Camp Staff will pick up campers from Skyline Elementary each day and walk to La Colonia Clubhouse. Upon arrival Campers will participate in camp activities throughout the duration of their day.

Specialty Camps | Ages 5-14



Adventure Specialty Camps are designed to give campers the opportunity to develop their skills and talents in a specific area. These one week enrichment camps are a wonderful way to expose your camper to a new area for the first time, or allow a camper who already has a special interest or talent to focus on that area in a collaborative and fun setting. All campers will be placed in groups by age or ability.

Camp Times

Specialty Camps

Full Day:

9am-3pm

Half Day:

AM Session: 9am-11:30am PM Session: 12:30pm-3pm

*Cooking and Sports camps times may vary.



EARLY DROP OFF AND/OR LATE PICK UP ADD-ON

7:30AM-9AM AND/OR 3PM-5:30PM

The Early Drop Off/Late Pick up add on option is available for select half day and full day Specialty Camps. For an additional fee your camper can be dropped off as early as 7:30-9:00/9:30am and stay after their camp ends from 3:00/3:30-5:30. Please review the Specialty Camp, Half Day, and Camp Combo descriptions for availability.

*To select this option for half day specialty camps, both an AM and PM camp must be selected and camps must take place at the same camp location.

FEE: \$40 per week



PM DAY CAMP ADD-ON

12:30-5:30PM

Make it a full day of camp by adding the PM Day Camp option! This option is available to campers that have signed up for an AM Specialty Cooking Camp or *Sports Camp only.

By selecting this option, campers attend their AM Specialty Camp and then proceed to the Harper Clubhouse where they will have lunch and continue their camp day participating in Day Camps from 1pm-3pm and finish with snack and free play time until pick up or 5:30pm.

*This option is for Sports Camps loated at Earl Warren Middle School only. If your camper is attending a Sports Camp at Earl Warren Middle School, Camp Staff will transport your camper to and from their camp location.

FEES: PM Day Camp Add On: \$130 (Fee is prorated during weeks with holiday closures.)



TRANSPORTATION ADD-ON

Round trip transportation is available for specific Specialty Camps which include: Camp & Swim, and full day Cooking Camps at Griset, and full day specialty camps at Polster (Weeks 8 & 9). (Transportation for Day Camps is not provided.)

FEE: \$70 each week (Early Drop Off/Late Pick Up included.)

HOURS: Drop off by 7:45am, Pick up after 3:30pm until 5:30pm (Vans depart PROMPTLY at 8am each day. Vans cannot wait for tardy campers.)

Campers needing this service are transported daily by Club vans from their home base (FROM) location to their specialty camp (TO) location. Campers must be dropped off in the morning by 7:45am and return to their home locations after 3:30pm.

TRANSPORTATION DEPARTS PROMPTLY AT 8AM EACH DAY.

*ALL CAMPERS UTILIZING TRANSPORTATION ARE AUTOMATICALLY REGISTERED FOR EARLY DROP OFF/LATE PICK UP PROGRAM AS TRANSPORTATION TIMES OPERATE OUTSIDE OF OUR DAILY CAMP ACTIVITY HOURS.

During the registration process you will need to register for each week the transportation service is needed. You will be asked to select a FROM/TO option. The FROM location, or home base, is where your camper starts and ends each camp day, the TO location is where their Specialty Camp takes place. Transportation is round trip.

Example:

Our **FROM** location: Del Mar Clubhouse Our **TO** locations: Harper or Griset Clubhouse



One Week Specialty Camps Half Day Camps AM: 9am-11:30pm

PM: 12:30am-3pm



EARLY DROP OFF AND/OR LATE PICK UP ADD-ÓN

7:30AM-9AM AND/OR 3PM-5:30PM

This add on option is only available when both an AM & PM specialty camp is selected.

\$40. See page 8 for complete details.

Jr. Adventure Camps offer campers ages 5 through 7 exposure to a wide variety of activities, all of which have been broken down into age-appropriate fundamental skills.

Little Under The Sea

AGES 5-7 Join us in exploring the magic and wonders of the seas, where your junior camper learns about the ocean and the amazing creatures that live there. Campers participate in Under the Sea themed activities, games, science experiments, crafts and water play! Take the plunge and join us on an underwater adventure!

July 24-July 28 Polster Clubhouse

Little Imagination & Creation

AGES 5-7 This camp allows your little thinker to dream big through creative thinking and imaginative play. Campers use their imagination to create new games to play with friends, build and construct useful or artistic masterpieces, and create magical works of art! Curiosity runs wild in this fun filled camp!

