

SERVING NORTH  
COUNTY SAN DIEGO

**GREAT  
FUTURES  
START  
HERE.**



**BOYS & GIRLS CLUBS  
OF SAN DIEGO**

**HOPE.  
POSITIVITY.  
INFLUENCE.**

Join us in our mission to develop our country's next generation of productive, caring, and responsible citizens... right here in San Diego County. Every child deserves a shot at a great future and at the Club, we provide quality after school and specialty programs to children and teens regardless of income or background.

# 2016 Youth of the Year

## Yvette Conde

Sponsored by Doug & Denise Regnier & Pictured with Elvert Vasquez, 2015 Youth of the Year

“ Through the love and care of the Club staff members, I have learned that our differences are what make us important. ”  
- Yvette

### Meet Yvette Conde, age 16

Like everyone in this world, I have had many difficulties in my life, but unlike everyone else I have had a great group of people at BGC San Dieguito to help me overcome those difficulties. The day I was born I was diagnosed with Adrenal Hyperplasia. The symptoms of this diagnosis included a "failure to thrive in stature," as the doctors phrased it. Growing up, my childhood consisted of four white walls with a curtain separating me from all the other patients. I saw more nurses and doctors and needles and pills than I had seen my father.

As an attempt to become a normal child, I attended school with everybody else. I was different but at that time it was not something to be proud of so I was bullied a lot. Throughout this there were also some problems at home. My father disappeared from our lives for good. Our struggles were beginning to grow and affect our lives. Suddenly school

became more challenging, I felt lonelier and instead of school being a nurturing safe environment it felt like a toxic space where I was an outlier.

Soon enough though, I found hope in BGC San Dieguito. I was no longer alone, I was no longer sad, and I was no longer the little girl that would walk around in public spaces with her head down. Suddenly it didn't matter that I was too short for everyone else, it didn't matter that my family was incomplete. Through the love and care of the staff members I have learned that our differences are what make us important. I have learned that there is nothing more powerful than family, because family is the root to all the source of light, and with light comes success. My family is different. My family is much greater and happier than the mainstream family: my family is the Boys & Girls Clubs of San Dieguito.

# Our Youth Come First

## meet them



**Meet Kat:** BGC San Dieguito member for 8 years. She is a leader and role model among her peers as Team Captain for RSD, an exemplary lifeguard, a swim instructor and as the Aquatics 2016 Youth of the Year finalist. Out of the thousands of young athletes that have gone through our program, Kat stands out with her outstanding personality, her caring and giving attitude, and her kind spirit. She also has an amazing work ethic as seen in her swimming excellence which got her to our highest training group at RSD.

Kat has exemplified the team values that are the cornerstone of the RSD Swim Team and the Aquatics Department at BGC San Dieguito: Respect-Integrity-Leadership-Quality-Teamwork-Excellence.

*“There are many things that I have learned from the act of swimming itself; for instance, positivity, integrity, and commitment are important for success. However, from the people I learned about leadership and the value of social interaction. I also learned that a sense of community is incredibly valuable. I dream of creating more communities in the world; I want all people to experience this sense of belonging. Wherever I am, and whatever I end up doing, as long as I can help others become a part of something as real as the pool deck and the Boys and Girls Club is to me, I will be happy. ”*

*Katherine Lauerman, RSD Swim Team Captain, Lifeguard & Swim Instructor*

**Meet Che:** BGC San Dieguito member for four years. He is a mentor and role model as Vice President of the Keystone Club at Griset and as the Griset 2016 Youth of the Year finalist. From the time Che first started attending BGC San Dieguito he exhibited the high moral characteristics of being honest, responsible, respectful, and empathetic. Through his own example, he is a positive influence and role model not only for the younger members of our club, but also for his peers. He does an exceptional job helping mentor younger club members, assisting with Homework Hour, chaperoning sixth grade dances, and working on beach clean-ups. He is a highly motivated leader and displays everything that the Boys & Girls Clubs value and



*“In the fourth grade my world fell apart when my parents divorced. The weight of my new cold, reality crushed down upon me and I felt broken...The Boys and Girls Club was a new world that opened up to me...it made me think of my own future. I now set monthly, yearly, five year and twenty year goals in order to properly plan and carry out said goals. I plan to go to college and go on to attain my JD/MBA degree and I believe that I have learned the techniques and skills to do this thanks to the Boys and Girls Club.*

*Che Baniadam, Griset Club Keystone VP*

# Who We Are

## our mission

Our mission at the Boys & Girls Clubs of San Dieguito is to provide **POSITIVE** activities to develop the education, health, self-esteem and character of youth.

great futures

## our <sup>^</sup>vision

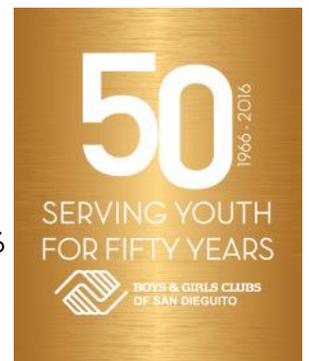
Our vision is to be the best youth serving organization in San Diego by providing an outstanding Club experience that assures success is within reach of every young person who enters our doors. We want all members to graduate from high school, have a plan for the future, demonstrate good character and citizenship, and live a healthy lifestyle.

