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FAMILY ATMOSPHERE
Robert Sunstein, DDS and His Staff Give Patients a Reason to Smile Page 32
As you read through each issue of Del Sol Magazine, you are reminded how promising and bright the future of our community is thanks to the articles about our amazing youth and rising stars. In this issue, we wanted to spotlight the wonderful people whose goal is to help all young people of Del Mar, Solana Beach and surrounding areas reach their full potential and form a solid foundation to build a successful life around. In the following pages we talk with Annie Ragovin, Director of Development of the Boys & Girls Clubs of San Dieguito about the history of the organization and how it has grown and evolved for the benefit of everyone in our community.
Barbara Harper Branch, Solana Beach

After School Programs (ASP)
The Barbara Harper Branch serves the Solana Beach community and works closely with Earl Warren Jr. High School, Skyline Elementary and Solana Vista Elementary and serves an average of fifty children each day. It is the goal of the Harper Branch staff to enable all youth to participate in the numerous activities offered for their benefit and development. Not only do the children build friendships, memories, and have fun, the great staff also builds strong, supportive connections with the children. We provide an enriching after school program that provides diverse activities that meet the interests of all young people. Core programs encourage activities with adults, peers, and family members that enable kids to enhance self-esteem and fulfill their potential. Some specialized programs in the ASP include: Power Hour (an academic support program designed to help members develop academic, behavioral, and social skills through homework completion, high-yield learning activities, and tutoring), Reading Program (every day the children are encouraged to read aloud for at least twenty minutes, meet goals and get rewarded for reading goals met), and Minute to Win It Challenge (a challenge given to youth while under pressure). In addition, free time, games, arts and crafts, music, dancing, and physical activities are all a part of our after school programs.

Center for a Healthy Lifestyle
Kids have a blast at the Center for a Healthy Lifestyle (the sunny yellow cottage behind the Harper Branch). Cooking and gardening are brought to life every day after school, and provides them with peer mentors as positive role models and engaging and value to the community. With carefully selected mentors as positive role models and engaging extra-curricular activities, teens develop the self-esteem and character essential to changing the community dynamic.

Teens mentoring Program
This mentoring program focuses on La Colonia teens every day after school, and provides them with peer based social, educational, and athletic activities. The daily interaction in a positive setting validates program participants’ self worth, accomplishments, and value to the community. With carefully selected mentors as positive role models and engaging extra-curricular activities, teens develop the self-esteem and character essential to changing the community dynamic.

College Nights
La Colonia teens are able to engage in “college nights” where guest speakers inform teens about attending college and the importance of their college decisions. Mentors also help with financial aid applications, prepping for SAT’s, and scholarship applications. In addition, with fun, educational, delicious, healthy, and silly classes. Explore our class listings for upcoming camps, after school classes, field trips, special events, and birthday party opportunities. Chef Amanda Mascia, Emmy Award winner for her on-camera talent for the show The Good Food Factory, makes cooking and healthy eating fun for children! Come see what the buzz is about!

Pardee Aquatics Center
The Doug & Marianne Pardee Aquatics Center, located at our Harper Branch in Solana Beach, features two pools, spacious locker rooms, indoor and poolside showers, a fitness center, a snack bar, and other aquatic amenities for the competitive or recreational swimmer. The Pardee Aquatics Center is home to the nationally recognized Rancho San Dieguito Swim Team and Shores Youth Water Polo. Youth Swim Lessons are offered year-round.

Athletics/Middle School Sports
The Boys & Girls Clubs of San Dieguito sponsors ten sports through the Big Eight Middle School Sports Conference: girls volleyball, cross country, flag football, boys basketball, girls field hockey, wrestling, track and field, golf, girls basketball, and soccer. Teams compete against other middle schools throughout San Diego County. In addition, our Athletics Department offers a wide variety of sports leagues, sports camps, and athletic activities for youth of all ages including: Wrestling, Snuffy Basketball, Fastbreak Hoops, After School Teen Physical Fitness Program, Carmel Valley Wrestling Club, the B&G Basketball Clinic, Carmel Valley Running Club, and Manchester Surf Futsal Indoor Soccer.

Mentoring Program
The Boys & Girls Clubs of San Dieguito and the team at Crush Italian Restaurant in Solana Beach have partnered together to create a mentoring program for teens which uses shadowing and one-on-one mentoring techniques to learn skills in the restaurant industry. Five teens from the La Colonia Branch have been selected to participate in this program. Every Wednesday, starting April 2 and running through June 4, (a total of ten weeks) the teens will shadow every position in the restaurant in order to gain real world experience.

La Colonia Branch & Casita de Gloria Teen Center, Solana Beach

The La Colonia Branch and Casita de Gloria at La Colonia Park serve the community of Eden Gardens in Solana Beach. Sixty-three elementary school kids and forty-three teens attend the after school program each day. This branch provides a safe and supervised haven after school and during the summer months. Great staff help build positive futures through mentoring and academic support, fitness and recreational activities, and creating healthy lifestyles. La Colonia is truly a big family putting smiles on the faces of all our children who need us most!