July 31-August 4 \$125 Polster Clubhouse

Little Sports & Games

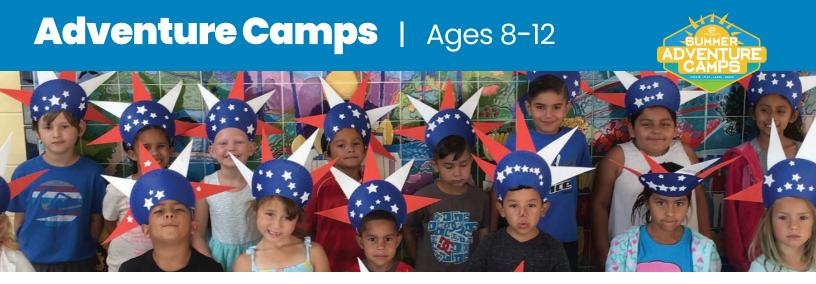
AGES 5-7 Does your little one enjoy recess and PE? With an integration of sports and play, campers enjoy sports and fun in a non-competitive environment. Campers will play a variety of recreational games like kickball, soccer, parachute, and basketball all rolled into one fun-filled week! This camp breaks down sports into their basic elements and introduces sports in a non-competitive and fun environment! Get ready to have fun!

Polster Clubhouse PM July 24-July 28 \$115

Little Fun in the Sun

AGES 5-7 The ultimate Summer Camp experience! Join us for an action packed fun-filled week full of outdoor games, water activities, art & crafts, and so much more. Each day campers will participate in water activities, crafts, and outdoor games designed especially for ultimate FUN! Campers will be outside for most of their camp day, so please make sure campers dress appropriately for getting wet and playing outdoors. Sunscreen will be applied throughout the day. We encourage those who prefer their own bottle and/or those with skin sensitivities to bring their own sunscreen

July 31-August 4 Polster Clubhouse



Adventure Camps offer campers ages 8 through 12 exposure to a wide variety of activities, all of which have been broken down into age-appropriate fundamental skills.

One Week Specialty Camps

Half Day Camps

AM: 9am-11:30pm PM: 12:30am-3pm



EARLY DROP OFF AND/OR LATE PICK UP ADD-ON

7:30AM-9AM AND/OR 3PM-5:30PM

This add on option is only available when both an AM & PM specialty camp is selected.

\$40. See page 8 for complete details.

Scientific Adventures

AGES 8-12 Campers explore their inner scientist in our theme based S.T.E.A.M. camp. From ooey gooey experiments to exploring the mysteries of space to learning about energy and water and digging up fossils from the past, this camp has something for everyone!

PM July 31-August 4 \$135 Polster Clubhouse



Ultimate Adventures of Harry Potter

AGES 8-12 "Alohomora!" Unlock the door to the secret world of Harry Potter where your camper enters Hogwarts School of Wizardry to learn about sorcery, Quidditch, and becoming a witch or wizard. Campers make their own wands and create wild potions and cast spells. Take the Hogwarts Express to this enchanting camp!

AM July 31-August 4 \$135 Polster Clubhouse



Adventures in Drawing Basics

AGES 8-12 Sketch, perspective, and shading galore. Designed specifically for those campers who want to sharpen their skills in the drawing world. Campers learn the basics of how to draw self portraits, shading, sketching, and more. The perfect opportunity for your camper to brush up on their skills or pick up a pencil and sketch pad for the first time! Enjoy this relaxed camp atmosphere where art, drawing and design is the center of our fun!

PM	July 24-July 28	\$125	Polster Clubhouse	
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Camp & Swim Combo | Ages 5-12





In partnership with our Aquatics Department we offer summer swim lessons through our Adventure Camps program! Campers will learn to swim and have fun in the pool at the Pardee Aquatics Center located at the Harper Club in Solana Beach. Instructors are Boys & Girls Clubs of San Dieguito Aquatics Department staff and are trained and licensed to teach swim lessons.

Sessions

This 2 week camp includes summer swim lessons Monday through Thursday with open swim on Friday. Campers have additional swim time after lessons on Mon/Wed, and participate in free swim on Friday. All swim lessons take place before lunch. Campers participate in Adventure Day Camp activities in the Harper Clubhouse after lunch until 3pm.



Camp Time 9am - 3pm

*No camp June 19, July 3, July 4

Session 1	June 12-23*	\$510		
Session 2	June 26 - July 7*	\$510	Harper Clubhouse	
Session 3	July 10 - July 21	\$565	Aquatics Center	
Session 4	July 24 - August 4	\$565		

*No lessons on June 19, July 3, July 4

Attire

Campers must arrive each day with swim attire on under their clothes. We will not be changing in/out of swim attire.