## the bottom line?

**GREAT FUTURE START HERE.**

## who we are then & now

Boys & Girls Clubs of San Dieguito is a 501 (c) (3) non-profit organization serving over 6,059 registered members every year throughout seven clubs in North Coastal San Diego County; an area referred to as San Dieguito. We began our history serving children in 1966 under the leadership of Executive Director Doug Hall. Since our inception, the Club has grown significantly and is now the second largest Boys & Girls Club organization in San Diego County **servicing approximately 27% of the youth impacted by the Boys & Girls Clubs' overall movement in San Diego.** Our Club is defined as a Major Metro Organization by Boys & Girls Clubs of America due to the size of our annual budget and the number of children we serve. Nationwide, Boys & Girls Clubs have more than 4,200 locations serving approximately 4 million youth each year with 56,000 professional staff and 239,000 volunteers.



# How We're Different

	Service to Youth	Dedicated Youth Facility	Daily Access to Programs	Trained Professional Program Staff	Focus on Disadvantage Youth
 <b>BOYS &amp; GIRLS CLUBS</b> OF SAN DIEGUITO	■	■	■	■	■
 <b>Boy Scouts/Girl Scouts</b>	■				
 <b>YMCA</b> <b>YWCA</b>	■		■	■	
 <b>4-H</b>	■				
 <b>Camp Fire</b> Light the fire within	■				
 <b>Big Brothers</b> <b>Big Sisters</b>	■				■

proven  
^  
**Our Formula For Impact**

**GREAT FUTURES START HERE**  
FORMULA FOR  
**IMPACT**

**YOUNG PEOPLE  
WHO NEED US MOST**



**OUTCOME-DRIVEN  
CLUB EXPERIENCE**



**PRIORITY OUTCOMES**



**FIVE KEY ELEMENTS  
FOR POSITIVE YOUTH DEVELOPMENT**

•  
**HIGH-YIELD  
ACTIVITIES**

•  
**TARGETED  
PROGRAMS**

•  
**REGULAR  
ATTENDANCE**



Graduate from high school ready for college, trade school, military or employment



Be an engaged citizen involved in the community, register to vote and model strong character



Adopt a healthy diet, practice healthy lifestyle choices and make a lifelong commitment to fitness

**Boys & Girls Clubs of San Dieguito focus on three core principles: Academic Success, Good Character and Citizenship, and Healthy Lifestyles. The statistics for America's youth in all three categories are alarming:**

- 1 in 4 children will not graduate high school on time
- Our nation's graduation rate ranks 22<sup>nd</sup> among 28 countries
- Over 4,400 juveniles are arrested on a daily basis
- Nearly 1/3 of all violent crime committed by juveniles occurs during the after school hours of 3:00 and 7:00pm
- 3 out of 10 kids in America are obese or overweight

# Proven Outcomes & Impact

**Clubs ARE having an impact on young people's lives and their communities!**

Across all indicators and the three outcome areas: Academic Success, Good Character and Citizenship, and Healthy Lifestyles - Club members who are highly engaged and having an optimal Club experience achieve better outcomes than their peers.

\*The Boys & Girls Clubs of America's National Youth Outcomes Initiative report revealed:

## Academic Success

- 97% of teen Club members expect to graduate from high school
- 59% of Club seniors from low income families are likely to enroll in college after completing high school, compared with 52% of low-income high school completers nationally
- Of members who participated in a Club college or career prep program, 83% applied to a post-secondary education institution, compared with 62% of members who did not take part in such a program
- 78% of Club members in 5th through 12th grades are on track to graduate from high school on time

## Good Character & Citizenship

- 69% Of Club teen members indicated that they volunteer at least once per year, while 46% said they volunteer at least once per month
- 33% of members who attend more often and have a great Club Experience feel they have the skills they need to resolve conflicts, compared with 18% of other Club members
- Young teen members who believe that Club staff have high expectations for them are less likely to have skipped school
- 79% of members who attend more often and have a great Club Experience believe school work is meaningful and important, compared with 65% of other Club members

## Healthy Lifestyles

- 62% Of Club members ages 12-15 report getting an hour of moderate to vigorous physical activity on at least 5 days per week, compared to 55% of youth nationally in the same age range
- Younger teens who have an optimal overall Club Experience are 42% less likely to have consumed alcohol in the past month
- Younger teens who experience regular exercise at the Club are less likely to engage in physical fights

\*The BGCA's National Youth Outcomes Initiative survey was implemented in 2014 with 95 percent of non-military Club organizations participating. Some 140,000 Club members completed the survey in more than 2,400 Club sites in spring 2014.

