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# NEWS RELEASE

## FOR IMMEDIATE RELEASE

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### Boys & Girls Clubs of San Dieguito's Teen Mentoring Program Partners with Crush Italian Restaurant in Solana Beach!

Solana Beach, Calif. (April 4, 2014) – The Boys & Girls Clubs of San Dieguito and the team at Crush Italian Restaurant have partnered together to create a mentoring program for teens which combines shadowing and one-on-one mentoring techniques to teach teens skills in the restaurant industry. Five teens from the La Colonia Branch in the Eden Gardens community of Solana Beach have been selected to participate in this program. Every Wednesday for a total of 10 weeks the teens will shadow every position in the restaurant in order to gain real world experience.

"A program such as this is a once in a lifetime experience for most of these teens," stated Branch Manager Gloria Castellanos. "This program represents our community and our desire to work together to make a difference in teens' lives."

All five of the teens had to go through an application and interview process to obtain this mentorship. We are very excited to say that they have all been hired! The teens started the program the first week of April and will continue the program for 10 weeks. By the end of the program the teens will be able to run numerous aspects of the restaurant including: cooking, taking orders, and serving customers. On June 4<sup>th</sup>, graduation day, the teens will be put to the test by actually running the restaurant on their own, giving them the opportunity to show all they have learned.

We invite all members of the community to join us for dinner at Crush any Wednesday starting April 2<sup>nd</sup> through June 4<sup>th</sup> from 6pm-8pm. A portion of the proceeds made during the program will benefit the Boys & Girls Clubs of San Dieguito – La Colonia Branch.

The Crush mentoring program first originated in Chico with eight teens. The goal is to implement the same program here in Solana Beach and have the same success as the Crush program in Chico.

#### About Boys & Girls Clubs of San Dieguito

The Boys & Girls Clubs of San Dieguito, founded in 1966, is a non-profit organization dedicated to providing positive activities to develop the education, health, self-esteem and character of youth. Today, the organization is one of the most successful Clubs in the country serving more than 20,000 youth in the San Dieguito community to include Carmel Valley, Del Mar, Encinitas and Solana Beach. Our various branches offer exceptional programs for youth to include:

- Personal development through six Core Program Areas
- Clean facilities with dedicated, caring staff members who provide a safe environment for youth
- Quality after-school programs and activities at affordable prices
- Diverse summer camps to fit the needs of all campers
- Innovative specialty programs in academics, music and arts, athletics, and healthy living

For more information on Boys & Girls Clubs of San Dieguito, please visit us at [www.bgcsandieguito.org](http://www.bgcsandieguito.org)