

#### BOYS & GIRLS CLUBS OF SAN DIEGUITO

GREAT SUMMERS START HERE

## SCHOOL'S OUT FOR THE SUMMERI THE CALL IN THE SUMMERI

The Boys & Girls Clubs of San Dieguito is an organization dedicated to providing POSITIVE activities to develop the education, health, self-esteem and character of youth.

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BOYS & GIRLS CLUBS OF SAN DIEGUITO

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## GET READY FOR THE Best Summer Ever!

## LOCATIONS

#### **BRANCHES**

ALLRED BRANCH • CARMEL VALLEY 12353 CARMEL PARK DRIVE, SAN DIEGO, CA 92130 (858) 793-9196

DEL MAR BRANCH • DEL MAR 14125 MANGO DRIVE, DEL MAR, CA 92014 (858) 481-4116

GRISET BRANCH • ENCINITAS 1221 ENCINITAS BLVD., ENCINITAS, CA 92024 (760) 753-6351

HARPER BRANCH • SOLANA BEACH 533 LOMAS SANTA FE DRIVE, SOLANA BEACH, CA 92075 (858) 755-9371

POLSTER BRANCH • CARMEL VALLEY 3800-A MYKONOS LANE, SAN DIEGO, CA 92130 (858) 720-2180



CANYON CREST ACADEMY • CARMEL VALLEY 5951 VILLAGE CENTER LOOP RD., SAN DIEGO, CA 92130 (858) 720-2180 - SATELLITE LOCATION

#### **PROGRAMS**

ADVENTURE CAMPS • AVAILABLE AT ALL BRANCHES 3800-A MYKONOS LANE, SAN DIEGO, CA 92130 (858) 720-2180



#### ATHLETICS DEPARTMENT

POLSTER BRANCH 3800-A MYKONOS LANE, SAN DIEGO, CA 92130 (858) 720-2185 GRISET BRANCH 1221 ENCINITAS BLVD., ENCINITAS, CA 92024

(760) 479-2099

CARMEL VALLEY MONTESSORI SCHOOL • POLSTER BRANCH 3800-A MYKONOS LANE, SAN DIEGO, CA 92130 (858) 720-2181

CENTER FOR A HEALTHY LIFESTYLE

HARPER BRANCH 533 LOMAS SANTA FE DRIVE, SOLANA BEACH, CA 92075 GRISET BRANCH 1221 ENCINITAS BLVD., ENCINITAS, CA 92024 (858) 436-7502

PARDEE AQUATIC CENTER • HARPER BRANCH 533 LOMAS SANTA FE DRIVE, SOLANA BEACH, CA 92075 (858) 755-4904

**YOUTH ARTS ACADEMY • POLSTER BRANCH** 3800-A MYKONOS LANE, SAN DIEGO, CA 92130 (858) 720-2194







# GENERAL INFO & HOW TO

Registration is required for all members participating in the Boys & Girls Clubs of San Dieguito programs. Registration is program specific and more information can be found on each specific program page. Registration links for all of our programs can be found on our website www.bgcSanDieguito.org.

#### **ONLINE REGISTRATION**

Boys & Girls Clubs of San Dieguito is trying to reduce our carbon footprint! Please register online for the following:

- Adventure Camps
- Athletics
- Aquatics
- Carmel Valley Montessori School
- Youth Arts Academy

Registration links for our programs can be found on our website www.bgcSanDieguito.org/registration

If you need assistance with registration, please contact your local Clubhouse or Program Director by phone, email or just stop by. We will be more than happy to assist you with your registration needs. Registrations will be processed in order of date received. Incomplete registration forms will not be processed. Please make sure to include accurate email so a confirmation receipt of registration can be sent.





#### **PROGRAM FEES**

The Boys & Girls Clubs of San Dieguito offers a variety of classes and programs. Our fees are program specific. For more information about fees please visit your program section, visit our website or contact your local Clubhouse or Program Director. All fees must be paid prior to program start date.

#### FINANCIAL ASSISTANCE/SCHOLARSHIPS

The Boys & Girls Clubs of San Dieguito Financial Assistance/Scholarships provides opportunities for our members to participate in our programs and services offered at our Clubs. Financial Assistance/ Scholarships are program specific and on a limited basis. All Financial Aid paperwork is kept confidential and must be filled out completely and turned in at least 5-7 business days prior to the program start date to allow for processing. Incomplete or late applications may delay processing time. All fees must be paid prior to start of program. For more information or to request an application please contact your local Clubhouse or Program Director.

#### **CREDIT/REFUND POLICY**

If the Boys & Girls Clubs of San Dieguito cancels a program, class, or camp a full refund will be issued in the amount paid or credit for another program, class, or camp during that session will be offered. Credits are program specific and cannot be used towards other BGC of San Dieguito programs. Credits are non-transferable between members and programs. More information about our Credit/ Refund Policy can be found online for your specific program or on the program page.

**Disclaimer:** The Boys & Girls Clubs of San Dieguito program/class/camps schedule, fees, staff, instructors, and policies & procedures are subject to change without notice.

ADVENTURE CAMPS AT A GLANCE

## **ADVENTURE** AMPSTA

#### JUNE15-AUGUST20 **FOR AGES 5-15**

**HALF DAY OPTIONS** FOR AGES 5-7

**CAMP PRICES AS LOW AS \$145** 

> DAY **CAMPS AGES 5-13** PAGE 11-12

5	AM/PM   AGES 5-7	Page #
à	Camp & Swim (AGES 6-12)	18
	Junior Surf Shack Cooking Camp 🐝	14
	Little Arts & Crafts Adv.	14
A	Little Cheer Adventures	14
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	Little Fairytale Adventures	14
	Little Fitness Adventures	14
	Little Frozen Adventures	15
	Little Hip Hop Jammers	15
	Little Magic Adventures	15
	Little Musical Theater Adv.	15
	Little Princess Adventures	15
	Little Rhythm Adventures	15
	Little Scientific Adventures	15
	Little Seuss Adventures	16
	Little Sports & Games	16
	Little Superhero Adventures	16
	Little Tennis Adventures	16
	Little TuTu & Twirl Adventures	16
	Little Under Construction Adv.	16
	Mini Flag Football	16
	Mini Hoops	17
	Mini Rhythmic Gymnastics Adv.	17
	Mini Soccer Adventures	17
	Mini T-Ball Adventures	17
	Pinkalicious Adventures	17
	Planes, Trains & Automobile Adv.	17
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0	AGES 8-12*	Page #
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	Bar B Code/Surf & Turf* 巅	20
	Camp & Swim (AGES 6-12)	18
ļ	Ceramic & Craft Adventures	20
	Comic Adventures	20
	Cooking, Coding & 🐇	20
1	Digital Photography Adventures	20
	Do It Yourself (DIY)	20
)	Dramatic Adventures	21
	Farm to Table Cooking Camp 🐇	21
	Girl Power*	21
	Musial Theater Adventures	21
	Pop Up Restaurant Cooking Camp 👹	21
	Scientific Adventures	21
	So You Think You Can Dance (SYTYCD)	22
	Star Wars Adventures	22
	Super Shock Hip Hop	22
	Ultimate Adv. of Harry Potter	22
	Under Construction	22
	Vocal Superstars	22
	*Please see camp descriptions for age restrictions.	

#### **ADVENTURE CAMPS** AT A GLANCE

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Cheer	23
Dodgeball & GaGa	23
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Fitness & Fun*	24
Flag Football	24
Golf	24
Indoor Soccer	24
Lacrosse	24
Multi Sports	24
Rhythmic Gymnastics	24
Rugby	24
Tennis	24
Volleyball	24

AGES 12-14*Page #Bar B Code/Surf & Turf*25Exploring San Diego25(TEEN) Fitness & Fun*25Girl Power*26Multi Sport26Rugby26Service & Leadership26Surf Camp*26Ultimate Adv. Outings26Wet N Wild Adv.26*Please see camp descriptions for age restrictions.	-		
Exploring San Diego25(TEEN) Fitness & Fun*25Girl Power*26Multi Sport26Rugby26Service & Leadership26Surf Camp*26Tennis*26Ultimate Adv. Outings26Wet N Wild Adv.26*Please see camp descriptions for age	7	AGES 12-14*	Page #
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		descriptions for age	

## 1422 SUMMER SLEEPOVER!

Sleep over at the Boys & Girls Clubs of San Dieguito Polster Branch! Here is your chance to stay after hours with all of your friends! Campers will have a blast playing games like flashlight tag, swimming at the local pool, watching movies, and creating fun art projects. This will be a night to remember! Campers attending the Summer Sleepover will be brought to the Polster Branch after 3:30pm on Friday July 17, 2015. Campers need to be picked up at the Polster Branch on Saturday morning by 9:00am. Dinner, snacks, and breakfast are included. Additional sleepover information will be provided after registration.

## **FRIDAY, JULY 17<sup>TH</sup>** AT THE POLSTER BRANCH

Ages 5-13 \$60 per camper Leadership In Training (L.I.T.) Ages 14-15 \$30 per camper



## **ABOUT US**

Our staff is here to ensure your camper is having the ultimate summer camp experience and to help create memories that will last a lifetime. Our staff is CPR and first-aid certified, as well as drug-tested and background-checked. Each staff member is selected for his/her experience, expertise, and enthusiasm. These individuals are excited about the opportunity to teach our campers how to succeed in their activities.

#### SUMMER CAMP SEASON 2015 JUNE 15 - AUGUST 20\*

REGISTRATION OPENS MARCH 9th!

\*CAMPS CLOSED JULY 3RD & AUGUST 21ST \*GRISET BRANCH RUNS JUNE 22 - AUGUST 14TH

#### A TYPICAL CAMP DAY

FULL DAY: 9:00 am - 3:00 pm HALF DAY PROGRAM FOR JUNIOR SPECIALTY CAMPS: 9:00am - 12:00pm and/or 12:30pm - 3:30pm

Campers may be dropped off as early as 8:45 am and must be picked up by 3:00pm (3:30pm for Junior Campers). If you will need to drop off or pick up outside of these times please sign up for our early drop off/late pick up program.

#### EARLY DROP OFF & LATE PICK UP

Times vary by location. Campers may enroll in the early drop off/late pick up program for a \$30 per week fee as follows:

Griset, Harper, and Polster Branches:

7:30 am - 9:00 am **AND/OR** 3:00 pm - 6:00 pm **Allred Branch**: Allred campers signing up for this option will have AM drop off at the Polster Branch and PM pick up at the Allred Branch. Drop off between 7:30-9am at Polster and pick up between 3-6pm at Allred.

**Del Mar Branch:** Campers attending the Del Mar Branch may be dropped off/picked up at the Griset, Harper, or Polster Branch locations. We will transport campers between these locations.

#### TRANSPORTATION

Free transportation is available for specialty camps only between the Carmel Valley, Del Mar, Encinitas, and Solana Beach locations. Families can drop off a camper at the Harper, Griset, or Polster location and the camper will be transported to and from his/her camp location. Please Note: Campers wishing to use the free transportation option must sign up for the Early Drop Off/Late Pick up Program at time of registration. Campers must be dropped off no later than 8:30am, and will be returned to their home location after 3:30pm. For Jr. Specialty Camps, mid-day transportation is not provided.

**AFTER YOU ENROLL** for any Adventure Camp you will receive our "Parent Information Packet" with everything you need to know. The camp package includes all camp activities at the camp site, a camp t-shirt, and Basic Field Trips. All other activities may be added a la carte. Please see page 8 for details.

#### DISCOUNTS

#### **ADVANCE REGISTRATION & PAYMENT**

Campers who register and pay in full by May 1, 2015 will receive a 10% discount on camp fees.

#### **MULTIPLE WEEKS**

Campers who register and pay in full for \$450 or more in one single transaction for any combination of 2015 Summer Adventure Camps will receive a 10% discount on that days transaction. Dollar amount may not be combined for multiple campers and may not be combined over multiple day transactions. If the multiple week discount is received by May 1, 2015, both the Advance Registration 10% discount and Multiple Weeks 10% discount will be applied. Additional discounts will only apply for future daily transactions over \$450. **Field Trips and Lunch Options are not included in discounted rate.** 

\*CAMPS NOT INCLUDED: All camps in partnership with the CHL (Center for a Healthy Lifestyle) and Camp & Swim specialty camps are not included in the above discounts. Fees for these camps Please see page 4 for financial assistance.

will NOT be included in the \$450 Multiple Weeks 10% discount total.