# What We Know A Generation in Crisis



## Think after school programs aren't important?

**Think again.** Children who spend time in enrichment activities after school have better grades, better work habits and more positive relationships with their peers. After school programs give children the opportunity to develop creative thinking, problem-solving, communication, and self-direction skills that are linked to success in the workplace.



**Children without these after school programs who are unsupervised between the hours of 3pm-6pm are:**

- Twice as likely as other kids to hang out with gang members.
- Three times as likely to be engaged in criminal behavior.
- 37% more likely to become a teen parent.
- 49% more likely to have used drugs.

# Our Six Core Program Areas

Our goal is to instill a sense of belonging, usefulness, influence, and competence in every youth that participates in our programs and set them on the path for a **great future**. In order to accomplish this, we focus on our six core program areas which are integrated into all of our proven and nationally recognized programs.

## The Arts

Children take part in a wide range of arts activities at our Clubs where they are encouraged to express their talents, develop new skills, and expand individual creativity. Programs in this core area enable youth to develop their creativity and cultural awareness through knowledge and appreciation of the visual arts, crafts, performing arts, and creative writing.



## Character & Leadership Development

Leadership skills evolve through trust, cooperation, and decision-making practice. We promote democratic decision-making by teaching members to listen carefully, discuss issues respectfully, resolve conflicts, and arrive at a consensus. Children learn to help others through community service by identifying needs within their own neighborhoods and by planning and running service projects.



## Education & Career Development

Our education programs help to prepare youth for productive and responsible lives. Through education, we promote children's academic success and encourage them to explore career options. We stress cooperation, teamwork, and effective communication, which help youth cultivate the qualities that are essential for workplace participation and community involvement.

## Health & Life Skills

These initiatives develop young people's capacity to engage in positive behaviors that nurture their own well-being, set personal goals, and live successfully as self-sufficient adults. Children can come to a safe place to talk about issues that concern them. Life skills activities are often structured as discussion groups and workshops, focusing on substance abuse prevention, conflict resolution, diversity, and self-esteem.

## Sports, Fitness & Recreation

Regular physical activity has long been regarded as an important component of a healthy lifestyle. Recently, this has been reinforced by new scientific evidence linking regular physical activity to a wide array of physical and mental health benefits. These Club programs help develop fitness, a positive use of leisure time, reduction of stress, appreciation for the environment, and social and interpersonal skills.

## Technology

Our goal is to enable children to become fluent in the use of technology. By giving youth the opportunity to use the computer as a safe tool for conceptualizing and solving real-world problems, members develop the skills needed to compete in today's fast pace and technology driven job market.



# Our Programs

It's 3pm,  
where  
are your  
kids?

Today, our kids are in crisis because of the lack of supervision and enriching after school programs. **Boys & Girls Clubs of San Dieguito is changing that.** We are dedicated to providing after school programs to children and teens in San Diego regardless of income or background. Our seven clubs offer exceptional and diverse after school and school break programs. Our formula for success and six core program areas drive our curriculum which is proven to have a lasting impact on the youth we serve.

**Financial assistance and scholarships are available in all our programs: leaving no child turned away.**

## After School Program

On average, every day we provide **over 800 local San Diego youth a safe place to go** after the school bell rings. We have seven clubs located in Carmel Valley, Del Mar, Encinitas and Solana Beach. The following is a list of programs that are included in our After School Program that enables youth to enhance self-esteem and fulfill their potential. **When school's out, Clubs are in.**



**Youth of the Year Recognition** Boys & Girls Clubs of America's Youth of the Year Program is the highest honor a Club member can achieve. This program celebrates youth who have overcome enormous odds and demonstrated exceptional character and accomplishments. They are chosen based on their positive interaction with other club members, promoting service to the Club, community and family, academic success, strong moral character, life goals, poise, and public speaking ability. Each year, our club and program directors nominate one candidate for the overall Youth of the Year award. A committee then deliberates to choose the Overall Youth of the Year. The winner receives a \$1,000 college scholarship sponsored by Boys & Girls Clubs of San Dieguito Foundation. They then go on to compete at the local, state, and regional levels, to ultimately compete for the National Youth of the Year title and a \$50,000 college scholarship.

# Our Programs

## After School Program



# for teens

“ Younger teens who have an optimal overall Club Experience are 42 percent less likely to have consumed alcohol in the past month. ”  
 - Boys & Girls Clubs of America  
 2014 Impact Report



**Torch Club Leadership Program for Pre-Teens** Torch Club is a volunteer based program that enables young adolescents, ages 11 to 13, to become valuable members of the community as well as aide in their transition into young adults. Members elect officers and work together to implement activities in four areas: service to the Club and community, education, health and fitness, and social recreation. Our goal is to educate young adolescents that they can have a positive impact on the world and can evoke change through service to the community.



