



Summer Adventure Camp 2023 Parent Information Packet

June 2023

Boys & Girls Clubs of San Dieguito will be offering a limited and modified Summer Camp Program for the Summer of 2023 at six locations: Allred Clubhouse, Del Mar Clubhouse, Griset Clubhouse, Harper Clubhouse, La Colonia Clubhouse, Polster Clubhouse.

A limited number of spots are available at each site. Families interested in a spot must register for camp online through our Campsite registration system. Spots will be assigned on a first come, first served basis. Activities are subject to change without notice.

Fee Per Week: Day Camps -\$265, Single Day Camp Pass - \$65, Specialty Camps – fees vary (Financial Assistance and Military Discount are available)

Financial Assistance: We are accepting applications on a first come first served basis. Applications must be submitted and approved prior to registration. Submission of application does not guarantee a spot in camp or financial assistance approval. Approval will be based on need and funding available.

Military Discount: 10% military discount. Proof of military service will be requested upon completion of registration.

Payments: Payments can be made by credit card online. Payment is due at time of registration. Registrations must be submitted online by Thursday the week prior to the start of camp. *Please contact Camp Office if you have any questions or need assistance with providing payment information.

Food & Water: Campers are required to bring a sack lunch each day. Please pack food items in disposable containers your camper can open without assistance. We are unable to heat up or refrigerate lunches. Campers are encouraged to bring additional snacks. We will also sell various snack items during the two scheduled snack times each day.

Parent Expectations:

- Parents are asked to support the Club in providing a safe space for our members and staff by informing the Club of any changes to their child's health.
- Parents must walk their camper(s) to the designated check-in station each day.
- If campers begin exhibiting symptoms of fever, cough, sore throat, shortness of breath, vomiting, diarrhea, or a rash staff will notify parents immediately. Parents are expected to pick up their child as soon as possible.
- Parent reminder: Campers are expected to follow Club policies surrounding behavior, hygiene and health practices.

- Parent reminder: Campers who show disregard for Club policies or exhibit intentional disruptive behavior may be asked to leave the program.
- Parents should talk with their children and reinforce the importance of compliance and safety. If parents wish for their children to wear masks while at the Club, it is up to the parent to provide the mask and to instruct the child to wear it.
- We follow CADPH Childcare guidelines. Policies may change or be adapted as public health guidelines shift.

We're All in This Together!

The Club will require all members and staff to follow CDC recommendations for reducing transmission, maintaining healthy business operations, and a healthy work environment including but not limited to:

1. Wash Hands:
 - a. Upon entry into building
 - b. After using the restroom
 - c. Before/after eating
 - d. After Outdoor Play
2. Not touch their face with their hands
3. Cough & sneeze into a tissue or inside of elbow
4. Stay home if they are sick

We are all collectively responsible for ensuring a safe environment for our members and staff. We thank you for your support in this effort as we navigate through these unique times together.

Camper Expectations:

- Campers participating in the program are expected to follow Club policies surrounding behavior, hygiene, health practices, respecting personal space, and any recommendations outlined by the CADPH.
- Campers must be able to participate in program at their designated workspace and follow instructions of staff in order to ensure their safety.
- Campers who show disregard for Club policies or exhibit intentional disruptive behavior may be asked to leave the program.
- Campers are asked to leave personal items at home.

Club Member Guide to a Fun and Safe Program:

Respect the Club Treat Your Safe Space with Care! Stay within your program space. Only utilize the supplies assigned to you. Please keep your toys and personal items at home. Remember to wash your hands before and after you use the restroom (Do not forget to hum the Happy Birthday song while you wash your hands). Wash your hands before and after you eat your snack/lunch.

Respect Each Other. Air High-Fives are Highly Encouraged! If you wake up feeling sick, let your parents know right away. Notify your Camp Staff, if you start feeling sick during your time at the club.

Try Your Best & Have Fun! Your Camp Staff Want You to Succeed! Inquire, Explore, Discover!

Feeling anxious? Tell your Staff. Have a question? Raise your hand. Always have fun and be safe!!!

Boys & Girls Clubs of San Dieguito 2023 Summer Adventure Camps Information

Camp Office:
Polster Branch
3800-A Mykonos Lane
San Diego, CA 92130
858-720-2180 (phone)
858-720-2192 (fax)
Email: camp@bgcsandieguito.org

Welcome to the 2023 season of our Summer Adventure Camps program. This letter will help you better prepare for our day-to-day activities. We look forward to an exciting summer of fun. Please post this information in a convenient place for daily referral.