Required: Bathing suit, towel, change of clothes, long hair pulled back in a pony tail or cap. Goggles highly recommended. ALL BELONGINGS MUST BE LABELED.



EARLY DROP OFF / LATE PICK UP & TRANSPORTATION ADD-ON

7:30AM-9:00AM AND/OR 3:00PM-5:30PMSee page 8 for complete details.

Swim Levels

Camp & Swim is for beginner to intermediate swimmers. Select the correct swim level based on current skills at the time of registration.

SEA HORSE (RATIO 1:4)

AGE 5 For beginners with practice on back kicking with arm pulls and back balance without sinking.

SEA STAR (RATIO 1:4)

AGE 5 Builds endurance while refining freestyle and backstroke. Intro to the butterfly kick, open turns, and treading water. This is the most advanced class for this age group.

PENGUIN (RATIO 1:4)

AGES 6-12 For beginners and focuses on confidence in the water, basic water skills, and essential stroke body positions.

OTTER (RATIO 1:4)

AGES 6-12 Focuses on body position and balance, and building proficiency in freestyle for 25 yards and backstroke for 15 yards.

Swimmer must be able to swim 15 yards of freestyle unassisted.

SEAL (RATIO 1:5)

AGES 6–12 Focuses on mastering freestyle and backstroke for 50 yards and introduces beginning butterfly. Swimmer must be able to swim 25 yards of freestyle and backstroke unassisted.

SHARK (RATIO 1:5)

AGES 6–12 Emphasis is on building endurance while continuing refinement of freestyle, backstroke, and butterfly. Breaststroke is introduced. Flip turns/open turns for all competitive strokes will be taught. Swimming distance 50-100 yards/ 2-4 lengths unassisted.

Disclaimer: Each swim lesson level has a maximum number of campers. Enrollment does not guarantee a spot in this camp.

Music Camps | Ages 5-18





One Week Specialty Camps

<u>Half Day Camps</u>

AM: 9am-12pm (Ages 5-12)

PM: 12:30am-3pm (Ages 12-18)

Rock out with friends in one of our music camps hosted by our Youth Arts Academy (YAA)! It's so important now, more than ever to involve your children in arts opportunities that stimulate their personal growth, creativity, and self-expression.



Brought to you by our



EARLY DROP OFF/LATE PICK UP & TRANSPORTATION ADD -ON

7:30AM-9AM AND/OR 3PM-5:30PM

Early Drop Off/Late Pick up is available to campers that need care before and after our scheduled program time. This add on option is only available when both an AM & PM specialty camp is selected. (\$40 per week)

Transportation between Clubs is available to campers registering for a FULL DAY of camps. (\$70 per week-includes Early Drop Off/Late Pick Up)

See page 8 for complete details.

Location	Clubhouse	Address	Contact
Youth Arts Academy	Inside Polster Clubhouse (upstairs)	3800-A Mykonos Lane San Diego, CA 92130 Next to Carmel Valley Middle School	Darby Schnoebelen YAA@bgcsandieguito.org (858) 720-2194

Registration is through Boys & Girls Clubs of San Dieguito's Campsite platform. To register, visit:

bgcSummerCamps.org



Music Explorers

AGES 5-7

Campers learn the basics of an instrument of their choice, participate in a master class in music, and play songs from their favorite animated movies with their friends! Plus, campers will show off their new skills in a performance for friends and family. No music experience is required. With Music Explorers, campers will be ready to take their music skills to the next level in private music lessons, after the week is over.

July 31-Aug 4	9am-12pm	\$200	Polster Clubhouse– Upstairs	+ Early Drop Off/Late Pick Up & Transportation (Must add a PM Specialty Camp at Polster to add on any of the options.)
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Music Makers

AGES 8-12

Campers explore the world of music with professional music instructors. Every day, campers learn beginner to intermediate techniques on an instrument of their choice and participate in a master class to hone their skills. They also learn to play their favorite tunes from animated movies with their friends. To end the week, campers show off their new skills with a performance for family and friends. No previous music experience is required to start this music journey! With Music Makers, campers will be ready to take their music skills to the next level in private music lessons, after the week is over.

July 24-July 28	9am-12pm	\$200	Polster Clubhouse– Upstairs	+ Early Drop Off/Late Pick Up & Transportation (Must add a PM Specialty Camp at Polster to add on any of the options.)
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Rock Band Minor

AGES 12-15

Campers learn the fundamentals of playing and performing in a Rock Band. With experienced professional musicians and instructors leading the way, campers explore different instruments, improve technique, write and perform songs, and discover the history of rock music. Not to mention, they will get to show off their skills to an audience of friends and family during the Friday afternoon performance. This camp is perfect for musicians who have at least six months of private lesson experience on guitar, bass, keyboard, drums, or vocals.