#### **MILITARY DISCOUNT**

The Boys & Girls Clubs of San Dieguito offers a 10% military discount on camp fees. Please contact the camp office for more information. You will be requested to show military documentation to receive discount and complete registration. Military discount cannot be combined with any other discounts offered.

#### **HOW TO REGISTER**

Registration is now 100% online for Summer Adventure Camps. With our new registration program you can also access your campers information, make any necessary changes to your campers profile, add camps, and view or print statements when needed. \*Camp fees must be paid at time of registration in order to secure your spot in a particular camp.

www.bgcSanDieguito.org/programs/camps

#### **CREDITS/REFUND POLICY**

There is no refund of any kind after June 12, 2015. There is a \$25 administrative fee per camp rescheduled to another camp week. Camps rescheduling is subject to availability. Unused camp days will expire on the final day of camps, August 20, 2015. No credits or refunds will be given for unused camp days. Camp days are non-transferable and cannot be credited towards other Boys & Girls Clubs of San Dieguito programs.

## **OPTIONS**

Optimize your camper's summer camp experience!

#### **FIELD TRIP OPTIONS**

No summer camp program is complete without a field trip. We offer a variety of field trip options, from swimming and bowling to local amusement parks to help round out a fun and rewarding summer. Field trip options vary per camp program. Campers who choose not to attend a field trip will participate in additional camp activities.

#### **BASIC FIELD TRIPS**

Campers will have the option to spend the afternoon at the swimming pool. Swim trips are included in the camp fee. Due to limited transportation space, Griset Campers are on a first come first served basis.

#### **MINI FIELD TRIPS**

Campers have the option of participating in a mini-field trip during the afternoon. These excursions include miniature golf, bowling, Nickel City, Pump It Up, and the movies for \$20 each.

#### **MAJOR FIELD TRIPS**

Campers have the option of participating in a major field trip during the entire camp day. These trips include: The New Children's Museum \$30, Birch Aquarium \$30, Padres Game \$30, San Diego Zoo \$35, Reuben H. Fleet/IMAX \$30, Wave Water Park \$35. Campers will return from major field trips at 4:00 pm except Wave Water Park will return at 4:30pm.



Campers may bring a healthy sack lunch from home or purchase a lunch from our lunch program. Lunches are \$6 and include a beverage and fruit. Orders must be placed at least 1 day in advance. You can order lunches online through our camp registration system or you can fill out a lunch order form at one of our camp locations.

#### 2015 LUNCH SCHEDULE

Mondays	Chicken Strips with Side
Tuesdays	Bean & Cheese Burrito with Cinnamon Twist
Wednesdays	Cheese Burgers with Roasted Potatoes
Thursdays	Teriyaki Chicken Bowl with Steamed Veggies
Fridays	Grilled Cheese with Chips

## 2015 Field Trips

DATE	FIELD TRIP	COST	
June 16	Bowling	\$20	
June 23	Movies	\$20	
June 24	Swimming	*See Below	
June 25	The New Children's Museum	\$30	
June 30	Nickel City	\$20	
July 1	Padres Game	\$30	
July 7	Pump It Up	\$20	
July 8	Swimming	*See Below	
July 9	Wave Waterpark	\$35	
July 14	Mini Golf	\$20	
July 16	Ruben H. Fleet / IMAX	\$30	
July 21	Movies	\$20	
July 22	Padres Game	\$30	
July 23	Swimming	*See Below	
July 28	Bowling	\$20	
July 30	Birch Aquarium	\$30	
August 4	Pump It Up	\$20	
August 5	Swimming	*See Below	
August 6	San Diego Zoo	\$35	
August 11	Nickel City	\$20	
August 13	Wave Waterpark	\$35	
August 18	Mini Golf	\$20	
August 19	Swimming	*See Below	
* All an dimensio	an dave and basis field tring and a		

\*All swimming days are basic field trips and are included at no additional cost. All swim days listed above are for Allred, Del Mar, Griset, and Polster locations. **Harper Branch will swim on the following days:** June 19, 22, 26, 29 & July 6, 10, 13, 17, 20, 24, 27, 31 & August 3, 7, 10, 14, 17



#### END OF SUMMER FAMILY FUN NIGHT!

To close out the summer camp season, ALL campers are invited to bring their friends and family for an evening of festivities and fun compliments of the Boys & Girls Clubs of San Dieguito. Food, Bounce Houses, Movie, Games, FUN! Please contact the Camp Office for more information. Located at the Polster Branch on Friday, August 14, 2015 from 6:00pm-8:30pm.

#### ADVENTURE CAMPS CAMP CALENDAR

WEEK	#  1	2	3	4	5	6	1 7	8	9	10
CAMP/AGE BEGIN		6/22	6/29	7/6	7/13	7/20	7/27	8/3	8/10	8/17
DAY CAMP ONLY:	3 0/13	0/22	0/23	110	1/13	1120	1121	0/5	0/10	0/17
Allred Branch (Ages 5 - 7)	•	•	•		•	•		•	•	•
Griset Branch (Ages 5 - 13)										
Harper Branch (Ages 5 - 13)		•			•	•		•		
Polster Branch (Ages 8 - 13)		•	•	•		•				
JR. CAMPS AGES 5 TO 7					1		1			
Camp & Swim (AGES 6-12)										
Jr. Surf Shack Cooking Camp 嶄		MA 🌑			MA 🔵		● AM			
Little Arts & Crafts Adv.		PM					AM			<b>P</b> M
Little Cheer Adventures					MA 🌒			PM		
Little Dramatic Adventures	AM									
Little Fairytale Adventures					● РМ					MA 🔵
Little Fitness Adventures					🔴 РМ				🔴 РМ	
Little Frozen Adventures	AM							AM		
Little Hip Hop Jammers		PM					AM			
Little Magic Adventures	AM								• РМ	
Little Musical Theater Adv.			AM			PM				
Little Princess Adventures				AM						
Little Rhythm Adventures	PM					MA 🔴				
Little Scientific Adventures			PM				• РМ			
Little Seuss Adventures						— РМ			AM	
Little Sports & Games		MA 🔵			MA 🌑			🔵 РМ		
Little Superhero Adventures				AM				MA 🔵		
Little Tennis Adventures					• РМ					
Little TuTu & Twirl Adventures		AM					PM			
Little Under Construction Adv.			MA 🔵				• РМ			
Mini Flag Football		PM								
Mini Hoops							е рм			
Mini Rhythmic Gymnastics Adv.				MA 🔵				MA 🔴		
Mini Soccer		AM							AM	
Mini T-Ball			PM					MA 🔵		
Pinkalicious Adventures				PM						
Planes, Trains & Automobiles Adv.						MA 🔵				MA 🔵
Splish Splash Adventures	PM			PM				PM		
SPECIALTY CAMPS AGES 10-14*		·	·	·	·	·	·	·	·	·
Bar B Code/Surf & Turf 🐳										
Fitness & Fun					•					
Girl Power				•						
Surf Camp		•		-						
Tennis					•					

AM SESSION: 9:00AM-12:00PM | PM SESSION: 12:30PM-3:30PM

● (CCA) Canyon Crest Academy ● (D) Del Mar Branch ● (G) Griset Branch ● (H) Harper Branch ● (P) Polster Branch

\*Age or price may vary. Please see camp details for more information.

#### **ADVENTURE CAMPS CAMP CALENDAR**

	WEEK #	1	2	3	4	5	6	7	8	9	10
CAMP / AGE	BEGINS	6/15	6/22	6/29	7/6	7/13	7/20	7/27	8/3	8/10	8/17
SPECIALTY CAMPS: AGE	S 8 TO 12		0			1	ſ		ſ	•	
A Capella Adventures											
Arts & Crafts Adventures											
Camp & Swim					•						
Ceramic & Craft Adventures					•						
Comic Adventures											
Cooking, Coding, Composting (	Camp 🐝										
Digital Photography Adventures											
Do It Yourself (DIY)											
Dramatic Adventures											
Farm 2 Table Camp 🐝											
Girl Power										•	
Musial Theater Adventures											
Pop Up Restaurant Camp 🐝					•						
Scientific Adventures											
So You Think You Can Dance (	SYTYCD)										
Star Wars Adventures											
Super Shock Hip Hop											
Ultimate Adv. of Harry Potter											
Under Construction											
Vocal Superstars											
SPORTS CAMPS: AGES 8-12											
Basketball											
Camp & Swim					•						
Cheer							-				
Dodgeball & GaGa											
Field Hockey											
Fitness & Fun				•			-				
Flag Football											
Golf											-
Indoor Soccer/Futsol											
Lacrosse											
Multi Sports											
Rhythmic Gymnastics					•						
Rugby									-		
Tennis											
Volleyball			•						•		
	40.44)										
TEEN CAMPS: AGES 12-14 (*	10-14)										
Bar B Code/Surf & Turf* 🐝											
Exploring San Diego				•		*					
Fitness & Fun*						•*					
Girl Power*					•						
Multi Sport											
Rugby					•						
Service & Leadership			-					•		-	
Surf Camp*			•							•	
Tennis*											
Ultimate Adv. Outings									•		
Wet N Wild Adv.											

#### ADVENTURE CAMPS DAY CAMPS | AGES 5-13

#### ADVENTURE

# \$165 PER WEEK • 9:00 AM - 3:00 PM

<u>Camp Dates:</u> June 15 - Aug 20 for Polster/Allred/Harper Branches <u>Camp Dates:</u> June 22 - Aug 14 for Griset Branch

We are offering a ten week summer session at our Allred, Harper, and Polster Branches and an eight week summer session at our Griset Branch. In order to serve campers of all abilities, we are offering small group instruction and participation in five core areas: Sports, Arts & Crafts, Recreation, Computers, and Games. Campers are given the opportunity to develop at their own pace and to experience the long lasting friendships that evolve through participation in the core activities. Campers can also elect to participate in a variety of field trips to locations throughout San Diego. All campers will be placed in groups by age.

#### **DAY CAMP LOCATIONS**

Day Camp is offered at four locations this summer. (See page 3 for addresses.)







Harper Branch (H) - Ages 5 - 13 Located in Solana Beach



Polster Branch (P) - Ages 8 - 13 Located at Carmel Valley Middle School



#### EARLY DROP OFF/LATE PICK UP PROGRAM

\$30 per week (per 5 days) 7:30 am – 9:00 am and/or 3:00 pm – 6:00 pm daily (More information on page 7.)

#### **FLEXIBILITY**

We believe our ten week program is best in terms of creating a complete summer experience for your camper. We have designed a system which allows you maximum flexibility in tailoring a camp schedule to your needs.

Your camper can attend all or any part of the week. ANY FIVE DAYS EQUALS ONE WEEK!

Example: If you were to attend camp each Monday, Wednesday, and Friday for five weeks you would attend 15 days, or three weeks.