CAMP LOCATIONS:

Our Summer Adventure Camps programs are available at five Boys & Girls Clubs of San Dieguito locations. Your camper's camp location depends on the type of camp he/she is signed up for. Please refer to your enrollment form or phone our camp office if you have questions. Below are the addresses of all our locations:

Del Mar Clubhouse
14125 Mango Drive
Del Mar, CA 92014
Next to Del Mar Hills Elementary School

Allred Clubhouse
12353 Carmel Park Drive
San Diego, CA 92130
Next to Carmel Del Mar Elementary

Griset Clubhouse
1221 Encinitas Blvd
Encinitas, CA. 92024

Harper Clubhouse
533 Lomas Santa Fe Drive
Solana Beach, CA. 92075

Polster Clubhouse (CAMP OFFICE)
3800-A Mykonos Lane
San Diego CA 92130
Next to Carmel Valley Middle School

La Colonia Clubhouse
715 Valley Ave.
Solana Beach, CA 92075

CAMP OFFICE:

The camp office for all locations is located at the Polster Branch. If you have questions or concerns or want to sign up for additional days please contact the Polster Branch. We can be reached at (858) 720-2180. This number will enable you to make contact with the camp director. During evenings and weekends, please leave a message and we will call you back as soon as possible.

CAMP REGISTRATION:

You can register for camps online at <http://bgcsandieguito.org/registration/adventure-camps/>
All camp fees must be paid prior to your camper's attendance. Currently we are only accepting payment online by credit card. If you do not wish to pay by credit card online and would like to pay in person by check or cash, registration will be completed once we receive your payment. Please contact your Clubhouse Manager or the Camp Office to make payment arrangements. Your camper's registration will be complete once a payment is received and processed.

*Financial Assistance is available to those that qualify. Please contact the Camp Office for more information. Please submit paperwork at least 2 weeks prior to camp start for review.



PERSONAL ITEMS:

No Personal items may be brought to camp. Please leave all personal items, backpacks, electronic devices at home.

BEHAVIOR POLICY:

Adventure Camps reserves the right to suspend or remove any child from the program whose behavior is a deterrent to the safety and well being of the other campers and/or staff. Documented incident reports will be maintained in cases of disruptive or undesirable behavior. Receiving more than three incident reports during the camp season may be cause for immediate dismissal from the program. Whenever possible, parents will be contacted and asked to help before a suspension or program removal may become necessary. There is no refund or credit given for suspensions or expulsions. All situations are unique and the final decision will be made by the Camp Director.

Camp Rules to review with your camper

- We treat camp staff and fellow campers with respect.
- We only use positive and appropriate words.
- We keep our hands to ourselves.
- We work together to solve problems.
- We respect camp property as well as the property of other campers.
- We use camp equipment properly and safely.
- We run outside.
- We eat and drink outside.
- We use indoor voices when inside.
- We follow directions.
- We come to camp ready to participate & HAVE FUN!

CAMP ATTIRE:

Campers should come to camp in attire appropriate for outdoor activities. Sandals or open toed shoes should not be worn to camp. Please make sure that your camper is dressed appropriately for the day's activities. We suggest that campers wear shorts or pants as dresses or skirts may inhibit their participation in some activities. All slogans, designs and logos on clothing must be appropriate. The staff reserves the right to ask your child to turn any shirts inside out or to remove any baseball caps if they are not appropriate. On swim or water activity days, campers should bring the proper swim attire and towel along with normal camp clothing. Sunscreen and a hat are always recommended.

CAMP HOURS:

7:30am – 5:30pm **Summer Day Camps**
9/9:30am – 12/12:30/3:00pm **Summer Specialty Camps**

After Hours Pick Up Fees

There is a late pick up fee of \$1.00 per minute for every minute that your child remains at camp after closing. This fee will be charged to the credit card on file the next business day. If you have an emergency that will delay you in picking up your camper, please notify the Camp Office as soon as possible.

SIGN-IN/SIGN-OUT & CAMPER PICK-UP AUTHORIZATION:

Please notify the Camp Office anytime your child will be picked up by someone other than a parent or guardian listed on the campers registration. The staff will question anyone who is unfamiliar to them, requesting that a form of photo identification be shown before the camper is released. If someone shows up to pick your camper who is not authorized, **we will not** release your child to them until we have contacted you. ***Please inform us of certain persons not permitted to pick up your camper.***

Custody Situations

If a parent is not allowed to pick up a camper, we require a copy of the custody papers be on file at the club. If that parent attempts to pick up the child, the camp staff will notify the custodial parent immediately. The staff will not forcibly deny the restricted parent from picking up the child. Please discuss the situation with your child and inform the camp office of any changes.

CAMPER ILLNESS:

Campers must be healthy enough to participate in daily camp activities. Please do not send your child to camp if they are not feeling well enough to participate as we do not have facilities to accommodate sick children. If your child becomes ill while at camp, you will be asked to pick up your camper immediately. If the parent or guardian cannot be reached, the emergency contact will be notified. It is the responsibility of the parent to arrange for pick up from camp as soon as possible. *If your child has been exposed to a contagious disease please inform camp staff immediately.* For the safety of the other members and the staff, a doctor's note may be required before your child may return to camp.