July 24-July 28	12:30pm-3pm	\$300	Polster Clubhouse–Upstairs	
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Rock Band Major

AGES 16-18

Campers learn the fundamentals of playing and performing in a Rock Band. With experienced professional musicians and instructors leading the way, campers explore different instruments, improve technique, write and perform songs, and discover the history of rock music. Not to mention, they will get to show off their skills to an audience of friends and family during the Friday afternoon performance. This camp is perfect for musicians who have at least six months of private lesson experience on guitar, bass, keyboard, drums, or vocals.

Cooking Camps | Ages 5-12





One Week Camps Half & Full Day Camps

Get your hands dirty in the garden, kitchen, and ceramics studio with our cooking camps hosted by our Centers for a Healthy Lifestyle (CHL)!



2 Locations!

Harper Clubhouse

533 Lomas Santa Fe Dr, Solana Beach

Griset Clubhouse

1221 Encinitas Boulevard, Encinitas

Contact

Sheryl Cohen scohen@bgcSanDieguito.org (858) 436-7502

Registration is through Boys & Girls Clubs of San Dieguito's Campsite platform. To register, visit:

Brought to you by our

Center for a Healthy Lifestyle



EARLY DROP OFF/LATE PICK UP, TRANSPORTATION, PM CAMP ADD-ON OPTIONS

7:30AM-9AM AND/OR 3PM-5:30PM

Early Drop Off/Late Pick up is available to campers that need care before and after our scheduled program time. This add on option is only available when both an AM & PM specialty camp is selected. (\$40 per week)

Transportation between Clubs is available to campers registering for a FULL DAY of camps. (\$70 per week–includes Early Drop Off/Late Pick Up)

PM Day Camp Add-On: For campers attending an AM specialty camp that need a full day camp option. (\$130 per week (includes Early Drop Off/Late Pick Up)

Please see page 8 for complete details.

bgcSummerCamps.org

Cooking Camps | Ages 5-12



Farmers Market

AGES 5-7, 8-12 Campers spend time in the kitchen learning how to make delicious snacks, and baked goods. Campers learn how to harvest produce from the garden and prepare them by chopping, pickling, preserving, and baking. On the last day of camp, parents are invited to purchase our delicious offerings at our Farmers Market. The children will create advertising, and handle the Market's set up and monetary transactions.

Λαος Ε 7	June 12-June 16				
Ages 5-7	June 26-June 30	\$330	9am-12:30pm	Harper	+PM Day Camp Add On
A = = = 0 12	June 5-June 9		9am-12:30pm	CHL	at Harper-\$130
Ages 8-12	June 20-June 23	\$270			

Ceramics & Baking

AGES 8-12 Campers spend half the day in the kitchen baking cupcakes, cookies, quick breads, glazes and frostings from scratch. The other half of the day is spent in our ceramics studio, learning how to work on the wheel by making pots, plates and artful pottery.

July 24-July 28	9am-3pm	\$395	Griset CHL	+ Early Drop Off/Late Pick Up Add-On + Transportation Add-On
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Foods Around the World

AGES 8-12 Explore flavors from different regions. Each day campers learn about various cultures and explore the cuisines and traditions surrounding the foods we cook and bake.

Cupcake Wars

AGES 8-12 Campers learn the fundamentals of baking quick breads, cup cakes, mini bundt cakes and frosting techniques. For the competition; campers will show off their creative skills and creativity through decorating. On the last day campers will work in teams using secret ingredients to compete for top baker prizes.

Aug 7-Aug 9	9am-12:30pm	\$250	Griset CHL	+ PM Day Camp Add On at Griset- \$78	
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Baking Wars

AGES 8-12 Campers learn fundamental baking techniques like measuring, folding, whisking and reading recipes. They work in teams to make cupcakes, quick breads, cake bombs and learn fun decorating techniques. At the end of the week campers face off in a competition.

Ju	uly 17-July 21	9am-12:30pm	\$330	Harper CHL	+PM Day Camp Add On at Harper–\$130	
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Ceramics & Cooking

AGES 8-12 Campers spend half the day in the kitchen honing their knife skills, harvesting bounty from our garden and learning preparation techniques for delicious healthy snacks and meals. The other half of the day is spent making pottery in our ceramics studio, throwing on the wheel and making functional art pieces.

July 31-Aug 4	9am-3pm	\$395	Griset CHL	+ Early Drop Off/Late Pick Up Add-On + Transportation Add-On
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Teen Camps | Ages 12-14, LIT Ages 13-15





One Week Specialty Camps Full Day 9am-3pm



EARLY DROP OFF / LATE PICK UP ADD-ON

7:30AM-9:30AM AND/OR 3:30PM-5:30PMSee page 8 for complete details.