#### **ADVENTURE CAMPS** DAY CAMP CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 15 WELCOME TO CAMP! Getting To Know You	JUNE 16 FUNDAMENTAL CORE SKILLS	JUNE 17 U-PICK-IT Core Activities	JUNE 18 U-PICK-IT	<u>JUNE 19</u> MINUTE TO WIN IT
Core Activities	Mini Field Trip Bowling/Stay Back	Core / Caviles	Core Activities	U-Pick-It H Swim Day
JUNE 22 FUNDAMENTAL CORE SKILLS U-Pick-It H Swim Day	JUNE 23 CORE ACTIVITIES Mini Field Trip Movies/Stay Back	JUNE 24 THEME DAY FUN FACTOR Basic Field Trip: A, D, G, P Swimming/Stay Back	JUNE 25 THE NEW CHILDREN'S MUSEUM or STAY BACK	JUNE 26 CORE ACTIVITIES U-Pick-It H Swim Day
JUNE 29 FUNDAMENTAL CORE SKILLS Core Activities H Swim Day	JUNE 30 U-PICK-IT Mini Field Trip Nickel City/Stay Back	JULY 1 MAJOR FIELD TRIP PADRES GAME or STAY BACK	JULY 2 CORE ACTIVITIES U-Pick-It	JULY 3 HOLIDAY NO CAMP
JULY 6 CORE ACTIVITIES Water Activities H Swim Day	JULY 7 CORE ACTIVITIES Mini Field Trip Pump It Up/Stay Back	JULY 8 FUNDAMENTAL CORE SKILLS Basic Field Trip: A, D, G, P Swimming/Stay Back	JULY 9 MAJOR FIELD TRIP WAVE WATER PARK Or STAY BACK	JULY 10 COLOR WAR COMPETITION U-Pick-It H Swim Day
JULY 13 CORE ACTIVITIES U-Pick-It H Swim Day	JULY 14 CORE ACTIVITIES Mini Field Trip Mini Golf/Stay Back	JULY 15 THEME DAY AMAZING RACE U-Pick-It	JULY 16 MAJOR FIELD TRIP RUBEN H. FLEET/ IMAX or STAY BACK	JULY 17 CORE ACTIVITIES Summer Sleepover! U-Pick-It H Swim Day
JULY 20 FUNDAMENTAL CORE SKILLS U-Pick-It H Swim Day	JULY 21 CORE ACTIVITIES Mini Field Trip Movies/Stay Back	JULY 22 MAJOR FIELD TRIP PADRES GAME or STAY BACK	JULY 23 CORE ACTIVITIES Basic Field Trip: A, D, G, P Swimming/Stay Back	JULY 24 U-PICK-IT Water Activities H Swim Day
JULY 27 CORE ACTIVITIES U-Pick-It H Swim Day	JULY 28 U-PICK-IT Mini Field Trip Bowling/Stay Back	JULY 29 MINUTE TO WIN IT U-Pick-It	JULY 30 MAJOR FIELD TRIP BIRCH AQUARIUM or STAY BACK	JULY 31 CORE ACTIVITIES U-Pick-It H Swim Day
AUGUST 3 U-PICK-IT U-Pick-It H Swim Day	AUGUST 4 U-PICK-IT Mini Field Trip Pump It Up/Stay Back	AUGUST 5 FUNDAMENTAL CORE SKILLS Basic Field Trip: A, D, G, P Swimming/Stay Back	AUGUST 6 MAJOR FIELD TRIP SAN DIEGO ZOO or STAY BACK	AUGUST 7 THEME DAY AMERICA'S GOT TALENT U-Pick-It H Swim Day
AUGUST 10 FUNDAMENTAL CORE SKILLS Core Activities H Swim Day	AUGUST 11 U-PICK-IT Mini Field Trip Nickel City/Stay Back	AUGUST 12 CORE ACTIVITIES U-Pick-It	AUGUST 13 MAJOR FIELD TRIP WAVE WATER PARK or STAY BACK	AUGUST 14 FAMILY FUN NIGHT @ POLSTER GRISET LAST DAY H Swim Day
AUGUST 17 CORE ACTIVITIES U-Pick-It H Swim Day	AUGUST 18 CORE ACTIVITIES Mini Field Trip Mini Golf/Stay Back	AUGUST 19 CORE ACTIVITIES Basic Field Trip: A, D, G, P Swimming/Stay Back	AUGUST 20 U-PICK-IT P, H, A, D, LAST DAY	AUGUST 21 NO CAMP ALL LOCATIONS CLOSED

**BOLD/CAPS = AM TIME** 

(A) Allred Branch (G) Griset Branch (H) Harper Branch (P) Polster Branch Regular/Small Caps = PM Time

#### CORE ACTIVITIES

Campers will participate in a variety of programs in each of the following five Core Areas: Sports, Arts & Crafts, Games, Recreation, and Computers.

#### **CORE SKILLS**

Campers of all ages will participate in the Core Skills Program, learning skills in each of the following areas: Arts & Crafts, Sports, Recreation, Games, and Computers. This program breaks each activity into its basic components with skills and techniques designed to help every camper excel to his/her fullest potential.

#### PGKAT 10L

On these days campers get to pick an activity from a selected list. The choice is theirs.

### ADVENTURE

#### ALL ONE WEEK CAMPS • AGES 5 - 7

REAR

Our Junior Camp programs offer campers ages 5 through 7 exposure to a wide variety of sports and activities, all of which have been broken down into age-appropriate fundamental skills. There is no better way for campers of this age to learn than with other campers of similar age and ability. From Mini Hoops to Arts and Crafts, there is a junior camp option for everyone! Your camper can attend the AM or PM camp session or both. Campers that attend the full day option (both AM and PM) will also have field trip options during their camp week.



#### **JR. CAMP RATES & TIMES**



\$95 per week for half day session AM SESSION: 9:00am –12:00pm PM SESSION: 12:30pm - 3:30pm



\$190 per week for full day session (2 half day sessions)

Full day sessions must be at same location.

#### EARLY DROP OFF/LATE PICK UP PROGRAM

\$30 per week 7:30am – 9:00am daily and/or 3:00pm – 6:00pm daily

Transportation for FULL DAY camps provided. Please see page 7 for more information.

#### **CAMP & SWIM**

AGES 6-12\* New this year! Please see page 18 for more details.



ΔΜΡ

#### JR. SURF SHACK COOKING CAMP

AGES 5-7 Come spend the week at the yellow cottage in the kitchen and garden! We will be cooking up a storm using locally sourced and seasonal ingredients prepared fresh. Campers will also spend time planting, composting and doing some amazing art all inspired by our gorgeous home by the sea. \*This camp has a maximum number of 16, enrollment does not guarantee a spot in this camp. \*\*Early Bird and Multiple Week discounts do not apply to this camp.

AM	June 22 - June 26	\$130	Harper Branch
AM	July 13 - July 17	\$130	Harper Branch
AM	July 27 - July 31	\$130	Harper Branch

Center for a Healthy Lifestyle

#### **LITTLE ARTS & CRAFTS ADVENTURES**

**AGES 5-7** Creative kids wanted! Your child will learn to use his/her hands and imagination to create beautiful works of art and unique crafts. The camp will teach art techniques and crafting skills such as painting, sculpting, and constructing in a fun and safe environment. Campers will play games and participate in outdoor activities. Each little camper will take home finished projects that are sure to impress the family!

PM	June 22 - June 26	\$95	Harper Branch
AM	July 27 - July 31	\$95	Del Mar Branch
PM	Aug. 17 - Aug. 20	\$80	Del Mar Branch



#### LITTLE CHEER ADVENTURES

**AGES 5-7** Ready? OK! This camp teaches campers the basic skills to lead the crowd and support their home team. This beginner level cheer camp will ensure that each camper will learn cheers, basic hand and body movements, as well as take part in crafts and games! Each camper will learn the fundamentals of teamwork and leadership in cheer. Give your little camper a positive experience helping them gain confidence to try out for next year's squad. (Tennis shoe required.)

AM	July 13 - July 17	\$95	Polster Branch
PM	Aug. 3 - Aug. 7	\$95	Polster Branch

#### LITTLE DRAMATIC ADVENTURES

**AGES 5-7** Let your little one learn, love, and explore the world of theatre. This camp gives young actors the opportunity to participate in all elements of theatre, leading up to a live performance at the end of the week. Campers will learn to work together while improving their acting skills, creating props, rehearsing lines, all while developing confidence, self-esteem and having fun.



#### LITTLE FAIRYTALE ADVENTURES

**AGES 5-7** Enchanted kingdoms, far away lands, mystical creatures, and exciting adventures are all wrapped into one week of this magical camp. Campers will engage in daily story time, play dress up, create their own fairytales, and make beautifully enchanted works of art. This is a magical camp filled with imagination, songs, laughter and creativity!

PM	July 13 - July 17	\$95	Harper Branch
AM	Aug. 17 - Aug. 20	\$80	Del Mar Branch

#### LITTLE FITNESS ADVENTURES

**AGES 5-7** 1, 2, 3... Let's go! Give your camper a head start in healthy habits as he/she experiences the rewards of a healthy lifestyle. Campers will enjoy a collaboration of fitness and fun as they exercise, learn about nutrition, and how to make healthier daily choices. Campers will partake in a variety of exercises to help each camper find something he/she enjoys while integrating healthy habits and fun crafts. Give your camper the opportunity to take an adventure into the health and fitness world all while making friends and new fitness buddies!

PM	July 13 - July 17	\$95	Polster Branch
PM	Aug. 10 - Aug.14	\$95	Polster Branch

#### LITTLE FROZEN ADVENTURES

NEW CAMP! AGES 5-7 It's Olaf's favorite time of year, SUMMER! What better way to spend the summer than at camp immersed with everything FROZEN! You little campers will participate in fun activities inspired by the movie Frozen that will teach them the importance of respecting individuality, help build friendships, and foster teamwork. Don't forget to wear your favorite Frozen costume on Friday! Join us for singing, playing, and Frozen FUN!!

AM	June 15 - June 19	\$95	Del Mar Branch
AM	Aug. 3 - Aug. 7	\$95	Del Mar Branch

#### LITTLE HIP HOP JAMMERS

AGES 5-7 Hip Hop is everywhere! Kids will love learning the latest hip hop moves, while enjoying music in this exciting camp. Campers integrate funky hip hop steps in jammin' combinations and have the opportunity to choreograph moves and incorporate their own style. These little jammers will get a chance to show off their new moves on the last day of camp! You don't want to miss out on this cool camp! (Dress attire - street shoes, comfortable clothes that can be moved in, no jeans.)

PM	June 22 - June 26	\$95	Polster Branch
AM	July 27 - July 31	\$95	Polster Branch



#### LITTLE MAGIC ADVENTURES

AGES 5-7 Abracadabra! Is your camper fascinated by the world of magic? Then join our exciting camp as your little camper becomes captivated in the world of magic. Learn the basic secrets behind many classic magicians and begin your little camper's own magical experience! Each camper will be able to create, perform, and explain the basic secrets behind their magical performance. With a mixture of performance, crafts, magic kits, and more ... who wouldn't want to partake in this camp? Make sure to register before all of the spaces disappear!

AM	June 15 - June 19	\$95	Del Mar Branch
PM	Aug. 10 - Aug. 14	\$95	Del Mar Branch

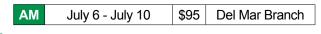
#### LITTLE MUSICAL THEATER

AGES 5 - 7 Does your little one love to sing, act, and dance? In this music filled theater camp your camper will learn all about performing in front of an audience in an ensemble production. Every camper will have a role in the production as well as help create props & enjoy theme related theater games & art projects. Campers will gain confidence, sing, dance, and perform just like their favorites on Broadway!

AM	June 29 - July 2	\$80	Polster Branch
PM	July 20 - July 24	\$95	Polster Branch

#### LITTLE PRINCESS ADVENTURES

AGES 5-7 A dream is a wish your heart makes! Campers will have the week of their dreams in this roval camp. Your little camper can come dressed up as her favorite princess or fairy. Your camper will read charming stories, play magical games, sing favorite songs and create beautiful arts and crafts. Watch your child become a sparkling fairy or enchanted princess!



#### LITTLE RHYTHM ADVENTURES

AGES 5 - 7 Stomp your feet and make some noise. This camp will have your child making music. Each child will design and create his/her own instruments. Campers will work together to find a tempo and rhythm to make songs in a group. Your child will take a musical journey through movement and sound. We will play along to favorite children's songs and explore musical techniques. We've got the beat!

PM	June 15 - June 19	\$95	Polster Branch
AM	July 20 - July 24	\$95	Polster Branch

#### LITTLE SCIENTIFIC ADVENTURES

AGES 5-7 This summer your camper can go crawling with bugs, soar into space, get dirty digging for dinosaurs, or get sticky and slimy making bubbles and messy concoctions! Your little camper will be able to explore his/her inner scientist in these fun themed science camps. All campers will take home their projects as keepsakes! Your camper will make new friends and engage in fun, hands on experiments and activities.