If you are keeping your child home due to illness, please contact the camp office by 8:30am and let the camp staff know of your camper's absence. If your child has a fever or vomiting/diarrhea, please make sure they remain at home 24 hours after their temperature/symptoms return to normal.

The following are defined as illness or communicable health problems:

- Conjunctivitis (pink eye)
- A chronic runny nose with colored discharge
- A chronic cough
- A fever
- Vomiting or upset stomach
- Signs of general fatigue or discomfort
- An open rash
- Head lice
- COVID-19

Please notify the Camp Office if your child or any member of your immediate household develops a communicable condition (as defined by the local health department), such as COVID-19, pink eye, chicken pox or head lice. Parents are responsible to notify the Camp Office within 24 hours or the next business day. In the case of a life-threatening illness, please notify the Camp Office immediately. It is important for us to report cases of illness.

Head Lice: Lice can spread very easily from child to child especially during summer months! We have a **NO NIT** policy at the Boys & Girls Clubs of San Dieguito. Parents will be contacted and required to pick up their camper as soon as possible in the event lice or nits are found. Before a camper can return to camps, all nits must be removed and lice treatment given. Please contact the Site Supervisor at your camp location and set up a scalp check prior to the next date of attendance for your camper. Refunds for camp fees will not be given for days missed due to lice. In the interest of keeping our clubs lice free, a head check of all campers attending on the day of report and the next camp day may be conducted. A notice will be emailed and posted at camp locations. It is the responsibility of the parents to continue checks at home and REPORT to us.

Lice are small bugs that attach themselves to hair follicles and are very easily spread from child to child through head to head contact, backpacks, sharing of brushes, jackets, stuffed animal toys, carpets, pillows, and many other fabric items. Lice will attach them to a strand of hair and secure their eggs 5 cm to 1 inch away from the scalp and will cause the scalp to itch. It is very important that once lice are detected that they are removed immediately from the head, as they can spread easily throughout your home and to other family members. HELPFUL HINT: Wearing long hair up in a pony -tail, braids, or bun is helpful in reducing transference of lice from one camper to another.

Please check your child's hair for lice thoroughly and make sure you and your other family members are lice-free before entering the Boys and Girls Club or school. Your child must be nit free before returning to the Boys and Girls Clubs of San Dieguito. The best way to ensure your child gets rid of lice is by purchasing a good lice comb and to continue combing every two or three days for the next two weeks. If you have questions or are seeking assistance with removal, please visit <https://www.lcasandiego.com/> for more information.

LUNCHES & SNACKS:

Campers must bring a sack lunch from home each day. Please pack a healthy and balanced meal. No soda please! Please do not send food or drinks in glass containers. Lunches will not be refrigerated or reheated. Freezing lunches and juice the day before will help preserve the food. Please mark your disposable lunch bag with your campers first and last name.

Camp staff will not assist with food preparation or pre-heating meals. We do not sell lunches or snack items in place of a lunch meal. If your camper does not have a lunch, you will be notified and asked to bring a lunch for your camper. We request Campers bring re-fillable water bottles each day.

Snack

Campers burn a lot of energy at camp each day and are always hungry! We ask that you pack extra healthy snack items for your camper. If you have a younger camper, please consider sending snack and lunch in separate bags or containers. Snack time occurs twice daily during the 10am hour and 3pm* hour. *Afternoon snack times may vary depending on the camp activity. Prices range from \$0.50 - \$2.00. Snack items are not sold as a substitute for lunch.

MEDICATION:

Parents must complete and sign a medication form which is kept on file. Only prescription medicine will be dispensed. Medication must be in the original bottle with the camper's name and time medication should be given imprinted on it. Campers are responsible for getting their medication at the appropriate time from the designated camp staff.

CLUB PHONE/CELL PHONE USAGE:

Campers may use the club phone for emergencies only. We request that parents call their children in emergency situations only. PLEASE LEAVE CELL PHONES AT HOME.

TOILETING/ACCIDENT POLICY:

Camp staff does not provide toileting assistance but will address a toileting accident in a respectful manner. If you have a younger camper, please consider sending an extra pair of bottoms and undergarments in their backpack in the case of an accident. Please label all belongings.

The staff of The Boys and Girls Clubs of San Dieguito makes a special effort to meet the needs of each family. Please do not hesitate to call our office at 858-720-2180 or email us at camp@bgcsandieguito.org if you have any questions or concerns.





BOYS & GIRLS CLUBS OF SAN DIEGUITO
(BGC San Dieguito)
2023 Summer Adventure Camps
Terms & Conditions

1. Campers should wear appropriate attire suitable for outdoor play. No open toed shoes. Hat and sunscreen are highly recommended.
2. All camp fees must be paid in advance.
3. There is a \$25 charge on all returned checks.