**Keystone Leadership Program for Teens** This unique leadership development experience provides opportunities for young people ages 14 to 18. Youth participate, both in and out of the Club, in activities in three focus areas: academic success, career preparation, and community service. Leadership programs at the Club promote democratic decision-making by teaching members to listen carefully, discuss issues respectfully, resolve conflicts, and arrive at a consensus. Children learn to help others through community service by identifying needs within their own neighborhoods and executing service projects.



**Teen Mentoring and Tutoring** This mentoring program focuses on teens every day after school and provides them with peer-based social, educational, and athletic activities. The daily interaction in a positive setting validates program participants' self worth, accomplishments, and value to the community. With the aide of carefully selected mentors as positive role models, teens engage in extracurricular activities and develop life skills to prepare them for successful futures.

# Our Programs

## After School Program



# for teens

“Teens who stay connected to the Club as they get older seem better able to resist engaging in high-risk behaviors than do their non-Club counterparts at the same ages.”  
 - Boys & Girls Clubs of America  
 2014 Impact Report



**College Nights** La Colonia teens are able to engage in “college nights” where guest speakers inform teens about attending college and the importance of their college decisions. Mentors also help with financial aid applications, prepping for SAT’s, and scholarship applications. In addition, teens make several trips to local Southern California colleges throughout the year to get familiarized with college campuses. Many of these high school students will be first generation high school graduates and college students.



**Leaders In Training (LIT)** Boys & Girls Club’s mission of fostering the next generation of community leaders is highlighted by this program. Here, dozens of teens who have experience as Club members, are trained to take the next step to becoming volunteers in the Club system, as well as mentors and role models to younger members. Many also eventually become Club employees.



**Money Matters** This program for teens aims to promote financial responsibility and independence. Participants learn how to manage a checking account, create a budget, save their earnings, invest any surplus funds, start small businesses, and pay for college.



# for youth

“ Club members with an optimal Club experience have more than twice the odds of being physically active every day compared with youth nationally. ”

- Boys & Girls Clubs of America  
2014 Impact Report



**S.M.A.R.T. Girls** A health, fitness, prevention/ education, and self-esteem enhancement program for girls ages 8 to 15. The program is designed to encourage healthy attitudes and lifestyles that will enable early adolescent girls to develop to their full potential.



**Triple Play Program** A dynamic wellness program that demonstrates how eating right, keeping fit, and forming positive relationships add up to a healthy lifestyle. The goal of the Triple Play program is to improve Club members' knowledge of healthy habits, increase the number of hours per day they participate in physical activities, and strengthen their ability to interact positively with others and form healthy relationships.



**Community Service** Children are encouraged to become caring citizens and develop a sense of responsibility within their community by participating in park and neighborhood clean-ups, canned food drives for families in need, visits to senior centers, feeding the homeless, and more!



**Power Hour** This academic support program is designed to help members develop academic, behavioral, and social skills through homework completion, high-yield learning activities, and tutoring.

# Our Programs

## After School Program



# for youth

We are committed to developing our country's next generation of productive, caring, responsible citizens.

- Boys & Girls Clubs of San Dieguito



**S.T.E.A.M. Programming** (Science, Technology, Engineering, Arts, Mathematics) Whether today's students go on to be artists, doctors or politicians, we know that the challenges their generation faces will demand creative solutions. Recognizing that to be successful in technical fields, individuals must also be creative and use critical thinking skills which are best developed through exposure to the arts, Boys & Girls Clubs of San Dieguito has incorporated the "A" for arts into the STEM equation. Branches integrate S.T.E.A.M. curriculum and activities for youth of all ages, allowing for exploration, curiosity and education!



**Tech Lab Time** Our on-site computer labs afford members in our after school program the opportunity to experience educational and recreational software on safeguarded workstations. Children learn basic computer skills and are educated on using the internet safely.



**The Arts** Each of our seven clubs incorporate arts and crafts, theater, and other forms of creative expression into their after school activity curriculum to build self-confidence and spark creativity. Children express themselves in artistic ways by engaging in activities such as talent shows, art exhibitions, and stage performances.



**Ceramics** The Griset Club, in Encinitas runs a beginning and intermediate class to introduce students to the world of ceramics! Aspiring young artists are taught both the basics of free form clay design and how to use the potter's wheel. Students learn how to wedge and center clay on the wheel, turning simple thrown forms into beautiful vases, cups, and bowls. Students also become familiar with simple glazing and decorating techniques.

## for youth



**Adventure Camps Year-Round & Summer** Adventure Camps at Boys & Girls Clubs of San Dieguito is the place to be when school is out for holidays, summer, and school break weeks. Campers ages 5-18, are given the opportunity to progress at their own rate and develop long-lasting friendships. Camps vary from day camps to over 100 specialty camps. Our camps provide a safe and fun environment for children to learn, grow, and play. Programs are designed to allow maximum flexibility allowing families the opportunity to tailor a camp schedule to specifically meet their needs and interests.