PM	June 29 - July 2	\$80	Del Mar Branch
PM	July 27 - July 31	\$95	Del Mar Branch



#### ADVENTURE CAMPS JR. CAMPS

#### LITTLE SEUSS ADVENTURES

AGES 5-7 Seuss is on the loose at the Boys & Girls Clubs this summer! This camp is filled with learning about Dr. Seuss, reading and listening to his treasured tales, playing Seuss themed games and making Seuss themed crafts. Campers will love the characters and rhymes of Dr. Seuss. This is the perfect summer camp to learn, read, have fun, and grow just like the Grinch's heart, 3 sizes too big!

РМ	July 20 - July 24	\$95	Del Mar Branch
AM	Aug. 10 - Aug. 14	\$95	Del Mar Branch

#### **LITTLE SPORTS & GAMES**

AGES 5-7 Does your little one enjoy recess and PE? If so this summer camp is designed just for your little camper! With an integration of sports and play, campers will enjoy sports and fun in a non-competitive environment. Campers will play a variety of recreational games like kickball, soccer, parachute, and basketball all rolled into one fun-filled week! This camp breaks down sports to its basic elements and introduces sports in a noncompetitive and fun environment! Get ready to have fun!

AM	June 22 - June 26	\$90	Polster Branch
AM	July 13 - July 17	\$90	CCA
PM	Aug. 3 - Aug. 7	\$95	CCA

#### LITTLE SUPER HERO ADVENTURES

AGES 5-7 It's a bird! It's a plane! Shhhh, it's a secret superhero! Does your camper love pretending to be a superhero, or enjoy watching animated movies with a special superhero to the rescue? This is the perfect summer adventure for them. Campers will discover their inner superhero in this fun filled adventurous camp. They will create their own superhero identity along with learning good character skills that every superhero must exhibit. Each camper will take home keepsakes from each day of camp. Get your superhero cape ready, action and adventure awaits!

AM	July 6 - July 10	\$95	Del Mar Branch
AM	Aug. 3 - Aug. 7	\$95	Del Mar Branch





#### LITTLE TENNIS ADVENTURES

NEW CAMP

AGES 5-7 Is your camper interested in tennis but never played before? Does your little camper love being active? This camp will introduce your little camper to the game of tennis. Campers will play tennis themed games and participate in drills to help develop coordination and motor skills. This non-competitive camp will help them improve skills that will benefit them in many areas of sports, gain confidence and teach teamwork. Game, set, match! (Recreational racquets will be provided)

#### LITTLE TUTU & TWIRL ADVENTURES

AGES 5-7 Give your prima ballerina an unforgettable summer experience. Campers will explore the enchanted and enriching world of ballet! This fun ballet camp for children will cover ballet fundamentals and stage exploration. On any given day at tutu camp, children might take ballet class, decorate costumes, learn the story of a famous ballet, and take part in a production of their own creation at the end of the week! (Dress attire - leotard & tights. Ballet slippers optional.)

ŀ	۹M	June 22 - June 26	\$95	Polster Branch
F	РМ	July 27 - July 31	\$95	Polster Branch

#### LITTLE UNDER CONSTRUCTION

AGES 5-7 BEEP! BOOM! BUILD! CRASH! Under

NEW CAMP!

construction camp is in full swing, helping your little camper develop building and constructing skills while having fun constructing towers, buildings and bridges. They will learn through

a variety of mediums to help develop your child's love for building and constructing. From understanding strong foundations, to using proper materials, this camp will be sure to be a smash this summer!

AM	June 29 - July 2	\$80	Del Mar Branch
РМ	July 27 - July 31	\$95	Harper Branch

#### **MINI FLAG FOOTBALL**

AGES 5-7 Blue 32, Blue 32, Hut, Hut, HIKE! Your little camper will spend the week learning the game of flag football and the basic rules in a non-competitive environment. Campers will learn and improve their skills through drills, exercises, and scrimmages. They will have fun with friends through team building, playing football and outdoor games.

> ΡM June 22 - June 26 \$95 CCA

#### **MINI HOOPS**

AGES 5-7 Dribble and shoot your way through this summer camp while learning the basic skills of the game. This camp breaks down the game into its basic components and fundamental skills. Campers will focus on each skill individually while learning the rules of the game. Campers will then have the chance to put those skills into action in a non-competitive fun atmosphere.

PM	July 27 - July 31	\$95	Polster Branch

#### MINI RHYTHMIC GYMNASTICS

NEW CAMP AGES 5-7 Come dance and spin with us! Does your junior camper love to dance, leap, twirl ribbon, and perform? This camp is a beautiful combination of gymnastics, ballet and modern dance. This is a perfect way to introduce your camper to rhythmic gymnastics. Your camper's talents will be choreographed to music with rhythmic apparatus such as ribbons, balls, ropes. hoops, and clubs. This is a very active camp and will consist mostly of physical activity. This camp is open to all levels. (Required attire - leotard or comfortable tight fitting clothes appropriate for gymnastics or dance, socks, hair pulled back)

AM	July 6 - July 10	\$95	Polster Branch
AM	Aug. 3 - Aug. 7	\$95	Polster Branch



#### MINI SOCCER ADVENTURES

AGES 5-7 Pass, dribble, and shoot your way to the ultimate goal of having a summer to remember. Campers will be taught the basics of soccer focusing on dribbling, passing, shooting, and defense. This is a great way to sharpen your skills or learn a new sport while having fun outdoors.

AM	June 22 - June 26	\$95	CCA
AM	Aug. 10 - Aug. 14	\$95	Polster Branch

#### MINI T-BALL ADVENTURES

AGES 5-7 First, second, third, HOME RUN! Introduce your camper to the All-American sport of baseball with an exciting T-ball camp! Each camper will have the opportunity to learn the basics of T-Ball including: rules, fundamental skills, and good sportsmanship. Campers will partake in T-Ball crafts, T-Ball fundamentals, and T-Ball games giving them the knowledge and confidence. Batter up!

PM	June 29 - July 2	\$80	Polster Branch
AM	Aug. 3 - Aug. 7	\$95	CCA



#### PINKALICIOUS ADVENTURES

AGES 5 - 7 Is your camper Pinktastic? They will love a week of Pinkalicious fun! Join us for a week long celebration of Pink: art projects, singing, dancing, glitter, friendships, treats, and of course PINK fairy princess dresses!

PM July 6 - July 10 \$95 Polster Branch

#### **PLANES, TRAINS & AUTOMOBILES**

САМ

AGES 5-7 Let's start your engines! From trains to cars to planes this camp is perfect for the camper who is fascinated with anything having to do with wheels, wings, and engines. Campers will have fun creating their own planes, trains, and automobiles through engaging crafts, activities, and games.

AM	July 20 - July 24	\$95	Del Mar Branch
AM	Aug. 17 - Aug. 20	\$80	Del Mar Branch



#### SPLISH SPLASH ADVENTURES

AGES 5-7 Splish Splash we are having a blast! This camp is all about water, making friends, and having fun. There will be many opportunities for children to participate in water-related activities and games as well as to explore water through various "wet" art activities. With slip and slides, water balloons, and an inflatable waterslide your camper will definitely make a splash!

PM	June 15 - June 19	\$95	Del Mar Branch
PM	July 6 - July 10	\$95	Del Mar Branch
PM	Aug. 3 - Aug. 7	\$95	Del Mar Branch

# CAMP 2 S M CENT

### In partnership with our Aquatics Department we now offer swim lessons through our Adventure

**Camps program!** Campers will learn to swim and have fun in the pool at the Pardee Aquatics Center located at the Harper Branch. This 2 week camp includes summer swim lessons Mon-Thurs with open swim on Friday. Campers will have additional swim time after lessons on Mon/Wed, and learn about water safety and basic emergency response after their lesson on Tues/Thurs. All swim lessons will take place before lunch. Campers will participate in Adventure Day Camp activities in the Harper Clubhouse after lunch

**PENGUIN** This class is for beginner and focuses on basic water safely skills and freestyle technique.

**OTTER** This class focuses on body position and balance, building proficiency in freestyle or 25 yards and backstroke for 15 yards.

**SEAL** This class focuses on mastering freestyle and backstroke for 50 yards and introduces beginning butterfly.

SESSION 1	June 29 - July 10 (Closed Friday, July 3rd)	\$290	Harper Branch
<b>SESSION 2</b>	July 13 - July 24	\$315	Harper Branch

#### CAMP TIME 9:00am - 3:00pm

#### **Disclaimer:**

\*This camp has a maximum number of 25, enrollment does not guarantee a spot in this camp.

\*\*Fees for this camp cannot be combined with or counted towards the multiple week discount. This camp also does not quality for the Early Bird Discount.

until 3:00pm. All participants will be assigned a swim lesson level on the first day of camp based on current swimming skills, with a ratio not to exceed 5 students per instructor. Swim instructors are staff of the Boys & Girls Clubs of San Dieguito Aquatics Department and are trained and licensed to teach swim lessons. (Required attire – bathing suit, towel, change of clothes, long hair pulled back in a pony tail or cap, goggles suggested) This camp is for beginner to intermediate swimmers. Please read the level description below and notate this for your camper at time of registration.

#### CAMP TIME 9:00am - 3:00pm



**ADVENTURE CAMPS SPECIALTY CAMPS | AGES 8-12\*** 

## ADVENTURE SPECIAL TOTAL OF AN ADVENTURE

#### ALL ONE WEEK CAMPS • AGES 8-12\*

Our Specialty Camps Program is designed to give campers the opportunity to develop their skills and talents in a specific area. Some camps require prior experience or exposure to a given topic so campers can progress at similar paces based on ability. These one week enrichment camps are a wonderful way to expose a camper to a new area for the first time, or allow a camper who already has a special interest or talent to focus on that area in a summer camp setting. All campers will be placed in groups by age.

NEW THIS YEAR! CAMPS AVAILABLE FOR AGES 10 - 14\*

\*Some camps are aged 10-14. Please see each camp description for age ranges.



#### SPECIALTY CAMPS

RATES & TIMES \$190 per week\* 9:00am - 3:00pm

\*Please see each camp descriptions for pricing and age restrictions.

#### EARLY DROP OFF/LATE PICK UP PROGRAM

\$30 per week 7:30 am – 9:00 am daily and/or 3:00 pm – 6:00 pm daily

Transportation provided. Please see page 7.

#### A CAPELLA ADVENTURES

AGES 8-12 Does your camper love to sing in the car, in the shower, while doing homework, everywhere? This is the "pitch" perfect camp for them! This week long camp will introduce your camper to a capella singing. Campers will sing a variety of a capella songs, practice pitch, learn vocal techniques and how to harmonize. This is a fun filled camp for all levels of singers. Throughout the day campers will not only practice their singing but also participate in other camp activities such as games and crafts.

June 15 - June 19	\$190	Polster Branch
Aug. 3 - Aug. 7	\$190	Polster Branch

#### **ARTS & CRAFTS ADVENTURES**

**AGES 8-12** Creative kids wanted! Your child will learn to use his/her hands and imagination to create beautiful works of art and unique crafts. The camp will teach art techniques and crafting skills such as painting, drawing, and constructing in a fun and safe environment. Campers will play games and participate in outdoor activities. Each camper will take home finished projects that are sure to impress the family!

June 15 - June 19	\$190	Del Mar Branch
Aug. 3 - Aug. 7	\$190	Del Mar Branch

#### **BAR-B-CODE AND SURF 'N' TURF\***

AGES 10-14\* Back by popular demand...this time with a tweeting windmill! Come spend your mornings coding in Java (that's the language Minecraft is written in, we have some new tricks!) and preparing locally sourced, delicious food in our teaching kitchen AND THEN spend the afternoons in the Internet of Things and Big Data World. Arduinos, Netduinos, Intel Edisons, lights, cameras, moisture-sensors and soldering irons will all be programmed as we surf on our computers out back on our 1/2 acre farm. \*This camp has a maximum number of 16, enrollment does not guarantee a spot in this camp. \*\*Early Bird and Multiple Week discounts do not apply to this camp.