4. **SUMMER ADVENTURE CAMPS CREDIT/REFUND POLICY:** Upon registration, participants assume responsibility for their attendance. Camp days are non-transferable and cannot be credited towards other Boys & Girls Clubs of San Dieguito programs. All requests must be approved by the Camp Director. We are happy to consider requests based on the following:

CREDITS: Out of respect for campers on wait lists, all requests for camp credits must be submitted in writing at least 5 business days prior to the camp start date. (REFUND/CREDIT Request Form) One of the following may be requested:

- Transfer to another Day Camp/Specialty Camp week (less a \$10 transfer fee will be applied for each camp week transferred). Current camp rates apply. Previous discounts cannot be applied towards additional camps that are being added. *Transfers are subject to availability.
- Credit toward Summer Adventure Camps 2024 season, which expires one year from date of issuance and can be used by a sibling if requested (\$25 cancellation fee will be applied for each camp canceled).
- Credit requests or transfers will not be accepted after the start of the camp week.

REFUNDS: After the start of the 2023 summer camps season, June 5, 2023, **refund requests will only be accepted/reviewed if a camper cannot participate in camp activities due to medical reasons and is excused by a doctor.** To submit a refund request, please complete the REFUND/CREDIT REQUEST FORM and submit **along with the written medical excuse from your child's doctor or medical facility excusing them from camp participation.** All documents need to be turned in to the Camp Office by email, campoffice@bgcsandieguito.org.

Refund requests must be submitted by email at least 48 hours **prior** to the start of the camp week you are requesting. Upon approval, all refunds will be charged a \$25 administrative processing fee per Specialty Camp or Day Camps week refunded. **REFUND REQUESTS WILL NOT BE ACCEPTED AFTER AUG. 9, 2023.**

- If a medical issue arises during the camp week and your camper misses 3 or more days of Camp, a written medical excuse from the Dr. must be submitted to the Camp Office along with REFUND/CREDIT REQUEST FORM no later than 5 days after the end of the specific camp week you are requesting a refund for. A pro-rated credit/refund or transfer to Day Camps may be requested for the 3 or more days missed for that week.

TERMS & CONDITIONS CONT.

*DAY CAMPS: No credits or refunds will be issued for unused or missed Day Camp days. Unused days may only be transferred to a sibling.

- In the event the Boys Girls Clubs of San Dieguito cancels a Specialty Camp, a credit/refund will be automatically issued depending on your preference.

- Due to vendor agreements certain camps and field trips may not be eligible for credits or refunds.

- All final decisions are subject to Camp Director's approval. (Please allow 5-7 business days for review. You will be contacted by email upon completion of review.)

REFUND/CREDIT Request Form can be found on the parent dashboard under the FORMS tab.

5. Any camper found stealing at BGC San Dieguito, on a field trip or outing will be dismissed immediately. BGC San Dieguito reserves the right to dismiss a camper without advance notice for non-payment, or other reason deemed valid by the Camp Director.

6. There are no refunds for dismissed campers.

7. The BGC San Dieguito is not responsible for lost or stolen articles. Please do not send valuable items to camp with your camper.

8. Any camper not attending a scheduled camp day must notify the camp office in advance by 8:30am.

9. All camper days must be taken during the 2023 Summer Adventure Camps season.

10. BGC San Dieguito reserves the right to bill parents for any damages a camper might cause either at camp, on a field trip, to camp operated vehicle, or camp computers.

11. BGC San Dieguito reserves the right to adjust activities, dates and times within the program.

12. It is the responsibility of each camper parents or guardian to provide him or her with a nourishing lunch. Lunches need to be labeled clearly with his/her name. Please send food items in a disposable container. We cannot heat up or refrigerate lunches for campers.

14. I hereby give my permission to my child to become a member of the BGC San Dieguito.

15. I hereby give my consent for the BGC San Dieguito member named above to participate in off-site BGC San Dieguito events and field trips.

16. In an emergency, the undersigned authorize BGC San Dieguito to obtain the services of such doctor, hospital, dentist or others as BGC San Dieguito shall determine for the benefit of the BGC San Dieguito member named above and the undersigned agree to pay for all medical, dental or hospital or other services required for the benefit of the BGC San Dieguito member named above. The undersigned shall reimburse BGC San Dieguito for all expenses incurred in connection with said emergency. The undersigned hereby waive any and all claims they may have against BGC San Dieguito relating to medical, hospital, surgical and dental care furnished to the BGC San Dieguito member named above pursuant to this agreement and agree to hold BGC San Dieguito free and harmless from all claims that the BGC San Dieguito member, the undersigned and others may have in relation to emergency treatment and services rendered pursuant to this agreement. This authorization shall remain in effect until revoked in writing and delivered to agent of BGC San Dieguito.