**Aquatics** Jump in and learn to swim at the Doug & Marianne Pardee Aquatics Center located at our Harper Club in Solana Beach! Youth swim lessons are offered year-round by our certified and trained staff who provide students with a positive learning experience as they learn proper swimming techniques and safety skills. Adult swim programs are also available for the community to enjoy including; Masters Swimming, Intro to Masters and open lap swim. Our Aquatics Center features two regulation length outdoor pools, spacious locker rooms, indoor and poolside showers, a fitness center, a snack bar, and other aquatic amenities for the competitive or recreational swimmer.



**Rancho San Dieguito Swim Team (RSD)** The Pardee Aquatics Center is home the nationally recognized Rancho San Dieguito Swim Team with over 500 swimmers per season. Collectively, our swimmers have earned over two million dollars in college scholarships to over 40 universities during the teams 20 year history.



*RSD has such a strong community building program. As a coach myself, I really appreciate how you and your coaches ensure each swimmer knows other teammates' names and there is a good mentorship/sportsmanship aspect to your programming. That is not the case on all swim teams.*

*- Lynn Loveman, RSD Swim Mom  
and American School in Japan Aquatics Director*



# Our Programs

# Specialty Programs

## for youth



**Athletics** Our Athletics Department offers a wide variety of sports leagues, sports camps, and athletic activities for youth of all ages. This includes Bulldogs Club Basketball team, Snuffy, Fastbreak and Elementary Basketball, Teen Health and Wellness Program, Manchester Surf Futsal Indoor Soccer, Basketball Skills Clinics, and much more. Our athletics department is also home to **Big Ei8ht Middle School Sports**. Boys & Girls Clubs of San Dieguito sponsors 10 sports through the Big Ei8ht Conference: girls volleyball, cross country, flag football, boys basketball, girls field hockey, wrestling, track & field, golf, girls basketball, and soccer. Teams compete against other middle schools throughout San Diego County.



**Center for a Healthy Lifestyle** Boys & Girls Clubs of San Dieguito's Center for a Healthy Lifestyle is dedicated to inspiring children and adults to live healthier lives through cooking and gardening. With two locations, Solana Beach and Encinitas, the Centers offer a teaching kitchen, space for classes or entertaining, and an interactive organic garden (Gardens also located at Allred, Del Mar and La Colonia Clubs). Our programs have a strong emphasis on "garden to table" and incorporate freshly harvested produce from our working organic garden. Students learn traditional cooking techniques and safety in a working kitchen. Our Centers are laying the groundwork to be leaders in the healthy lifestyle movement in San Diego.



**Fitness & Recreation** Great fitness starts here. The Club offers a variety of youth and adult fitness classes at our Harper Club in Solana Beach and Polster Club in Carmel Valley. Classes include Boot Camp, cycling, ZUMBA, yoga, and personal training in our fully equipped fitness center.

## for youth



**Montessori School (CVMS)** The Carmel Valley Montessori Preschool and Kindergarten provides a nurturing, child-centered environment where individual needs are met at each stage of development. This program is offered to children ages 18 months to 6 years old and is committed to preparing children for lifelong learning by teaching cooperation, challenging intellects, nurturing the desire to learn, and engendering self-confidence. The Montessori manipulable materials are specifically designed to enhance the child's natural love of learning along with a program led by well trained, devoted teachers facilitating growth on every level.



**Youth Arts Academy (YAA)** Serving over 250 students a week, the Youth Arts Academy located in Carmel Valley offers youth ages 5-18 access a myriad of quality programs designed to stimulate their growth and creativity while expressing themselves through performing arts. YAA offers a wide variety of programs including: ImageMakers Nationwide Photography Program, group and private music classes, Rock Band, use of a recording studio, dance classes, musical theater workshops and more! YAA provides youth with a fun and safe learning environment which stimulates students to achieve their personal best. We are dedicated to helping each and every student realize their full physical and creative potential.

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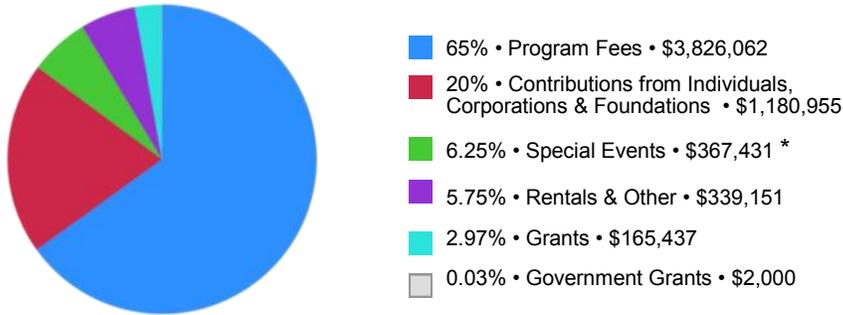
We are thrilled to see Andrew so inspired to play piano again. We can hear so much improvement in his playing in the few months since they've been working together. He's really having fun and it's such a joy for us to listen to him practice.