July 13 - July 17	\$295	CHL Griset Branch
July 20 - July 24	\$295	CHL Griset Branch

Center for a Healthy Lifestyle

#### **CERAMIC & CRAFT ADVENTURES**

AGES 8-12 Beginners welcome in this creative camp! Campers will learn the basics of working on the potter's wheel, as well as learn how to create coil and slab sculptures. By the end of the camp, your child will be able to wedge and center clay to make beautiful vases, cups, and bowls. Fun, summer-themed crafts will be incorporated into the camp for variety. Each camper will take home stunning works of art that he/she glazed. We recommend signing up for two weeks as pottery is a two week process. Space is limited. Don't miss this opportunity to create masterpieces!

June 29 - July 2	\$170	Griset Branch
July 6 - July 10	\$200	Griset Branch
July 20 - July 24	\$200	Griset Branch
July 27 - July 31	\$200	Griset Branch



#### CAMP & SWIM

AGES 6-12 New this year! Please see page 18 for more details.



#### **COMIC ADVENTURES**

AGES 8-12 The thrill of comic books comes to life in this exciting camp. Whether your camper enjoys super heroes, science fiction, or old fashioned comedy, this camp has it all. Campers will revel in the characters and the stories, and create their own comic books to take home and share.

June 29 - July 2 \$160 Del Mar Branch

#### **COOKING, CODING & COMPOSTING CAMP**

AGES 8-12 Our campers have been tech-savvy consumers but less and less are learning to create this technology. Campers will spend the day in the tech room with instructors from the Microsoft-awarded "Teaching Kids Programming" team learning to code and programmable thinking (and yes, we're going to teach you some Minecraft tricks!). Campers will also spend time in the teaching kitchen and 1/2 acre farm celebrating the summer harvest learning knife skills, cooking techniques, composting, setting up worm bins and eating...a lot! \*This camp has a maximum number of 24, enrollment does not guarantee a spot in this camp. \*\*Early Bird and Multiple Week discounts do not apply to this camp.

July 6 - July 10 \$245 CHL Griset Branch

#### Center for a Healthy Lifestyle



#### **DIGITAL PHOTOGRAPHY**

AGES 8-12 WOW, WHAT A PICTURE! Broaden the digital boundaries of photography. Campers will learn how to use digital cameras to their fullest and shoot digital photos of activities and different landscapes. Campers will also learn how to use photo editing software. Campers' photos will also be placed on a camp DVD for them to enjoy. (Campers must provide their own digital camera of at least 10 mega pixel and a clean memory stick.)

July 13 - July 17 \$190 Del Mar Branch

#### **D.I.Y. - DO IT YOURSELF**

**AGES 8-12** Do It Yourself! Your child will learn to build and decorate things all by themselves. From boxes to toys, from containers to birdhouses, children will be able to build unique pieces of art in a safe environment. Campers will paint, glue, tape and construct hands on projects they will take home at the end of camp. Get ready to build!

June 22 - June 26	\$190	Del Mar Branch
July 27 - July 31	\$190	Del Mar Branch

#### **DRAMATIC ADVENTURES**

**AGES 8-12** Campers will refine their skills including acting, prop making, and writing scripts. This camp will help develop positive self-esteem and gain confidence while learning the importance of teamwork. Your campers have the opportunity to participate in all elements of theater leading up to a performance at the end of the week. Plan your summer with lights, cameras, and lots of action!

July 13 - July 17	\$190	Polster Branch	
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#### FARM TO TABLE COOKING CAMP

AGES 8-12 Through a farm to table lens, campers prepare recipes from scratch combining fresh ingredients from the farm and our fully stocked kitchen. They will leave the week with an understanding of where their food comes from, a collection of knife skills, exposure to a variety of cooking techniques, great recipes and if you're lucky, some leftovers! In the farm they will spend time composting, preparing worm bins, harvesting, planting and completing an art project. Camps take place in our teaching kitchen classroom and one-half acre farm. \*This camp has a maximum number of 16, enrollment does not guarantee a spot in this camp. \*\*Early Bird and Multiple Week discounts do not apply to this camp.

July 27 - July 31	\$245	CHL Griset Branch
Aug.3 - Aug. 7	\$245	CHL Griset Branch

Center for a Healthy Lifestyle

#### **GIRL POWER ADVENTURES\***

AGES 8-12 & 10-14\* Girls Only!! This fun filled camp will focus on leadership, teamwork, and self confidence through a variety of hands on activities. Campers

will work together on projects, learn self defense, participate in sports and fitness activities, and have a blast rock climbing at an indoor venue. On Friday our campers will finish their week with a yoga workout, pamper one another with mani pedi's and prepare and serve one another smoothies and healthy snacks. Perfect for the girl that wants to have fun and make new friends!

AGES 10-14*	July 6 - July 10	\$205	Polster Branch
AGES 8-12	Aug. 10 - Aug. 14	\$205	Polster Branch



#### **MUSICAL THEATER ADVENTURES**

AGES 8-12 Does your camper love to sing, dance, and perform? This is the perfect camp for them. In this music filled theatre camp participants will learn all about performing in front of an audience in an ensemble production. They will gain confidence and be challenged no matter their experience level. Every camper will have a role in the production as well as help create parts of costumes, props & set design. Your camper will enjoy theme related theater games & art projects. Campers will sing, dance, and perform just like their favorites on Broadway! Family and friends are invited to a performance on the final day of camp.

June 22 - June 26	\$190	Polster Branch
Aug. 3 - Aug. 7	\$190	Polster Branch



#### **POP-UP RESTAURANT COOKING CAMP**

AGES 8-12 Let's harvest some ingredients from our garden and open a restaurant! We just need some chefs! Campers will chop, mix, measure, as well as design a menu, and plan staffing, decorations and service. The last day of camp, a lunch-time service will be offered to friends and family. \*This camp has a maximum number of 16, enrollment does not guarantee a spot in this camp. \*\*Early Bird and Multiple Week discounts do not apply to this camp.

July 6 - July 10	\$245	CHL Harper Branch
Aug. 10 - Aug. 14	\$245	CHL Harper Branch

Center for a Healthy Lifestyle

#### **SCIENTIFIC ADVENTURES**

AGES 8-12 Get sticky, soar with the stars, investigate fossils from the past! Your camper will be able to explore his/her inner scientist in these themed science camps. From ooey gooey experiments to blasting off and exploring the mysteries of space, or digging up dirt to find a fossil from the past, this camp has something for everyone. Your camper will even build their own rockets that they will send soaring toward the sky on our Friday Blast Off Day at a local park. Your child will get to keep his/her rocket as a souvenir!

June 22 - June 26	\$190	Del Mar Branch
Aug. 17 - Aug. 20	\$160	Del Mar Branch



NEW CAMP!

#### **ADVENTURE CAMPS** SPECIALTY CAMPS

#### **SO YOU THINK YOU CAN DANCE?**

**AGES 8-12** If your camper thinks they can dance...THIS is the summer camp for them! This fun filled camp will be devoted to taking your dance technique to the next level while having a blast. Learn all different styles including jazz, ballet, lyrical, hip-hop and modern, all set to today's most popular hits! We encourage campers to register for both weeks of camp as there will be a performance on the final day, August 1. This camp is open to all levels. (Required dress attire - tight fitting comfortable clothes for all dance styles, socks, tennis shoes for hip hop, and hair pulled back. Optional - jazz shoes)

June 22 - June 28	\$190	Polster Branch
July 27 - July 31	\$190	Polster Branch

#### **STAR WARS ADVENTURES**

**AGES 8-12** Do you have a Luke Skywalker or Princess Lea looking for a great summer camp adventure? Campers will spend a week engrossed in the world of Star Wars. Activities and games will all be themed around the classic movies and characters. May the force be with you!

July 6 - July 10 \$190 Del Mar Branch

#### **SUPER SHOCK HIP HOP**

**AGES 8-12** This camp is a high-energy, fun-filled week where campers explore the many variations of Hip Hop. This camp is designed for the urban dance enthusiast. Campers will learn facets of traditional Hip Hop, Breaking - including B-Boying, B-Girling, video-style Hip Hop, and Freestyling. If your camper likes So You Think You Can Dance or America's Best Dance Crew, this is the camp for them!

July 20 - July 24	\$190	Polster Branch
Aug. 17 - Aug. 20	\$160	Polster Branch





#### **ULTIMATE ADV. OF HARRY POTTER**

AGES 8-12 "Alohomora" unlock the door to the secret world of Harry Potter. This week, your camper will enter Hogwarts School of Wizardry to learn about sorcery, quidditch, and becoming a witch or wizard. Campers will make their own wands and create wild potions and cast spells. Take the Hogwarts Express to this enchanting camp!

July 20 - July 24 \$190 Del Mar Branch

#### **UNDER CONSTRUCTION**

AGES 8-12 BEEP! BOOM! BUILD! CRASH! Under construction camp is in full swing, helping your camper develop engineering, building, constructing and demolishing skills while having fun! Campers will work together to develop ideas and construct towers, buildings, bridges, and catapults. Campers will use a variety of mediums to help develop their love for building and constructing. From understanding strong foundations to using proper materials, this camp will be sure to be a smash this summer!

July 13 - July 27	\$190	Del Mar Branch
Aug. 10 - Aug. 14	\$190	Del Mar Branch

#### **VOCAL SUPERSTARS**

**AGES 8-12** Become a vocal star! This is a musical theatre based camp that will let your camper experience fun-filled songs and dancing, with a performance at the end of the week! Vocal Superstars will develop the skill of singing, improve their dancing techniques and gain performing confidence all while having a blast! (Dress attire - comfortable clothes that can be moved in.)

July 6 - July 10 \$1	90 Polster Branch
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#### ADVENTURE CAMPS SPORTS CAMPS | AGES 8-12

## ALL ONE WEEK CAMPS • AGES 8-12\*

Our Sports Camps are designed to promote the greatest possible improvement of camper's skills. Our coaching staff will make initial evaluations of campers strengths and weaknesses to insure proper skills training throughout the session. Each sport is

All campers will be placed in groups by age and ability.

#### **RATES & TIMES**

\$190 per week\*

**ADVENTURE** 

9:00am - 3:00pm \*Please see camp descriptions for pricing and age restrictions.

#### EARLY DROP OFF/LATE PICK UP PROGRAM

\$30 per week 7:30 am - 9:00 am daily and/or 3:00 pm – 6:00 pm daily

Transportation provided. Please see page 7.

#### **CAMP & SWIM**

AGES 6-12 New this year! Please see page 18 for more details.



#### BASKETBALL

AGES 8-12 Shoot and dribble your way through an exciting week of camp. Campers will be coached by

Club Team Bulldog Basketball Coaches and sharpen their skills and fundamentals while having fun in a non-competitive environment. If you're a beginner looking to play some hoops this camp is for you.

June 29 - July 2	\$160	Polster Branch
Aug. 10 - Aug. 14	\$190	Polster Branch

#### **NEW THIS YEAR! CAMPS FOR AGES 10-14\***

broken down into the basic fundamentals so campers can excel.

CHEER

AGES 8-12 Ready, OK! This camp instructs campers with the essential skills to lead the crowd and support their home team. This entry level cheer program will ensure that each camper will learn cheers, proper hand and body movements as well as jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as team building and leadership. The week concludes with a choreographed performance for parents and fellow campers.

\$190

June 15 - June 19

Polster Branch

#### **DODGEBALL & GA-GA**

AGES 8-12 Campers will stay active in this fun-filled camp. All campers will have the opportunities to refine their skills in the schoolyard game of dodge ball and perfecting their skills at ga-ga. Campers will build relationships with staff and peers while learning new versions of this classic game. Improve your accuracy and skills during this fun filled week and get ready to dodge the ball!