Our Adventure Teen Camps are specifically geared toward allowing teens to have fun while socializing and enjoying age appropriate activities. Teens have the opportunity to experience a wide range of activities throughout the summer in our week long camps.

Teen Service & Leadership

AGES 12-14 This camp is a unique opportunity for your teenager to develop a love for community service and leadership. Our Service and Leadership camp includes a variety of service opportunities for your teen to explore new passions for the community. Intertwined within service projects are opportunities for leadership, teamwork, problem solving, and relationship building. Each hour of community service will be properly documented providing credit for the service hours completed. Help make an impact on your local community while making friends, learning, and leading.

June 12-June 16	\$075	Harnor Chubbougo	
July 10-July 14	\$275	Harper Clubhouse	

Teen Ultimate Adventure Outing

AGES 12-14 Campers will have the experience of a lifetime taking fun filled day trips! Join our jam packed adventure outings camp where teen campers have the opportunity to visit local attractions and theme parks while building positive friendships with their peers and our staff in a safe environment. Weekly adventures include some of the following trips/activities (based on dates and availability): movies, bowling, trampoline park, ice skating, local beaches, Belmont Park, San Diego Zoo, Wave Waterpark, and other local attractions. View the Parent Info Packet for trip schedule each camp week.

June 26-June 30	*075	61.11	
July 24-July 28	*3/5	Harper Clubhouse	

Leaders In Training

AGES 13-15 The LIT program gives our older members an opportunity to participate in our camps program in a more helpful role while gaining community service hours. Limited spots available. Application must be submitted and approved before registering. Complete details can be found on the LIT application on page 17. \$135 per week from 9am-3pm

WEEK#	1	2	3	4	5	6	7	8	9	10
BEGINS	6/5	6/12	6/20	6/26	7/3	7/10	7/17	7/24	7/31	8/7
LEADERS IN TRAINING (LIT)										
Del Mar Clubhouse	•	•	•	•	•	•	•			
Harper Clubhouse	•		•		•		•	•		•
Polster Clubhouse		Closed due to construction								
Griset Clubhouse	(3-	(3-week summer program only)								

Teen sports and music camps available. See corresponding pages for more info.

Leaders In Training (LIT) Application



The LIT program gives our older members an opportunity to participate in our camps program in a more helpful role. What's great about our LIT program is not only do our members get the chance to work with campers and share their passion and interests, but they also get the hands on experience of working side by side our wonderful team of staff. All of our LIT's also have the opportunity to use their LIT hours 9am-3pm as community service hours to fulfill any graduation requirements. FEE: \$135 per week, limited spots available. Application must be submitted and approved before registering for this program. Please email completed application to Camp Director, Candace Gerlach at cgerlach@bgcSanDieguito.org.

*LIT candidates may request a camp location/specialty camp to participate at. Requests must be approved by Camp Director prior to participation. Transportation is not provided and hours of operation may vary by location.

Street Address	' '		'			'			
City State Zip Code Cell Phone Date of Birith	First Name				MI	Last Name		Email Address (Please list p	parent/guardian if preferred)
Date of Birth Between State Please select one of the following for great purposes. Science Fantasy (Superhero, Princess, Star Wars, Comics, Harry Potter) Science Fantasy (Superhero, Princess, Star Wars, Comics, Harry Potter) Star Wars, Comics, Ha	Street Addre	ess						Home Phone	
Hours & Days Available Hours & Days Available	City				State	Zip C	de	Cell Phone	
Please select one of the following for grant purposes. Clerical Help Science	Date of Birth	h					Ethnicity	Aross of Inte	area d
Mon Tues Wed Thurs Fri African American Gomputers Sar Wars, Comics, Harry Potter Games African American Hispanic/Latino Sports / Fitness Games Afrenoon Dance American Hispanic/Latino Dance Games Afrenoon Dance Theater Morning Morning Markenoon Morning Markenoon Morning Markenoon Ma	Uoure &	Dave	Avai	lahla			Please select one of the following for grant purposes.	☐ Arts & Crafts	☐ Music
Morning	nours &	_						•	
Afternoon Dance Theater Theate		Mon	Tues	Wed	Thurs	Fri		·	
Other								☐ Dance	☐ Games
What makes you a good candidate for the LIT Program with Boys & Girls Clubs of San Dieguito? Have you ever been convicted of any crime? (Exclude convictions for marijuana-related offenses for personnel use more than two years old; convictions that have been sealed, expunged or legally eradicated, and misdemeanor convictions for which probation was completed and the case was dismissed). Yes □ No □ This company will not deny volunteerism to any applicant solely because the person has been convicted of a crime. The company however, may consider the nature, date and circumstances of the offense as well as whether the offense is relevant to the duties of the volunteer position applied for. References Name Relationship Phone/Email I understand that I may be required to submit to a background check and that my status is conditional pending results. Signature of Parent/Guardian	Atternoon							☐ Theater	
Name Relationship Phone/Email I understand that I may be required to submit to a background check and that my status is conditional pending results. Signature of Parent/Guardian	Have you eve sealed, expui This company and circumst	er been co nged or lo y will not ances of t	onvicted egally e	of any cr radicated	rime? (Exc , and misc m to any a	lude co demear	victions for marijuana-related offenses for or convictions for which probation was com t solely because the person has been convi	pleted and the case was disnicted of a crime. The company	nissed): Yes 🗆 No 🗆
I understand that I may be required to submit to a background check and that my status is conditional pending results. Signature of Parent/Guardian Date	Name					Relati	onship	Phone/Email	l
Signature of Parent/Guardian Date	Name					Relat	onship	Phone/Email	I
	I understar	nd that	I may l	oe requ	ired to s	ubmit	to a background check and that my	status is conditional pe	ending results.
Applicant Signature Date	Signature of	Parent/G	uardian					Date	
	Applicant Sig	nature _						Date	