- Andrea, Satisfied YAA Mother

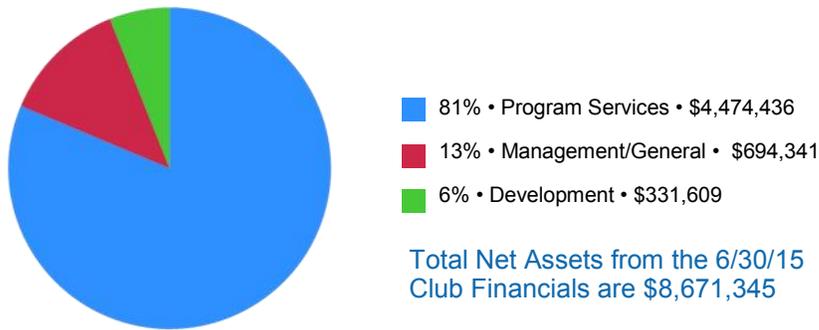
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# The Numbers

## WHERE DOES OUR MONEY COME FROM?



## HOW WE USED OUR DONOR DOLLARS

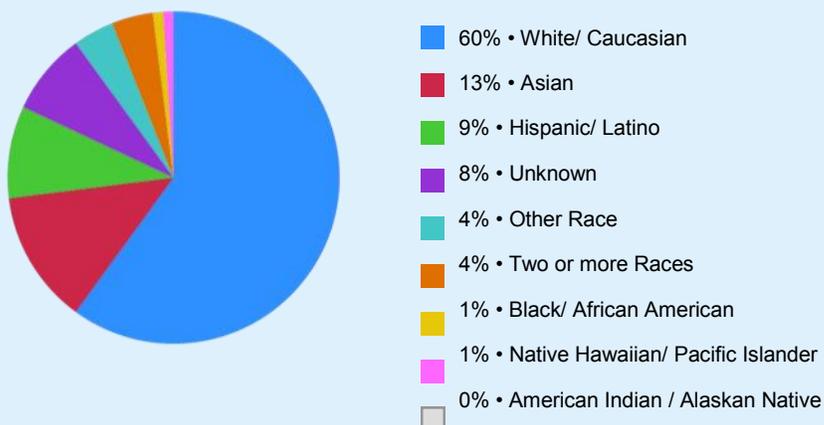


did you know?

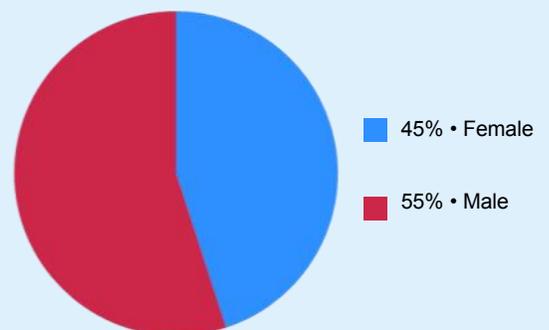
- Our Average Daily Attendance at the Club is 846 children during the school year (a 10% increase from 2014) and 638 children in the summer (a 17% increase from 2014).
- 17% of our members are from single parent homes
- 57% of Club alumni said the Club "saved their life" (-BGCA)

Financial Reporting & Statistics Based on July 2014—June 2015 Fiscal Year

## TOTAL YOUTH SERVED | ETHNICITY



## TOTAL YOUTH SERVED | GENDER



**Registered Members**  
A 6% increase from 2014 **6,059**



# We Need Your Help



## we can't do it alone

Even though our membership fees are modest, we gave out over \$350,000 in scholarships and financial assistance in 2015. Your support is essential in allowing us to bridge the gap between the fees we charge and the actual cost of our services. We know we can't do it alone. Our government funding is minimal, so each year we depend on the generosity of individuals, corporations, foundations and civic organizations to support our operating and programming needs.

**Be a part of our formula success.** Together, we can make a lasting impact on our San Dieguito community and the future of our youth.

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We gave out over  
**\$350,000 in  
financial  
assistance**  
in 2015.

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*We provide membership and program scholarships to those in our San Diego community that need help: ensuring no child is turned away despite their family's financial ability.*

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# 5 easy ways to give

## #1 give financially

Donate one-time or on a monthly recurrence. **No child is ever turned away because of a lack of funds.** We provide scholarships for those who need assistance with our program fees. A contribution of any size will help make up the difference. Since 81% of our budget goes directly towards youth programming, you can be assured that your investment will make a difference in the life of a deserving young person and for our community as a whole.

### Examples of how your gift will be put to use:



Visit [bgcSanDieguito.org](http://bgcSanDieguito.org) to make an online donation today.



Call **(858) 755-9371** to make a donation over the phone.



Visit our administrative offices at **533 Lomas Santa Fe Dr., Solana Beach** to make a donation in-person.