June 22 - June 26	\$190	Harper Branch
July 27 - July 31	\$190	Harper Branch

#### **FIELD HOCKEY**

AGES 8-12 Grab your sticks and join the fun! Open to all skill levels, campers will focus on fundamentals and skill development through drills, games, and team play. This is a great way to sharper your skills or learn a new sport while having fun, making new friends, and enjoying the outdoors! Campers must have their own field hockey stick to participate in this camp. (Optional equipment - shin guards, extra stick)

\$190

July 20 - July 24

Polster Branch

#### **FITNESS & FUN ADVENTURES\***

AGES 8-12 & 10-14\* Does your camper need a little motivation to get moving or do you have a camper that loves being active? Fitness & Fun is an exciting camp that is for



boys & girls alike. This active camp will get the heart rate moving through daily workouts, activities, and games. Campers will participate in fitness activities that will focus on agility, stamina, strength, aerobic exercise and also learn how to center themselves and clear their minds. They will have fun participating in Zumba, Yoga, and boot camp style activities. This camp is for all fitness levels and will educate campers on the importance of a well balanced lifestyle with fitness, nutrition education and most of all FUN! This camp will take place indoors and outdoors and will consist mostly of physical activity. (Required attire – clothing suitable for active play or exercise, water bottle, no open toed shoes)

AGES 8-12	June 29 - July 2	\$160	Polster Branch
AGES 10-14*	July 13 - July 17	\$190	Polster Branch
AGES 8-12	Aug. 17 - Aug. 20	\$160	Polster Branch

#### **FLAG FOOTBALL**

AGES 8-12 Has your camper ever wanted to be part of the Super Bowl? Here is your chance. Spend the week learning the game of football and the basic rules in a non-competitive environment. Campers will learn and improve their skills through drills, exercises, and scrimmages.

July 13 - July 17	\$190	Polster Branch
Aug. 17 - Aug. 20	\$160	Polster Branch

#### GOLF

AGES 8-12 The Boys and Girls Club staff and the golf professionals at Del Mar Golf Center are excited to enhance the abilities and knowledge of junior golfers through a week of practice sessions that cover putting, short game, full swing, rules of golf, etiquette, on-course practice, and golf fitness. This program will take junior golfers of all skill levels and prepare them for on-course playing, competition, and tournament golf. Campers must have their own clubs and proper golf attire in order to participate in this camp.

June 29 - July 2	\$230	Polster Branch
July 20 - July 24	\$265	Polster Branch

#### **INDOOR SOCCER/FUTSOL**

AGES 8-12 Pass, dribble, and shoot your way to the ultimate goal of have a summer to remember. Campers will be taught the basics of soccer and futsol focusing on dribbling, passing, shooting, and defense. In this non-competitive environment they will play soccer themed games, practice drills, develop coordination and learn the importance of team work all while having fun!

June 15 - June 19	\$190	Harper Branch	
Aug. 3 - Aug. 7	\$190	Harper Branch	

#### LACROSSE

AGES 8-12 Join local coaches and sharpen your skills. Focusing on the fundamentals of offensive sets, including individual stick skills and shooting. Training in defensive technique, footwork, and positioning are also included. This camp is open to all levels. Campers must have their own lacrosse equipment in order to participate in this camp.

June 15 - June 19 \$190

Polster Branch

#### **MULTI-SPORT**

AGES 8-12 Shoot, kick, jump, run, and score your way to a fun summer camp experience. This camp is an intensive, progressive, fundamental, sports improvement program. The program is designed to advance basic skills and knowledge of all sports activities for campers, regardless of experience or skill level. Our goal is to make each camper a better athlete while enjoying his/her summer adventure.

July 27 - July 31 \$190 Polster Branch

#### **RHYTHMIC GYMNASTICS ADVENTURES**

AGES 8-12 Come dance and spin with us! Does your camper love to dance, leap, twirl ribbon, and perform? This camp is a beautiful combination of gymnastics, ballet and modern dance. This is a perfect way to introduce your camper to rhythmic gymnastics. Your camper's talents will be



choreographed to music with hythmic apparatus such as ribbons, balls, ropes, hoops, and clubs. At the end of the camp week family and friends are invited to see their camper perform what they have learned. This is a very active camp and will consist mostly of physical activity. This camp is open to all levels. (Required attire – leotard or comfortable tight fitting clothes appropriate for gymnastics or dance, socks, hair pulled back)

July 6 - July 10	\$190	Polster Branch
Aug. 3 - Aug. 7	\$190	Polster Branch

#### RUGBY

AGES 8-12 Want to build your camper's confidence? Give your camper the opportunity to learn the exciting game of rugby in a safe and team- centered environment. Each camper will learn proper techniques, history of the game, and teamwork skills as they develop into strong and confident rugby players. Your camper will enjoy indoor and outdoor activities as they progress throughout the week to develop a deeper understanding of the sport and the passion behind it. Build your camper's confidence and skills in this team-centered sport!

July 6 - July 10 \$190 Polster Branch

#### **TENNIS\***

AGES 8-12 & 10-14\* Does your camper want to be the next tennis star? In this camp, he or she will learn the key techniques to the sport. Campers will focus on each skill individually while learning the rules of the game. Your child will master this fun game in a non-competitive environment. Please bring your own tennis racquet.

AGES 8-12	June 22 - June 26	\$190	CCA
AGES 10-14*	July 13 - July 17	\$190	CCA
AGES 8-12	Aug. 3 - Aug. 7	\$190	CCA

#### VOLLEYBALL

**AGES 8-12** Bump, Set, Spike! Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This coed program is designed for the beginner player and will assist each camper in developing the fundamental skills of the game.

July 13 - July 17	\$190	Harper Branch
Aug. 10 - Aug. 14	\$190	Harper Branch

ADVENTURE CAMPS TEEN CAMPS | AGES 12-14\*

### ADVENTURE

### 

#### ALL ONE WEEK CAMPS • AGES 12 - 14 (\*10-14)

Our Teen Camps Program is specifically geared toward 12 to 14 year olds, allowing teens to have fun while socializing and enjoying age appropriate activities. Teens have the opportunity to experience a wide range of activities throughout the summer in our week long camps. From sports to photography to water-park field trips, your teen can find something that he/she is sure to enjoy!

#### **RATES & TIMES**

**\$190 per week**\* 9:00am - 3:00pm \*Please see camp descriptions for pricing and age restrictions.

#### EARLY DROP OFF/LATE PICK UP PROGRAM

\$30 per week 7:30 am – 9:00 am daily and/or 3:00 pm – 6:00 pm daily

Transportation provided. Please see page 7.

#### **BAR-B-CODE & SURF 'N' TURF\***

AGES 10-14\* Back by popular demand...this time with a tweeting windmill! Come spend your mornings coding in Java (that's the language Minecraft is written in, we have some new tricks!) and preparing locally sourced, delicious food in our teaching kitchen AND THEN spend the afternoons in the Internet of Things and Big Data World. Arduinos, Netduinos, Intel Edisons, lights, cameras, moisture-sensors and soldering irons will all be programmed as we surf on our computers out back on our 1/2 acre farm. \*This camp has a maximum number of 16, enrollment does not guarantee a spot in this camp. \*\*Early Bird and Multiple Week discounts do not apply to this camp.

July 13 - July 17	\$295	CHL Griset Branch
July 20 - July 24	\$295	CHL Griset Branch

Center for a Healthy Lifestyle

#### **EXPLORING SAN DIEGO**

AGES 12-14 Let's get out and explore San Diego! During this fun filled week campers will visit different San Diego locations. Campers will experience nature, adventure, and excitement visiting places like the San Diego County Fair, Torrey Pines State Park, San Diego Zoo, Mission Trails and other fun outdoor places. We mix up these outings with outdoor activities. Break up the summer routine, make new friends, and enjoy the outdoors. Pack your tennis shoes, sunscreen, hat, and get ready to explore San Diego!

June 29 - July 2 \$240 Polster Branch

#### (TEEN) FITNESS & FUN ADVENTURES

AGES 10-14\* & 12-14 Does your teen camper need a little motivation to get moving or do you have a teen that loves being active? Fitness & Fun is an exciting camp that is for boys & girls alike. This active camp will get the heart rate moving through daily workouts, activities, and games. Campers will participate in fitness activities that will focus on agility, stamina, strength, aerobic exercise and also learn how to center themselves and clear their minds. They will have fun with friends participating in Zumba, Yoga, and boot camp style activities. This camp is for all fitness levels and will educate campers on the importance of a well balanced lifestyle with fitness, nutrition education and most of all FUN! This camp will take place indoors and outdoors and will consist mostly of physical activity. (Required attire – clothing suitable for active play or exercise, water bottle, no open toed shoes)

AGES 10-14*	July 13 - July 17	\$190	Polster Branch
AGES 12-14	Aug. 17 - Aug. 20	\$160	Polster Branch

#### ADVENTURE CAMPS TEEN CAMPS



#### **MULTI SPORT**

AGES 12-14 Shoot, kick, jump, run, and score your way to a fun summer camp experience. This camp is an intensive, progressive, fundamental, sports improvement program. The program is designed to advance basic skills and knowledge of all sports activities for campers, regardless of experience or skill level. Our goal is to make each camper a better athlete while enjoying his/her summer adventure.

June 15 - June 19 \$190

#### RUGBY



Polster Branch

AGES 12-14 Want to build your camper's confidence? Give your camper the opportunity to learn the exciting game

of rugby in a safe and team- centered environment. Each camper will learn proper techniques, history of the game, and teamwork skills as they develop into strong and confident rugby players. Your camper will enjoy indoor and outdoor activities as they progress throughout the week to develop a deeper understanding of the sport and the passion behind it. Build your camper's confidence and skills in this team-centered sport!

> July 6 - July 10 \$190 Polster Branch

#### **SURF CAMP\***

AGES 10-14\* We've teamed up with Ocean Experience once again to provide a weeklong ocean adventure! Does your camper love the ocean? Do they want to learn more about water sports? This is the perfect camp for them! Your camper will get a glimpse into the San Diego surf culture and other water activities all while under the supervision of Ocean Experience surf instructors and Adventure Camps Staff. Surf camps are taught by experienced and professional staff that will carefully and thoroughly guide your camper to success on the waves by teaching them proper surfing techniques and water safety. A love of the water begins with a solid foundation of learning and Ocean Experience is the absolute best place to learn in San Diego. Your camper will wrap up the week with a BBQ and awards ceremony. Build confidence in the ocean, make new friends, and have FUN! Water activities to include: Surfing, stand up paddle boarding, skimboarding, body surfing, kayaking, indo board balance training, surf history, and beach games. All necessary equipment is provided at no extra cost by Ocean Experience. Campers must be comfortable in ocean water and know how to swim. Van transportation departs promptly at 9:00am from the Polster Branch and returns at 3:00pm. Vans do not wait for tardy campers.

June 22 - June 26	\$325	Polster Branch
Aug. 10 - Aug. 14	\$325	Polster Branch

#### **SERVICE & LEADERSHIP**

AGES 12-14 This camp is a unique opportunity for your teenager to develop a love for community service



and leadership. Our Service and Leadership camp includes a variety of service opportunities for your teen to explore new passions for the community. Intertwined within service projects are opportunities for leadership, teamwork, problem solving, and relationship building. Each hour of community service will be properly documented in order to provide credit for the service hours completed. Help make an impact on your local community while making friends, learning, and leading.

> July 27 - July 31 \$190 Polster Branch

#### **TEEN GIRL POWER\***



AGES 10-14\* Girls Only!! This fun filled camp will focus on leadership, teamwork, and self confidence

through a variety of hands on activities. Campers will work together on projects, learn self defense, participate in sports and fitness activities, have a blast rock climbing at an indoor venue, and enjoy a day hiking at a local trail. On Friday our campers will finish their week with a voga workout, pamper one another with mani pedi's and prepare and serve one another smoothies and healthy snacks. Perfect for campers that enjoy being active, having fun, and making new friends!

#### **TENNIS\***



tennis star? In this camp, he or she will learn the key techniques to the sport. Campers will focus on each skill individually while learning

the rules of the game. Your child will master this fun game in a noncompetitive environment. Please bring your own tennis racquet.

> July 13 - July 17 \$190 CCA

#### **ULTIMATE ADVENTURE OUTINGS**

AGES 12-14 Campers will have the experience of a lifetime taking fun filled daily trips! Join our jam-packed adventure outings where campers have the rare opportunity to visit local attractions and theme parks while developing positive relationships with their peers and staff in a safe and fun environment! Adventures include outdoor activities, trips to Knott's Berry Farm, lazer tag, movies, bowling, rock climbing, trampoline park, and Boomers.