Upon completion of application please scan and email to cgerlach@bgcSanDieguito.org or drop off at any of our Clubhouses in an envelope marked: ATTN: Camp Office/LIT Program



Sports Camps | Ages 5-14





One Week Camps Half Days AM Only 9:30am-12:30pm

Transportation between clubhouses is not available this summer. Campers must be dropped off at the designated location for their specific camps. PM Day Camp Add On option is available for specific sports camps for an additional fee. This option includes Early Drop Off/Late Pick Up along with PM Day Camp. Please view camp descriptions for availability.

Brought to you by

Attire

Please wear appropriate clothing for running and warm weather. Running style shoes, water bottle, daily snack, and sunscreen required. Sun protection such as hat or sunglasses are recommended.

Field Hockey Camp, Girls

AGES 8-14 This camp is for girls of all skill levels and is designed to be fun and instructive. Our goal is to help develop field hockey skills, strategic understanding of the game, and make each camper a versatile player. Camp coaches include current middle school coaches as well as collegiate players. Bring your own stick and mouth guard.

June 12-June 16	\$195						
July 3-July 7	\$175	Earl Warren Middle School Field					
July 10-July 14	\$195	Wilder Correct Food					
+ PM Day Camp Add-On Available							

Flag Football Camp, COED

AGES 8-14 Has your camper ever wanted to be a part of the Super Bowl? Here is their chance to get started! Spend the week learning the game of flag football in a non-competitive environment. Campers learn and improve their skills through drills, exercises, and scrimmages.

June 20-June 23	\$175	Earl Warren					
June 26-June 30	\$195	Middle School Field					
+ PM Day Camp Add-On Available							

Laser Tag Adventure, COED

AGES 8-14 Campers compete in laser battles each day. This half day camp lets players compete by tagging each other with harmless laser beams. After each game, players can check their scores and see how many times they were tagged and how many points they racked up. The week culminates with a tournament on the final day to see which team will reign supreme.

July 31-August 4	\$195	Harper Clubhouse				
+ PM Day Camp Add-On Available						

**Financial assistance available

Tennis & Pickleball Camp, COED

AGES 8-14 Campers focus on building basic tennis and pickleball skills through group instruction. This camp is designed for beginning and intermediate players. Campers will begin and end their tennis and pickleball activities at San Dieguito Academy. Required Equipment: Campers must bring their own racket.

June 26-June 30	\$195	San Dieguito Academy
July 17-July 21	\$195	Tennis Courts

Sports Camps | Continued



Running Camp, COED

AGES 8-14 Help build confidence in your young runner. This camp uses a variety of running activities to build speed and endurance in a fun and recreational setting. Campers spend the majority of this half day camp running outdoors.

June 20-June 23	\$175	Earl Warren			
July 24-July 28	\$195	Middle School Field			
+ PM Day Camp Add-On Available					

Volleyball, COED

AGES 8-14 Bump, Set, Spike! Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This camp is designed for the beginner player and introduces each camper to the basic fundamentals of the game.