### \$100 donation

provides 5 children with a 1/2 hour swim lesson.



### \$500 donation

subsidizes a performing arts or summer camp scholarship for 5 children.



### \$1000 donation

provides one child after school programming for a whole year.



### \$5,000 donation

underwrites a full year of specialized programming for a clubhouse including college preparatory programs, athletic leagues, and arts and crafts classes.



### \$10,000 donation

underwrites a full year of fuel for our organization to be able to provide transportation for our members from school sites to clubhouses.



### \$25,000 donation

provides 25 children after school programming for a whole year.



# 5 easy ways to give

## #2 give in-kind donations

In-Kind Donations of goods, services, or resources allow us to reduce our expenses and direct more of the money we fundraise to the programs that enable us to provide hope and opportunity to our members and help us keep our Clubs accessible and affordable for all children and families in our community. Whether it's tickets to a sports game for our members, printing services for an invitation, consulting expertise, or food for our Clubs; we value any and all from our community. Our Clubs and Departments each have a wish list of items needed. Help us cross these items off the list!

### Examples of donated items the Clubs can use

- Homework supplies
- Board games
- Sports equipment
- Art supplies
- Educational books and videos
- New electronic or computer equipment
- Office furniture
- And much, much more!



Visit [bgcsandieguito.org/give/wish-list](http://bgcsandieguito.org/give/wish-list) for an extensive list of current items needed by our branches/departments.



Call **(858) 755-9371** to discuss in-kind donations over the phone.

## #3 give planned gifts



We make planned giving easy through Boys & Girls Clubs of San Dieguito Foundation. The Boys and Girls Clubs of San Dieguito Foundation was established in 1977 and is an independent entity managed by 19 Trustees. BGC San Dieguito Foundation is a charitable, tax-deductible receptacle for donations aimed at long-range facilities planning, as well as being a backup for existing operations. Contributions arrive through direct gifts (cash, land, stocks, insurance and mortgages) and through delayed gifting via bequests and charitable trusts.

### With many different Planned Giving options, you can give back in a way that works best for you - and help create great futures for the children we serve.

- An outright gift to BGC San Dieguito Foundation of money, securities, property or other marketable assets
- Creation of a unitrust, annuity trust, pooled income fund, short-term trust, or life estate program
- Naming BGC San Dieguito Foundation as the eventual recipient of life insurance
- Naming BGC San Dieguito Foundation to receive a bequest in one's will

If you have questions regarding a specific plan, please contact our Foundation. We look forward to helping you achieve your goals.



Call our Foundation at **(858) 755-9012**



# 5 easy ways to give

## #4 give corporate sponsorships

Thank you for your interest in becoming a corporate partner of Boys & Girls Clubs of San Dieguito. We know we can't do it alone. Our partners have made a meaningful and lasting impact on the youth in our community. For this reason, we seek to forge relationships with for-profit corporations through partnerships on programs and initiatives, charitable giving, and cause marketing. Each year, we host a variety of programs and fundraising events with opportunities for corporate sponsorships on many different financial and exposure levels. Contact our development team to learn more about opportunities. **Together, we can ignite your mission and ours.**



Visit [bgcsandieguito.org/events](https://bgcsandieguito.org/events) for a list of fundraising events.



Call our Director of Development at **(858) 793-7345**



Email us at [bjohnson@bgcSanDieguito.org](mailto:bjohnson@bgcSanDieguito.org)

## #5 give your time

**Be someone for someone.** Your time and talents can make a big difference for our members. Volunteers are needed to serve as mentors, tutors, coaches, art, music and computer teachers and more – you tell us your interests and we'll match you with a nearby Club. Just one or two hours each week can make a real difference in a young person's life and in yours!

**The benefits include:**

- Positively impacting the lives of youth in San Diego
- Becoming a role model
- Developing relationships with our members
- Helping to provide a fun and safe environment
- Demonstrating your commitment to helping the community
- Gaining valuable life experiences and skills
- Meeting new people



Call us at **(858) 755-9371**



Email us at [info@bgcSanDieguito.org](mailto:info@bgcSanDieguito.org)

Volunteers at Boys & Girls Clubs of San Dieguito get the training and support they need to be a successful part of our clubs and the lives of our members. Our children's safety at the Club is our number one priority: everyone is required to have a background check before being approved to volunteer.