\$300 Polster Branch Aug. 3 - Aug. 7

#### WET'N WILD ADVENTURES

AGES 12-14 Campers will have the week of their life at this wild camp! This field trip themed camp will thrill with daily escapades. Campers will experience fun in the sun at adventures like Wave Water Park, Stand Up Paddle Boarding, and kayaking. We mix up these outings with fun and engaging outdoor activities and visits to local attractions. Give your camper the opportunity to break up the summer routine with exciting and fun trips with staff and peers. Pack your suit, towel, sunscreen, hat, and get ready to have a blast!

	July 20 - July 24	\$275	Polster Branch
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Jump in and learn to swim at the Boys & Girls Clubs of San Dieguito Pardee Aquatics Center! Our certified and trained staff provide students with a positive learning experience as they train, improve, master proper swimming techniques, and practice safety skills. Beginner classes focus on water safety, front/back floats, basic swimming fundamentals, and help students adjust to the water in a comfortable aquatic environment. Lessons progress to more advanced classes that focus on improving all four competitive strokes, refining stroke technique, increasing swimming competency and endurance, and learning rescue skills.

SESSIONS	STARTS	ENDS	REGISTRATION DEADLINE
SESSION 1	June 15	June 25	June 11
SESSION 2	June 29	July 9	June 25
SESSION 3	July 13	July 23	July 9
SESSION 4	July 27	August 6	July 23
SESSION 5	August 10	August 20	August 6



#### REGISTRATION

Classes have a limited capacity and will fill fast. Registration is on a first come first served basis. All swim lesson participants must review swim lessons policies and register for classes online at bgcsandieguito.org/programs/aquatics/swim-lessons/

If you need assistance, please email Andy Eaton at aquatics@bgcSanDieguito.org. You must complete a separate registration for each individual child. Once you have completed all forms and online payment your spot will be reserved.

#### **FINANCIAL ASSISTANCE**

Financial Assistance is available for those who qualify. Scholarship applications must be completed and approved before registration. Please inquire at the Pardee Aquatics Center office.

## **GROUP CLASS DESCRIPTIONS**

#### TODDLER CLASSES 16 MONTHS - 3 YEARS OLD Swim diaper required for all non-potty trained children.

**SEATURTLES** (Ratio-1:6) \$130: One adult and one child are in the water together with an instructor. This class emphasizes helping toddlers adjust to the water through fun songs and games. This class runs for 30 minutes Monday through Thursday for two weeks with a ratio not to exceed 6 students per instructor (parent must be present and in the water).

#### PRESCHOOL CLASSES 3-5 YEARS OLD Swim diaper required for all non-potty trained children.

**SAND DOLLAR** (Ratio-1:3) \$130: This transitional class consists of one week of parent and child in the water together and the second with just the child and instructor. This will help ease young new swimmers into a group aquatic environment. This class runs for 30 minutes Monday through Thursday with a ratio not to exceed 3 students per instructor.



SAND CRAB (Ratio-1:3) \$130: This class builds confidence in the water while focusing

on basic water skills and body position. Beginning freestyle will be introduced, as well as mastering front and back streamlines. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 3 students per instructor. Swimmer must be able to do a supported back and front float.

**SEA HORSE** (Ratio-1:3) \$130: This class refines beginning freestyle skills, and increases swimming competency, as well as mastering side breathing for 20 feet. Children are introduced to beginning backstroke. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 3 students per instructor. Swimmer must be able to do an unsupported back and front float and front and back streamlines.

**SEA STAR** (Ratio-1:4) \$130: This class builds endurance while mastering freestyle technique for 25 yards and refines backstroke for 15 yards. This is the most advanced level for children 3-5 years old. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 4 students per instructor. Swimmer must be able to do freestyle with side breathing.

#### YOUTH CLASSES 6-10 YEARS OLD

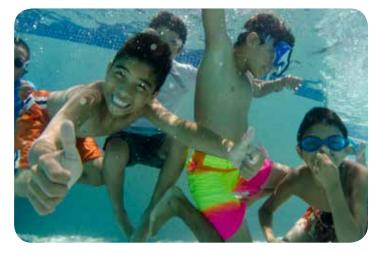
**PENGUIN** (Ratio-1:3) \$130: This class is for beginners and focuses on basic water safety skills and freestyle stroke technique. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 3 students per instructor.

**OTTER** (Ratio-1:4) \$130: This class focuses on body position and balance, building proficiency in freestyle for 25 yards and backstroke for 15 yards. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 4 students per instructor. Swimmer must be able to do 15 yards of freestyle.

**SEAL** (Ratio-1:5) \$130: This class focuses on mastering freestyle and backstroke for 50 yards and introduces beginning butterfly. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 5 students per instructor. Swimmer must be able to do 25 yards of freestyle and backstroke.

#### RSD SWIM TEAM PREP (Ratio-1:5) \$130:

This class focuses on increasing competency in all four strokes and safety skills beyond all preceding levels. Emphasis is on building endurance while continuing to improve stroke technique in all strokes. This class prepares swimmers for our Rancho San Dieguito (RSD) Swim Team! This class runs 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 5 students per instructor. Swimmer must be able to do 50 yards of freestyle and backstroke. Rancho San Dieguito Swimming is our award winning year round swim team with practice groups for children ages 6 to18. If you are interested in joining the swim team please inquire about tryouts at the aquatics office.



#### AQUATICS GROUP SCHEDULE

### SWIM LESSONS

								A	
	Sea Turtle	Sand Dollar	Sand Crab	Sea Horse	Sea Star	Penguin	Otter	Seal	RSD Prep
Session 1 June 15-25	9:35-10:05am 4:30-5:00pm	9:00-9:30am 10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 10:45-11:15am 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 10:45-11:15am 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:05-5:35pm 6:15-6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 10:45-11:15am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	10:10-10:40am 5:05-5:35pm 6:15-6:45pm
Session 2 June 29 - July 9	9:35-10:05am 4:30-5:00pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:05-5:35pm 6:15-6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	10:10-10:40am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 5:05-5:35pm 6:15-6:45pm
Session <b>3</b> July 13 - 23	9:35-10:05am 4:30-5:00pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:05-5:35pm 6:15-6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	10:10-10:40am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 5:05-5:35pm 6:15-6:45pm
Session 4 June 27 - Aug 6	9:35-10:05am 4:30-5:00pm	10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 10:45-11:15am 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 10:45-11:15am 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:05-5:35pm 6:15-6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	10:10-10:40am 4:30-5:00pm 5:40-6:10pm 6:15-6:45pm	9:35-10:05am 10:45-11:15am 5:05-5:35pm 6:15-6:45pm
Session 5 Aug 10 - 20	9:35-10:05am 4:30-5:00pm	10:10-10:40am 4:30-5:00pm 5:05-5:35pm	9:00-9:30am 9:35-10:05am 10:45-11:15am 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:40-6:10pm	9:35-10:05am 10:10-10:40am 4:30-5:00pm 6:15-6:45pm	9:00-9:30am 9:35-10:05am 5:05-5:35pm 5:40-6:10pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am 4:30-5:00pm 5:05-5:35pm 5:40-6:10pm 6:15-6:45pm	10:10-10:40am 4:30-5:00pm 6:15-6:45pm	9:35-10:05am 10:45-11:15am 5:05-5:35pm 6:15-6:45pm

## **ADDITIONAL LESSONS**

#### PRIVATE LESSON • RATIO: 1:1 • \$270

A one-on-one lesson with our experienced instructors tailored to your child's individual needs. Get the best personalized instruction with these lessons. The lessons run for 30 minutes Monday through Thursday for two weeks.

#### SEMI-PRIVATE LESSON • RATIO: 1:2 • \$190 per child

Students must know one another, patrons are responsible for finding a partner. Both swimmers must fall in the same age groups either 3-5 or 6-10. Swimmers should also be of similar swimming ability. The lessons run for 30 minutes Monday through Thursday for two weeks.

#### PRE-TEEN LESSON • RATIO: 1:4 • \$130

This class is for beginning to intermediate swimmers (11-15 years of age) who are interested in learning to swim with a group of their peers. Class will focus on water safety, stroke development and technique. This class runs for 30 minutes Monday through Thursday for two weeks.

#### ADULT LESSON • RATIO: 1:4 • \$130

This class is for beginning adult swimmers (16 years and up). Learn how to swim and be safe in the water; it is never too late to learn this important life skill. This class runs for 30 minutes Monday through Thursday for two weeks.



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	Session <b>1</b> June 15 - 25	9:35-10:05am 5:40 - 6:10pm	10:10 - 10:40am 6:15 - 6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am	4:30-5:00pm 5:05-5:35pm 5:40 - 6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:40 - 6:10pm 6:15-6:45pm
	Session <b>2</b> June 29 - July 9	9:35-10:05am 5:40 - 6:10pm	10:10 - 10:40am 6:15 - 6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm	5:05-5:35pm 5:40 - 6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:40 - 6:10pm 6:15-6:45pm
	Session <b>3</b> July 13 - 23	9:35-10:05am 5:40 - 6:10pm	10:10 - 10:40am 6:15 - 6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 4:30-5:00pm	5:05-5:35pm 5:40 - 6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:40 - 6:10pm 6:15-6:45pm
	Session <b>4</b> June 27 - August 6	9:35-10:05am 5:40 - 6:10pm	10:10 - 10:40am 6:15 - 6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am	4:30-5:00pm 5:05-5:35pm 5:40 - 6:10pm 6:15-6:45pm	9:00-9:30am 10:10-10:40am 4:30-5:00pm 5:40 - 6:10pm 6:15-6:45pm
TRACE	Session 5 August 10 - 20	5:40 - 6:10pm	6:15 - 6:45pm	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am	4:30-5:00pm 5:05-5:35pm 5:40 - 6:10pm 6:15-6:45pm	9:00-9:30am 10:45-11:15am 5:05-5:35hpm 6:15-6:45pm

### Pardee Aquatics Center • (858) 755-4904 • www.bgcSanDieguito.org 533 Lomas Santa Fe Drive, Solana Beach, CA 92075

Our Pardee Aquatics Center differentiates us from most youth, athletic and after school centers in San Diego County. The Center is comprised of two regulation length 25 yard pools. Our competition pool has 10 lanes set at 78° and our recreational pool has 6 lanes, set at 84°. You can also enjoy our snack shop fully stocked with healthy food and drink options. We have on site indoor and outdoor showering facilities and fully equipped indoor locker rooms and changing areas.



## youth arts academy music. dance. theater. photography.

Register online at YouthArtsSD.org

Serving over 250 students a year, the Youth Arts Academy located in Carmel Valley offers youth ages 5-18 access to a myriad of quality programs designed to stimulate their growth and creativity, while expressing themselves through performing arts. YAA offers a wide variety of programs to include; ImageMakers Nationwide Photography Program, variety of group and private music classes, Rock Band, recording studio, dance classes, musical theater workshops and more! YAA is located upstairs at the POLSTER BRANCH.



#### **UNLIMITED ROCK MINOR**

**AGES 8-11** This camp offers the same experience as Unlimited Rock Major (see below) but is tailored to ages 8-11. Instructor: Chris Conner

Aug. 10 - Aug. 149am - 3pm\$315YAA - Polster Branch

#### **UNLIMITED ROCK MAJOR CAMP**

AGES 11-15 This camp will offer young musicians and singers the opportunity to learn the fundamentals of playing and forming a band, as well as learn to write and perform original songs, acquire instrument technique instruction and discover the history of rock. Campers will be able to record their own CDs in a pro studio. The week concludes with a Friday afternoon performance in front of a live audience. (Session is open to guitarists, bassists, keyboardists, drummers, and singers with one or more years of experience.) Instructor: Chris Conner

Aug. 17 - Aug. 21 9am - 3pm \$315 YAA - Polster Branch

#### YOUTH ARTS ACADEMY (YAA)

#### **POP STAR STUDIO**

AGES 8-12 Does your camper love American Idol and The Voice? This camp is designed for aspiring singers who love to perform! Learn vocal techniques and exercises to increase your campers capabilities as we prepare for their big debut! Learn the songs they've always wanted to sing in solo and group numbers, and record like a professional musician at the end of the week!