June 12-16	\$195	
July 3-July 7	\$175	Earl Warren Middle School Gym
July 10-July 14	\$195	Concor Cyrri
+ PM Day	Camp Ad	ld-On Available

Indoor Soccer/Futsal, COED

8-14 Pass, dribble, and shoot your way to the ultimate goal! Campers learn the basics of indoor soccer focusing on passing, dribbling, shooting and defense. Campers play soccer themed games, practice drills, develop coordination and learn the importance of team work.

July 17-July 21	\$195	Earl Warren Middle					
July 24-July 28	195	School Gym					
+ PM Day Camp Add-On Available							





Registration is through Boys & Girls Clubs of San Dieguito's Campsite platform. To register, visit:

bgcSummerCamps.org

Questions

Contact Emily Froelich at (858) 436-7506 or efroelich@bgcSanDieguito.org



SUMMER SWIM LESSONS

Our certified and trained staff provide swimmers with a positive learning experience as they train, develop, and improve proper swimming techniques and practice water safety skills. Beginner classes focus on water safety, front/back floats, basic swimming fundamentals, and help swimmers adjust to the water in a comfortable and safe aquatic environment. Lessons progress to more advanced classes that focus on improving all four competitive strokes, refining stroke technique, increasing swimming competency and endurance, and learning rescue skills.

SESSIONS	Monday Thru Thursday	Registration Deadline	Holiday, No Lesson	Total Lessons	
Session 1	June 12, 13, 14, 15, 20, 21, 22	June 8	June 19	7 Lessons	
Session 2	June 26, 27, 28, 29 July 3, 5, 6	June 22	July 4	7 Lessons	
Session 3	July 10, 11, 12, 13, 17, 18, 19, 20	July 6	_	8 Lessons	
Session 4	July 24, 25, 26, 27, 31 August 1, 2, 3	July 20		8 Lessons	

FEES	Group Lessons	Semi-Private	Private
SESSION 1 & 2	\$168	\$210	\$301
SESSION 3 & 4	\$192	\$240	\$344

Financial Assistance is available for qualifying swimmers. Applications must be completed and approved before registration can be completed. For further assistance, please contact our aquatics office listed below.

All classes run for 30 minutes Monday-Thursday

GROUP CLASSES

PRESCHOOL CLASSES 3-5 YEARS OLD

Swim diaper required for all non-potty trained children.

SAND DOLLAR (Ratio-1:3)

This class is for beginners that don't like the water/putting their faces into the water. We focus on confidence in the water. Components of floating on back and front, gliding and kicking will be introduced. Emphasis placed on getting face wet and submersion. Swim goal by end of session: distance of 5 yards.

SAND CRAB (Ratio-1:3)

This class is for beginner swimmers that like being in the water. We focus on confidence in the water, basic water skills, and essential stroke body positions. Components of freestyle and backstroke, floating on back and front, gliding and kicking will be introduced. Emphasis placed on safe water submersion and depth comfortability. Swim goal by end of session: distance of 5 yards.

SEAHORSE (Ratio-1:4)

Swimmers will continue to improve with techniques such as front arm pulls, rolling over for breathing whilst kicking. Continue to home in on back kicking with arm pulls, while practicing back balance without sinking. Swim goal by end of session: distance of 12.5 yards.

SEA STAR (Ratio-1:4)

This class builds endurance while refining freestyle and backstroke. Introduction to the butterfly kick, open turns, and treading water. This is the most advanced class for this age group. Swim goal by end of session: distance of 25 yards (1 length of pool).

YOUTH CLASSES

6-11 YEARS OLD

PENGUIN (Ratio-1:4)

This class is for beginner swimmers and focuses on confidence in the water, basic water skills, and essential stroke body positions. Components of freestyle and backstroke, floating on back and front, gliding and kicking will be introduced. Emphasis placed on safe water submersion and depth comfortability.

OTTER (Ratio-1:4)

Swimmers will learn freestyle techniques such as side breathing, body position, and proper balance, followed by backstroke techniques such as back balance kicking, arm pulls and open turns. Swim goal by end of session: distance of 25 yards (1 pool length).

SEAL (Ratio-1:5)

This class expands stroke techniques such as improving freestyle and backstroke endurance/ proficiency Butterfly, breaststroke kick and diving will be introduced in this level. While continuing to work on flip turn/open turns proficiency. Swim goal by end of session: distance of 50 yards (2 pool lengths).

SHARK (Ratio-1:5)

Focuses and emphasizes endurance building while continuing the refinement of freestyle, backstroke, and butterfly skills. Breaststroke and treading water techniques are introduced. This class prepares swimmers for RSD Swim Team! Swim goal by end of session: distance of 75-100 yards (3-4 lengths of pool).