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The Del Mar Branch serves over seventy families from Del Mar Hills and Del Mar Heights elementary schools. Our branch thrives on positive relationships and personal responsibility. The Del Mar Branch provides members with a safe and fun environment to explore their own creativity and confidence through structured, supervised activities ranging from computer labs and games to physical recreation to arts and crafts and homework time.

Each staff member passionately supports each child’s development into an influential member of their community and school while insisting values of teamwork, responsibility, and compassion for others. Each day we strive to send our children home with a better understanding of the daily mission.

TRIPPLE PLAY PROGRAM

The Del Mar branch offers a dynamic wellness program that demonstrates how eating right, keeping fit, and forming positive relationships add up to a healthy lifestyle. The goal of the Triple Play program is to improve Club members’ knowledge of healthy habits, increase the number of hours per day they participate in physical activities, and strengthen their ability to interact positively with others and engage in positive relationships.

In addition to Triple Play, Homework Help and Tech Lab Time are also part of the after school program.

DO YOU OFFER ANY KIDS AND TEEN CAMPS OVER THE SUMMER?

Yes! Our Summer Adventure Camp program allows campers ages 5 through 15 to experience a fun-filled, active summer in a safe environment with skilled staff to ensure a rewarding summer camp experience. We offer flexible and affordable camp options: adventure day camps and/or the specialty adventure camp setting. Some areas of interest offered are: art and crafts, basketball, cheer, comics, dance, digital photography, D.I.Y., dodgeball and gaga, drama, fantasy, field hockey, fitness, flag football, golf, lacrosse, magic, movies and video creation, multi-sport, music, musical theater, mystery, rugby, science, soccer, surf and water sports, Yoga, tennis, volleyball, and more!

Our programs are designed to allow maximum flexibility affording you the option to join our camp schedule for a short time or all one month or more.

Within each program, we have created a daily schedule allowing campers to participate in optional activities creating a fully customizable fun and rewarding summer. Parents who need assistance in planning a schedule are welcome to contact our Camps Coordinator.

Summer camps run June 16 through August 22, 2014. For more information please contact the camp office at 858-720-2180, email camp@bgcsandieguito.org, or visit our website at www.bgcsandieguito.org.

WHAT ARE SOME OF THE CLUBS' MOST POPULAR FUNDRAISING EVENTS?

Our Specialty Adventure Camps offer over 100 specialized camp options over ten weeks of summer. We have camps options for everyone:

JUNIOR CAMPS FOR AGES 5 – 7

JUNIOR SPORTS AND ADVENTURE SPORTS FOR AGES 5 – 13

ADVENTURE SPECIALTY CAMPS AGES 8 – 12

ADVENTURE TEEN CAMPS AGES 12 – 14

LIT (LEADER IN TRAINING) PROGRAM AGES 14 – 15

At all of our specialty camps are designed to give campers the opportunity to learn about or develop skills in a specific area. These are a wonderful way to expose your child to a new activity for the first time, or allow a camper with a particular interest or talent to further develop their ability in their summer camp setting. Some areas of interest offered are: art and crafts, basketball, cheer, comics, dance, digital photography, D.I.Y., dodgeball and gaga, drama, fantasy, field hockey, fitness, flag football, golf, lacrosse, magic, movies and video creation, multi-sport, music, musical theater, mystery, rugby, science, soccer, surf and water sports, yoga, tennis, volleyball, and more!

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Our children’s safety at the Clubs is our number one priority; therefore everyone they need to be a successful part of our clubs and the lives of our members. Volunteers at Boys & Girls Clubs of San Dieguito get the training and support they need to make a real difference in a young person’s life. As a volunteer, it can make a real difference in your life, too.

Our other large fundraiser that we have is our unique Chip-in-for-Kids Golf Tournament which is a unique golf experience that enables golfers to play on the North Course at Torrey Pines Golf Course while the pros are playing on the South Course during the Farmers Insurance Open PGA tournament.

The day includes a unique ball format for eighteen holes, VIP convenient parking across the street from the North Course, premium gift bag valued at $250, catered breakfast and made-to-order BBQ lunch with hosted beverages, PGA passes, and entrance into a private section of the TifTuf Kirt Tartan Terrace to watch the finals of the Open on the South Course. For more information on all fundraising events, please visit our website and click on events.

DO YOU OFFER ANY SCHOLARSHIPS TO ATTEND PROGRAMS AT THE CLUBS? DO YOU OFFER ANY SCHOLARSHIPS FOR BUSINESS NEEDS?

WHAT IS CURRENTLY AVAILABLE?

Our top five needs are: vans for transportation (new or used), leather couches (new or gently used), area rugs (new, computers (new), and sports equipment.

WHAT ARE THERE ANY EXCITING NEW PROJECTS, DEVELOPMENTS, OR PROGRAMS COMING TO THE CLUBS?

WHAT SETS THE BOYS & GIRLS CLUBS OF SAN DIEGUITO APART FROM OTHER CLUBS WORLDWIDE?

WHAT IS CURRENTLY AVAILABLE?

We are unique because of the additional specialized programs we offer for our youth: Center for a Healthy Lifestyle, Youth Arts Academy, Aquatics, Middle School Sports, Athletics, and a Montessori School.

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