July 27 - July 31 9am	3pm \$250	YAA -Polster Branch
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#### **JAZZ BAND**

AGES 11+ (OR BY INSTRUCTOR'S APPROVAL) Jazz Band offers the young musician a complete big band experience including full brass, woodwind, and rhythm sections. The music selection ranges from standard swing charts to various forms of popular music. Difficult soli sections are introduced and students have the opportunity to solo over simple blues patterns or more difficult chord progressions. Instructor: Mark Weed

5 WEEKS: July 13 - Aug. 7th					
Mon, Wed, Fri	6pm - 7pm	\$150/session	YAA - Polster Branch		

#### BEGINNING STRING ORCHESTRA

**AGES 8-12** A beginning string orchestra designed for students who are learning violin, viola, cello, or double bass. Repertoire includes works from the classical/barogue period to the popular music of today. Students must provide their own instruments. Instructor: Julia Whelpton

5 WEEKS: June 18 - July 16				
Thursday's	6pm - 7pm	\$60	YAA - Polster Branch	

#### PRIVATE LESSONS

AGES 5-18 YAA offers private lessons in a variety of instruments with highly skilled and trained instructors. Students meet once a week for 30 minutes with their instructor. For more information or to schedule a trial lesson, please contact our YAA office at (858) 720-2194.

Month to month lessons all year long!				
Once a Week	\$33/half hour	YAA - Polster Branch		





## upcoming mini CAL HEATER ORKSHOPS

The Youth Arts Academy musical theater program runs a variety of classes focusing on singing, dancing, acting through games, vocal (singing and speaking) technique, and choreography. Students will develop self confidence and showcasing skills necessary for a Broadway performance!

#### Save the Date **UPCOMING SATURDAY**

## WORKSHOPS!

- June 27 10:30am-4:30pm
- July 25th 10:30am-4:30pm
- August 15th 10:30am-4:30pm

6 HOUR WORKSHOP **JUST \$65!** 

YouthArtsSD.org/MusicalTheater

#### **SAVE THE DATE! SATURDAY MAY 16, 2015**

The Youth Arts Academy's Annual Rock Concert Fundraiser, Commotion by the Ocean! This event is family and community friendly and features 14 of Youth Arts Academy's student created Rock Bands.

YouthArtsSD.org/Events

(858) 720-2194 • YAA@bgcSanDieguito.org

IN REFE ACA



The Boys & Girls Clubs of San Dieguito Athletics Department offers a wide variety of sports leagues, sports camps, and athletic activities for youth of all ages, all year long. Locations vary with each athletic program. Come break a sweat and learn some new skills with us! For more information, please visit bgcSanDieguitoAthletics.org.



### **BIG 8 MIDDLE SCHOOL SPORTS**

Teams in the Boys & Girls Clubs of San Dieguito BIG EI8HT Middle School Sports Conference compete with local middle schools in and outside the district. Please visit bgcSanDieguitoAthletics.org for updated tryout and season information. The Big 8 Middle School league offer the following sports:

#### **Fall Sports**

#### (September-November)

• Cross Country (no cut, 6th Grade Eligible)

- Flag Football
- Girls Volleyball
- Golf

- Boys Basketball
- Girls Field Hockey
- Wrestling (6th Grade
- Eligible )

#### Spring Sports (March-May)

- Girls Basketball
- Girls & Boys Soccer
- Track & Field
- (no cut, 6th Grade Eligible)

## TEEN HEALTH AND WELLNESS PROGRAM

Available for all Middle School & High School Students • Runs Concurrent to School Year

The Boys & Girls Clubs of San Dieguito is excited to offer a new independent P.E. class to fulfill the independent studies program within the San Dieguito Unified High School District. The classes will take place Wednesdays & Fridays, on campus at specified locations and will fulfill the required units needed by all students from the district for physical education.

#### ATHLETICS DEPARTMENT

SGV INVITATIONAL

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CAMPS & CLINIC, MAUI CLASSIC TOURNAMENT, 3V3 TOURNAMENT, TEAMS 3RD GRADE-HIGHSCHOOL

# CLUB BASKETBALL TEAM

#### Coached by SDSU's DJ Gay

Bulldogs Basketball is a program for kids to learn the fundamentals of basketball and through them the fundamentals of life. The Bulldogs is a basketball school where kids can build great character by learning the true meaning of hard work, discipline, and teamwork. At each practice we stress the importance of family, education, and selflessness. Our goal is to get kids ready for their next level in life, both on and off the court.

#### FALL, WINTER, SPRING, SUMMER SEASONS

For more information please contact Athletics Director Nick Ramos at (858) 720-2185, nramos@bgcsandieguito.org or visit bgcSanDieguitoAthletics.org.



#### IT'S ALL ABOUT THE FUNDAMENTALS!





January – February • Grades K – 6 • Boys & Girls

The Boys and Girls Club of San Dieguito's very own recreation basketball league. Snuffy/Fastbreak is an excellent way to learn and practice the fundamentals of basketball and have fun with your friends! Your team will play against teams from Solana Beach, Carmel Valley, and Encinitas. The Snuffy/Fastbreak season runs January through February at the Griset, Harper and Polster branches.

### **ELEMENTARY BASKETBALL**

#### Grades 5 & 6 • March-April

SAN DI

Elementary Basketball is for the Encinitas and Cardiff school districts for 5th and 6th graders (boys & girls). Students may only try out for their respective school. Two teams (1 girls & 1 boys) will be selected from each school and 10-12 players will be selected for each team.

POLSTER/HARPER BRANCHES | ATHLETICS Nick Ramos, Athletic Director 3800-A Mykonos Lane, San Diego, CA 92130 (858) 720-2185 nramos@bgcSanDieguito.org

GRISET BRANCH | ATHLETICS Davion Sarver, Athletic Director 1221 Encinitas Blvd, Encinitas, CA 92024 (760) 479-2099 dsarver@bgcSanDieguito.org

#### CARMEL VALLEY MONTESSORI SCHOOL | AGES 18 MONTHS - 6 YEARS

## VALLEY NO NE ESSO REHOOL

Carmel Valley Montessori School provides a nurturing child centered environment where individual needs are met at each stage of development. Our programs are offered to children ages 18 months through 6 years old. We are committed to preparing children for lifelong learning by teaching cooperation, nurturing the desire to explore, and cultivating self-confidence. The Montessori manipulative materials and philosophy is specifically designed to enhance the children's natural love of learning. Our program, led by well training and devoted teachers, facilitates growth and learning on every level. Our center is located in the Polster Branch of the Boys & Girls Clubs of San Dieguito.



#### TODDLERS/TRANSITION (18-30 MONTHS)

Our toddler program provides a safe controlled environment that allows children to be free and expand their natural desire for curiosity. It is important for children at the younger ages to have exposure to a rich environment, promoting exploration and interests that will allow the child to grow and develop.



#### PRESCHOOL/ TRANSITIONAL KINDERGARTEN/ KINDERGARTEN (3-6 YEARS)

Through a balanced Montessori curriculum children are exposed to language, mathematics, science/ culture, practical life skills and sensorial development. Our caring staff is responsive to each child's individual needs.

SPECIAL PROGRAMS

Music and Movement

Spanish

Gardening

Arts and Crafts

Splash Day!

Cooking

Sports

• Zumba

#### CALL NOW FOR A TOUR! (858) 720-2181 CVMS@BGCSANDIEGUITO.ORG • 3800-A MYKONOS LANE, SAN DIEGO, CA 92130

#### **BENEFITS OF CARMEL VALLEY MONTESSORI SCHOOL**

• All classrooms are fully equipped with traditional Montessori learning materials, as part of a well-rounded philosophy.

- Children gain self-esteem and confidence through self-correcting materials.
- · Emphasis is put on academic, emotional, social and physical development.
- Montessori Certified teachers work as a guide, directing each child individually to foster the joys of learning.

• We present individual lessons working one-on-one with each child and

providing them with individualized quality education without limits.

SW PART	PART TIME	M, W, F (3 days)	9:00am-2:30pm
	PARTHINE	T, TH (2 days)	9:00am-2:30pm
GR	GR	$\mathbf{M} = \mathbf{\Gamma} \left( \mathbf{F} d \mathbf{a} \mathbf{v} \mathbf{a} \right)$	9:00am-12:30am
PRO	HALF DAY	M - F (5 days)	9:00am-12:00p (Toddlers)
	FULL TIME	M - F (5 days)	9:00am-2:30p
CVMS	FULL TIME EXTENDED	M - F (5 days)	7:30am-6:00pm

#### REGISTRATION

Classes have a limited capacity and will fill fast. Registration is on a first come first served basis. Register for classes online at

bgcSanDieguito.org/registration

#### **SUMMER PROGRAM**

CVMS students take part in a cultural camp during the summer session. Cultural camp is designed to encourage children's knowledge and appreciation of the lives of other cultures from around the world. Our summer camp will feature a different continent each week along with an art project, and cooking activity. We will also have special visitors that come to perform for the children throughout the summer. Each week will end with a fun splash day to ensure the children's summer is a memorial one! Please call (858) 720-2181 for more information!

#### (858) 720-2181 • CVMS@bgcSanDieguito.org

# HERE FORTHE CLUB LOVE SUMM

Our doors are open all year long, providing quality after school programs for children and teens in San Diego County regardless of income or background. With seven locations, a diverse range of specialty programs, and a passionate staff, your child will find their safe home away from home with us! Become a Club Kid this school year and experience the Boys & Girls Club movement yourself!

Please visit our website for a full list of our programs www.bgcSanDieguito.org



BOYS & GIRLS CLUBS OF SAN DIEGUITO

## **GREAT FUTURES START HERE.**

# LOCKING FOR A SUMMERIOS? Do You Enjoy Working With Children?

Join us this summer for a fun filled action packed adventure! The Boys & Girls Clubs of San Dieguito Summer Adventure Camps is looking for positive, energetic people to join our Summer Camp Staff. Our camps serve children all over San Diego County from ages 5-15.

Must have flexibility to work shifts between 7:30am to 6:00pm, 25-40 hours per week.

For more information and for a full list of requirements, please contact the Adventure Camps office at camp@bgcSanDieguito.org.

\*Upon hiring applicants must pass a background check and drug test.

# VOLUNTEER



We are always looking for volunteers, all yearlong. Be someone for someone! Your time and talents can make a big difference for Boys & Girls Clubs of San Dieguito Members. Volunteers are needed to serve as mentors, tutors, coaches, art and computer teachers and more – you tell us your interests and we'll match you with a Boys & Girls Club near you. Just one or two hours each week can make a real difference in a young person's life. As a volunteer, it can make a real difference in your life, too.

Please contact Jaymye Ross, Volunteer Services at jross@bgcsandieguito.org | 858-755-9371

## 2014 YOUTH OF THE YEAR

GREAT FUTURES START HERE

2014 Overall Youth of the Year

Meliza Espinoza Being a part of the **Boys & Girls Clubs** of San Dieguito has made a really big impact on my life. It made me confident and made me realize l could accomplish my goals. Since the Club has given a lot to me, I want to give back. l am thankful. -Meliza Espinoza

#### Meliza Espinoza, 2014 Youth of the Year

Meliza was a La Colonia Branch member since the fifth grade and was one of the first teen program members. Despite English being her second language and the challenges she has faced because of this, she constantly demonstrated that nothing will get in her way. She worked very hard in the after school program to complete her assignments, ensuring they were done correctly, and turned in on time. She always took full advantage of the support available to her and is never too proud to ask for a helping hand. Meliza was the first in her family to graduate high school and now attends Mira Costa college while also working here at the Club. Her strong will is an inspiration to those around her and proof she will be very successful at anything she put her energy in to. Congratulations Meliza!

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BOYS & GIRLS CLUBS OF SAN DIEGUITO

#### GREAT FUTURES START HERE. Adventure Camps Office 3800-A Mykonos Lane, San Diego, CA 92130

(858) 720-2180 • camp@bgcSanDieguito.org www.bgcSanDieguito.org