Sunday Parent & Tot Class 18 months -36 months

(Ratio-1:6)

Adult and child are in the water with the instructor. This class emphasizes helping young swimmers adjust to the water while having fun with songs and water activities. Adult participation is required for class attendance. This class runs for 30 minutes once a week. Swim diaper required for all non-potty-trained children.

Two sessions available 3 Sundays each session):

June 18, 25, July 2	¢72	11:20-11:50am
July 16, 23, 30	\$/2	11.20-11.30am

T(W)EEN CLASSES

12-15 YEARS OLD

TWEEN/TEEN (Ratio-1:5)

This class is for novice swimmers. This class expands stroke techniques such as improving freestyle and backstroke endurance/proficiency Butterfly, breaststroke kick and diving will be introduced in this level. While continuing to work on flip turn/open turns proficiency. Swim goal by end of session: distance of 50 yards (2 pool lengths).

PRIVATE & SEMI-PRIVATE LESSONS

PRIVATE LESSON (RATIO: 1:1)

A one-on-one lesson with our experienced instructor tailored to your child's individual swimming needs.

SEMI-PRIVATE LESSON (RATIO: 1:2)

This class is taught in pairs, its required that the student finds a swimming partner. BOTH STUDENTS MUST FALL UNDER THE SAME SWIMMING ABILITY. This class is tailored to the students swimming needs.

Schedule | Group & Private Swim Lessons 2023



• = class available

9:40-10:10am 10:15-10:45am 10:50-11:20am 11:25-11:55am 12:00-12:30pm 4:00-4:30pm 4:35-5:05pm 5:10-5:40pm 5:45-6:15pm	and Dollar	Sand Crab •	Seahorse	Sea Star	Penguin	, 22		Registratio	on cioses o	n Thursday, Ju	ine 8
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REGISTRATION

Details & Questions

A separate registration form is required for each child.

Once all forms and online payments are completed, a spot will be reserved for the respective class. If the class is full, the child will be placed on a waiting list and notified the Friday before the beginning of the swim session. Please contact Aquatics Coordinator Patty Mariscal at pmariscal@bgcSanDieguito.org or Swim Instructor Assistant Jade Thompson at jthompson@bgcSanDieguito.org for any further questions regarding registration.

Register at bgcSanDieguito.org/swim-lessons

How To Register

Registration is online at

bgcSanDieguito.org/swim-lessons Under the swim lessons section:

- Select the desired class type and session from the registration chart.
- You will select the time of your class on the next step.

You will be redirected to the registration page:

- Scroll down to "SWIM LESSON NAME", click on the drop arrow, and select the desired class time.
- You must register each child individually per session.



POLICIES

Refunds

- Withdrawal requested 15 business days before
 the first day of class will receive a 100% credit on
 cancelled swim lesson to use for another session or a
 100% refund.
- Withdrawal requested 10 business days before the first day of class will receive a 100% credit to use for another session or a 50% refund.
- NO REFUNDS ARE ISSUED AFTER THE TENTH DAY OF LESSONS. We do not offer credits/refunds for missed classes due to other sports, activities, or vacations. Full or partial refunds are available on a case by case basis with a doctor's note. Credit issued in this instance based on availability.

Waitlist

If you are interested in a swim class that's full, you will need to register your child to be placed on the waitlist.

To complete the registration, you must input your credit card information. You will receive an email saying "Your registration has been sent. Please note: You have been placed on the waitlist and your credit card has NOT been charged at this time". You will not receive an invoice until you are off the waitlist.

Make-Up Classes

We do not offer make-up classes for missed classes.



Pardee Aquatics Center • (858) 755-4904 aquatics@bgcSanDieguito.org • bgcSanDieguito.org

533 Lomas Santa Fe Drive, Solana Beach, CA 92075

Our Pardee Aquatics Center differentiates us from most youth, athletic and after school centers in San Diego County. The Center is comprised of two regulation length 25 yard pools. Our competition pool has 10 lanes set at 78° and our recreational pool has 6 lanes, set at 84°. You can also enjoy our snack shop fully stocked with healthy food and drink options. We have on-site indoor and outdoor showering facilities and fully equipped indoor locker rooms and changing areas.

Registration for all summer camps

is through Boys & Girls Clubs of San Dieguito's Campsite platform.

To register, please visit:

bgcSummerCamps.org



GREAT SUMMERS START HERE.







Adventure Camps Office

533 Lomas Santa Fe Dr, Solana Beach, CA 92075 (858) 720-2180 • camp@bgcSanDieguito.org

We're not just here for the summer! Our doors are open all year long, providing quality after school programs for children and teens in San Diego County. With seven locations, seven specialty programs, and a passionate staff, your child will find their safe home away from home with us. **Become a Club Kid**