# Contact Us

## clubhouses

### STOP BY FOR A TOUR!

**ALLRED CLUBHOUSE** Carmel Valley  
 ☐ After School Program, Garden Carls, Adventure Camps  
 12353 Carmel Park Drive, San Diego, CA 92130  
 (858) 793-9196 • allred@bgcSanDieguito.org

**DEL MAR CLUBHOUSE** Del Mar  
 ☐ After School Program, Garden, Adventure Camps  
 14125 Mango Drive, Del Mar, CA 92014  
 (858) 481-4116 • delmar@bgcSanDieguito.org

**GRISSET CLUBHOUSE** Encinitas  
 ☐ After School Program, Athletics, Adventure Camps,  
 Center For A Healthy Lifestyle  
 1221 Encinitas Blvd., Encinitas, CA 92024  
 (760) 753-6351 • griset@bgcSanDieguito.org

**HARPER CLUBHOUSE** Solana Beach  
 ☐ After School Program, Administrative Offices, Aquatics, Foundation,  
 Athletics, After School Program, Center For A Healthy Lifestyle,  
**533 Lomas Santa Fe Drive, Solana Beach, CA 92075**  
 (858) 755-9373 • harper@bgcSanDieguito.org

**LA COLONIA CLUBHOUSE** Solana Beach  
 ☐ After School Program, Adventure Camps, Garden  
 715 Valley Ave, Solana Beach, CA 92075  
 (858) 345-1111 • lacolonia@bgcSanDieguito.org

**OCEAN KNOLL OUTREACH CENTER** Encinitas  
 ☐ After School Program  
 910 Melba Road, Encinitas, CA 92024  
 (760) 753-6351 • griset@bgcSanDieguito.org

**POLSTER CLUBHOUSE** Carmel Valley  
 ★ After School Program, Athletics, Adventure Camps Office,  
 Carmel Valley Montessori, Youth Arts Academy  
 3800-A Mykonos Lane, San Diego, CA 92130

## departments

**ADVENTURE CAMPS** All Clubhouses  
**Camps Office:** 3800-A Mykonos Lane, San Diego, CA 92130  
 (858) 720-2180 • camp@bgcSanDieguito.org

**ATHLETICS** Harper, Polster & Griset Clubhouses  
**Encinitas Athletics - (760) 479-2099**  
 1221 Encinitas Blvd., Encinitas, CA 92024  
**Carmel Valley Athletics—(858) 720-2185**  
 3800-A Mykonos Lane, San Diego, CA 92130

**BGC SAN DIEGUITO FOUNDATION**  
 Harper Clubhouse **(858) 755-9012**  
 533 Lomas Santa Fe Drive, Solana Beach, CA 92075  
 Fax: (858) 793-354

**CARMEL VALLEY MONTESSORI SCHOOL**  
 Polster Clubhouse • (858) 720-2181  
 cvms@bgcSanDieguito.org  
 3800-A Mykonos Lane, San Diego, CA 92130

**CENTER FOR A HEALTHY LIFESTYLE**  
 Harper & Griset Clubhouses • (858) 436-7502  
 chl@bgcSanDieguito.org  
**Encinitas** 1221 Encinitas Blvd., Encinitas, CA 92024  
**Solana Beach** 533 Lomas Santa Fe Drive, Solana Beach,  
 CA 92075

**PARDEE AQUATICS CENTER** Harper Clubhouse  
 533 Lomas Santa Fe Drive, Solana Beach, CA 92075  
 (858) 755-4904 • aquatics@bgcSanDieguito.org

**YOUTH ARTS ACADEMY** - Polster Clubhouse  
 (858) 720-2194 • YAA@bgcSanDieguito.org  
 3800-A Mykonos Lane, San Diego, CA 92130

# Connect With Us

## surf our sites



The Boys & Girls Clubs of San Dieguito  
**Official Website**  
[www.bgcSanDieguito.org](http://www.bgcSanDieguito.org)



The Boys & Girls Clubs of San Dieguito  
**Rancho San Dieguito Swim Team**  
[www.RSDswimming.org](http://www.RSDswimming.org)



The Boys & Girls Clubs of San Dieguito  
**Athletics Website**  
[www.bgcSanDieguitoAthletics.org](http://www.bgcSanDieguitoAthletics.org)



The Boys & Girls Clubs of San Dieguito  
**Youth Arts Academy Website**  
[www.YouthArtsSD.org](http://www.YouthArtsSD.org)



The Boys & Girls Clubs of San Dieguito  
**Center For A Healthy Lifestyle Website**  
[www.CenterForAHealthyLifestyle.org](http://www.CenterForAHealthyLifestyle.org)

## social media



**facebook**  
[facebook.com/bgcSanDieguito](https://facebook.com/bgcSanDieguito)



**vimeo**  
[vimeo.com/bgcSanDieguito](https://vimeo.com/bgcSanDieguito)



**twitter**  
[twitter.com/bgcSanDieguito](https://twitter.com/bgcSanDieguito)



**pinterest**  
[pinterest.com/bgcSanDieguito](https://pinterest.com/bgcSanDieguito)



**instagram**  
[instagram.com/bgcSanDieguito](https://instagram.com/bgcSanDieguito)

**we love connecting  
with our community**

## e-club

Join our e-club, a monthly e-newsletter covering all of the great things we are doing right here in San Diego County! Stay up-to-date on information about upcoming events, programming news, and organization updates....delivered right to your inbox. Sign-up now at [bgcSanDieguito.org](http://bgcSanDieguito.org).

**Sign-up  
now!**

